

# Daily Delight

MONDAY • SEPTEMBER 1 • 2025

## American Chess Day

Today marks a day of recognition for chess, highlighting its significance and appeal as a beloved board game that has captured the imagination of people worldwide for centuries. This day encourages people to engage with the game, whether by playing it, learning its strategies, or simply appreciating its rich history.

There are many benefits to playing chess. For starters, it sharpens your mind and improves memory. It also encourages you to strategize, boosts problem-solving skills, teaches patience, and enhances concentration. Chess fosters creativity as you explore new strategies and attack or defend against your opponent. Engaging in this ancient game can even improve your real-life decision-making skills by helping you evaluate choices and anticipate consequences.

If you play, why not “check” out others who do and have a game or even a tournament?



## Today in History



In 1773, American poet Phillis Wheatley’s “Poems on Various Subjects, Religious and Moral” was published in the U.K. It was the first book of poetry to be published by a black woman. Her themes were classified as celebrations of America and were praised by George Washington.

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activity assistant  
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## DID YOU KNOW?

### The Original Pop Star

Before pop icons like Brittany, Miley, and Zendaya, there was Annette Funicello, the original Disney starlet who burst onto the scene in 1955 as a Mouseketeer. She ruled the '60s beach party movies, charming audiences while staying modest, thanks to Walt Disney's advice. Despite personal challenges, including battling Multiple Sclerosis, Annette's legacy endures.

## TRIVIA

What do you call a person who can write with both hands?

- A** Dislocation
- B** Tendinopathy
- C** Ambidextrous
- D** Hemarthrosis

## TODAY'S FUNNY

If you can think of any fish puns...

*Let Minnow*

## TODAY'S WISDOM

*"Believe you can and you're halfway there."*

*- Theodore Roosevelt*

# WORD SEARCH

## Only In Vermont



Ben Jerry

Cabot

Charm

Cheddar

Cider

Helene

Leaves

Maple

Quirkiness

Shelburne

Syrup

Produce

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	5	4	2	6		3		1
7	2						4	
	6							9
	7	6			8	9		2
5	8						1	7
4	9	2				5	6	
	1				7	8	2	3
9			3		2		5	
		8	6		5		9	

		2	4	1		8		5
6	8	4	9	7	5			2
					8		9	7
	7	8		2	4	6	5	
		5	3	9	6	7		
9				5	7			3
4			5		1	9		
					9			
	3		6	8		1	7	4

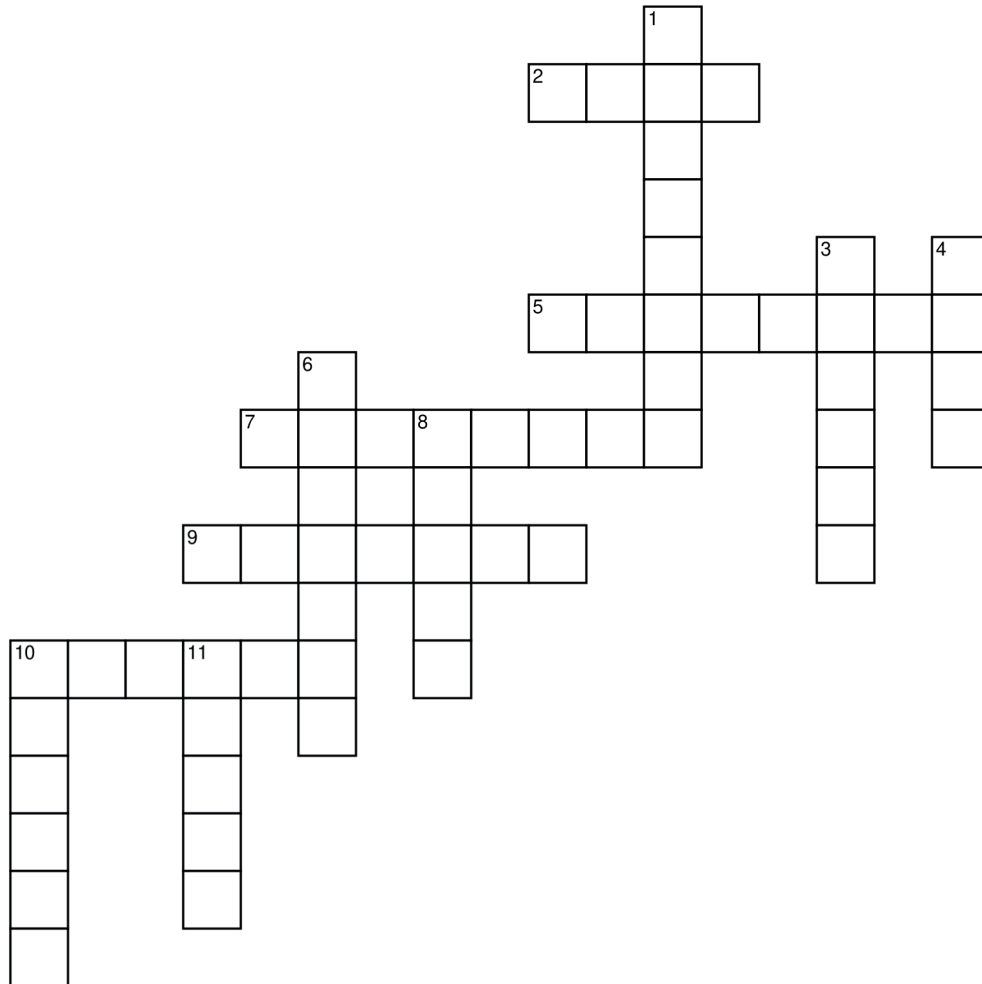
## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.



# MINI CROSSWORD

## Grocery Shopping



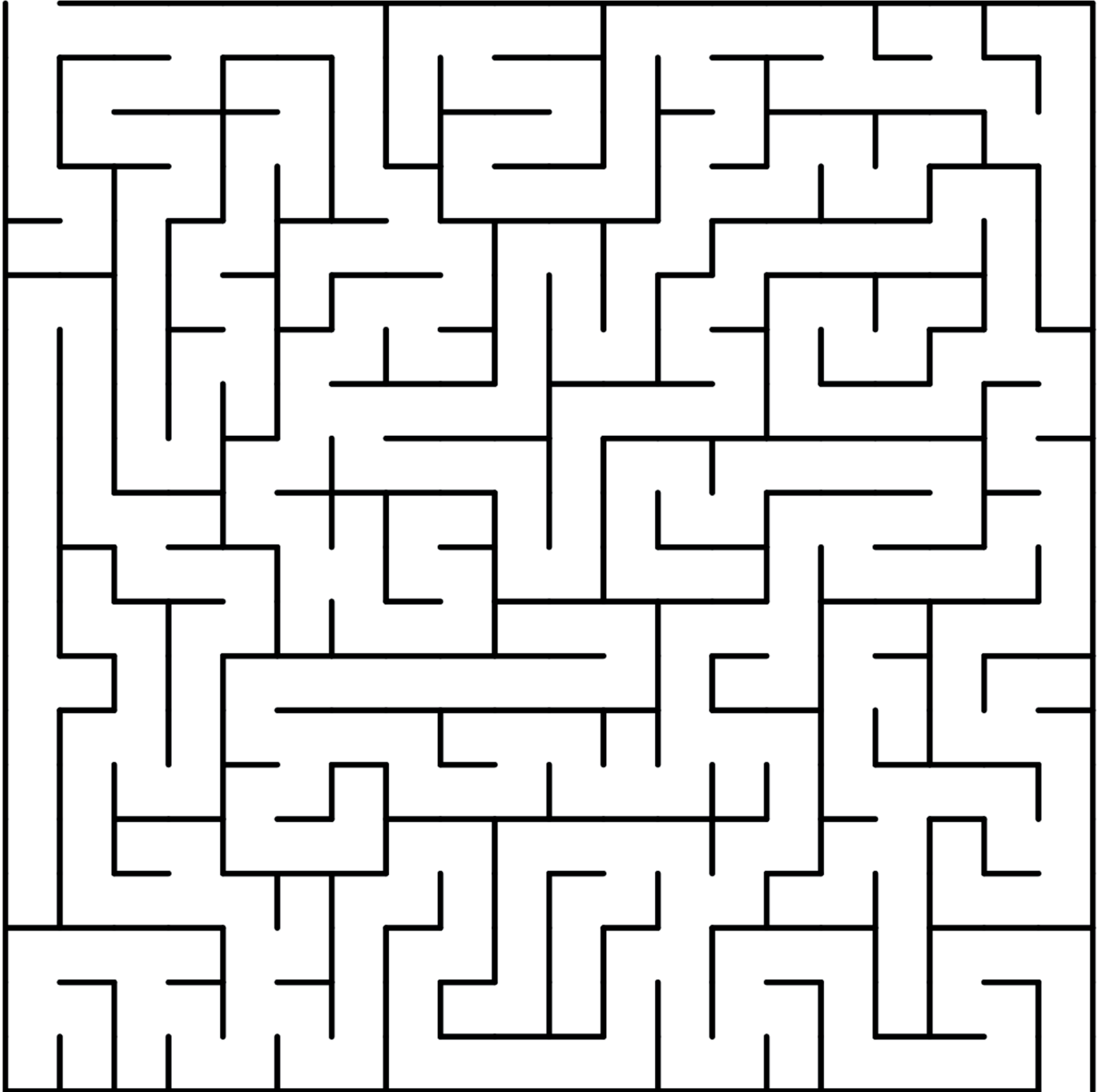
### Across

- [2] Action at a store
- [5] Tiny tree
- [7] Nabisco's Ritz
- [9] Off one's rocker
- [10] Starbucks commodity

### Down

- [1] Starchy stew addition
- [3] Dairy product
- [4] Comes from cows and goats
- [6] Nothing rhymes with it
- [8] A sweet treat
- [10] Pizza topping
- [11] Bread ingredient

# MAZE





# SOLUTIONS

## Trivia Answer: C

Ambidexterity is the ability to use both the right and left hands equally well. Only about one percent of people are naturally ambidextrous, which equates to about 80,000,000 people in the world today.

R U N Z D B T T H J Z R G I Q V D N  
P X V T C X S H E L B U R N E F Y R  
U X A K S H T U B K N P C I R E Q S  
R V D A K O E C H A R M K F C R G R  
Y S E N B Z W D N C S E P U L U T O  
S L D A M N S G D V E I D S E V F Y  
N D C G X Y L X E A O O U I A U R C  
X T U N F H C Q N A R K T W V R W S  
E G M S M P R U E P E I Q I E L B H  
I R D U Q U E I L X D D K J S D E T  
L A R U T W O R E F I X N Z N T E D  
M H C S T X X K H L C E T F G H D L  
K M M O Q V D I X P B L I I X S Z Q  
G O T H M S H N W Q Z P U J M C U U  
A P Z Z G M J E R Q R A D I Y J M V  
S N C O X E J S L N I M L F J O C U  
I J D B M T G S D I W Q R Z R R P R  
V D C M Z H C P S B J U U S X S B M

8	5	4	2	6	9	3	7	1
7	2	9	8	3	1	6	4	5
3	6	1	7	5	4	2	8	9
1	7	6	5	4	8	9	3	2
5	8	3	9	2	6	4	1	7
4	9	2	1	7	3	5	6	8
6	1	5	4	9	7	8	2	3
9	4	7	3	8	2	1	5	6
2	3	8	6	1	5	7	9	4

7	9	2	4	1	3	8	6	5
6	8	4	9	7	5	3	1	2
1	5	3	2	6	8	4	9	7
3	7	8	1	2	4	6	5	9
2	4	5	3	9	6	7	8	1
9	1	6	8	5	7	2	4	3
4	6	7	5	3	1	9	2	8
8	2	1	7	4	9	5	3	6
5	3	9	6	8	2	1	7	4

