

Daily Delight

MONDAY • JULY 28 • 2025

National Soccer Day

From ancient China and Japan to the Aztecs and other Mesoamerican cultures, civilizations around the world had their versions of soccer.

Soccer, as we know it today, can be traced back to London, where it was played in two styles: Rugby and Eton. In its beginning, there weren't hard and fast rules, which led to a ban by Edward II in 1314, but due to its popularity, the ban was almost immediately lifted.

Fast forward a few centuries, and soccer's first set of official rules and standards was put into place in 1863 in London. While football is the most popular sport for most Americans, each year more than 17 million fans tune into soccer matches. Tune into a match to celebrate National Soccer Day.



Today in History



In 1989, Gloria Estefan released her 1st solo album, "Cuts Both Ways".

An eight-time Grammy Award winner and Presidential Medal of Freedom recipient, she has a star on the Hollywood Walk of Fame and Las Vegas Walk of Fame, and she was inducted into the Songwriters Hall of Fame.

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DID YOU KNOW? Bubble Bush Benefits

The *Jatropha curcas* shrub, known as the bubble bush, produces a sticky sap that creates bubbles when used like a wand. Native to Central America and the Caribbean, this plant is fun and has practical uses. It helps prevent soil erosion, serves as a natural boundary, and has pharmaceutical applications. Although toxic if ingested, its potential as a biofuel source is currently being researched.

TRIVIA

Which singer was known as “The Forces’ Sweetheart” during World War II?

A Judy Garland

B Vera Lynn

C Doris Day

D Martha Raye

TODAY’S FUNNY

What do apples do at the gym?

A core workout.

TODAY’S WISDOM

*"But I have promises to keep, and miles to go before I sleep,
and miles to go before I sleep."*

- Robert Frost

WORD SEARCH

Work Like a Dog



Ability

Breaks

Challenges

Ethic

Extra

Hard

Maximum

Performance

Strong

Tasks

Working

Deadlines

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

3	2			7				8
			4			2		
9		7		8		4		5
			6				5	
5		2			1			
	8				7	1	4	2
	9				8	3	2	7
		8	7	5				
	6	1		2				

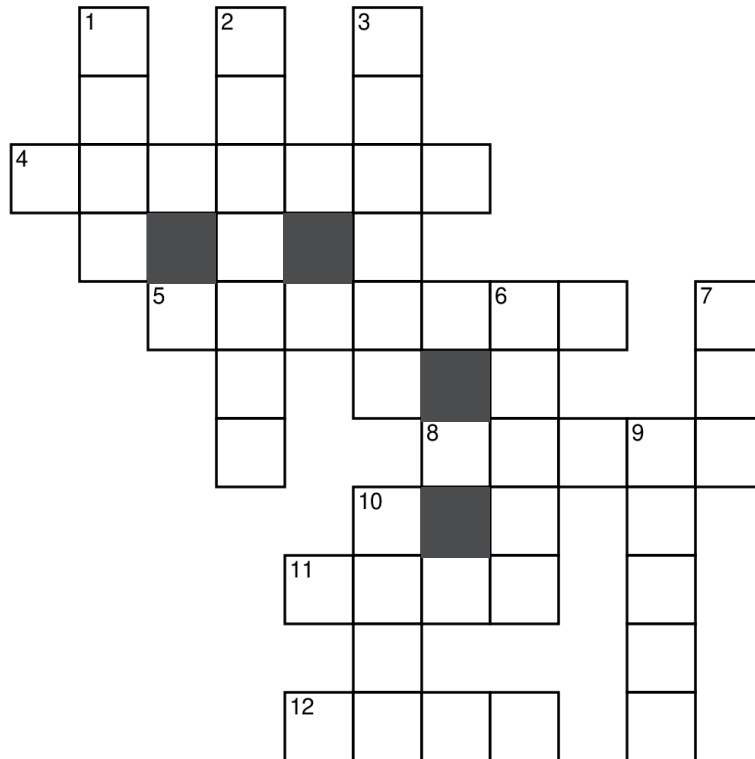
		4	5	8				2
6			2	7	4	5	3	8
	2	8		1		7		
			8				5	9
	7				2	1		
4	8		1	5				
1	4		9	6		8	2	3
							9	
				2				1

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

MINI CROSSWORD

Hawaii



Across

- [4]** Stringed instrument
- [5]** Roy G. Biv's place
- [8]** Veranda
- [11]** Island dance
- [12]** Ride the waves

Down

- [1]** Kind of torch
- [2]** Kilauea, for one
- [3]** Gilligan's home
- [6]** Family
- [7]** Garland
- [9]** Greeting
- [10]** Feast

CONVERSATION STARTERS

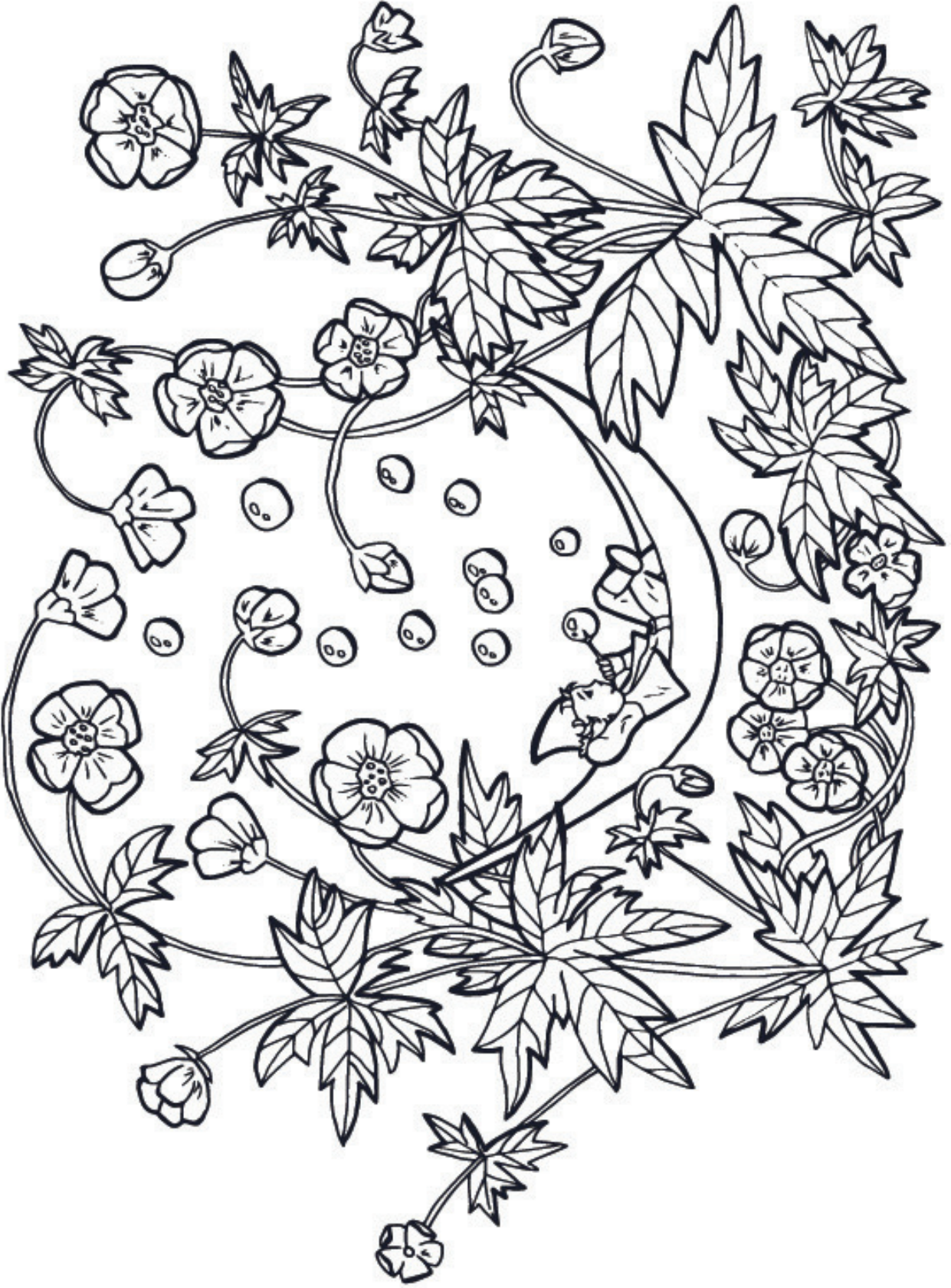
Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.

If you could be known for one trait or attribute,
what would it be and why?

What do you like most about yourself?

What are you the best at doing?





SOLUTIONS

Trivia Answer: A

Vera Lynn boosted morale during WWII with songs like *The White Cliffs of Dover*.

Z G A E W M Y U U P M H R I L M T Q
 M E I D A W W S S S T R O N G A W H
 Y B N Z C E N O P A S G W A N M X W
 I V R I D J S H R C R B V T Y W W I
 P N H L B M E Y B K P V T J G E T E
 U T R A X N G N R Z I N O A N J O X
 E R O O R P N A E V D N H B R N M T
 Y C J Z J I E L Q S U P G I T U W R
 X M C I Z D L R K F J B M L M N L A
 T T S P M H L S F U W J Y I R K W M
 O Y H B R E A K S O G Q X T M F G J
 G B T X G T H R O R R A R Y G X O F
 W C D X N L C H D A M M X M X O T Y
 K A L W S V I F N G Z Y A K M C X O
 V X Q S U C C B J K A W C N Z O Y D
 F R D E A D L I N E S S B X C Y X Q
 M J V E T L I L V M Y L Z O S E T A
 R Z U T P M W B L J T D U C Y L O I

3	2	4	9	7	5	6	1	8
8	5	6	4	1	3	2	7	9
9	1	7	2	8	6	4	3	5
1	7	9	6	4	2	8	5	3
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7	6	1	3	2	9	5	8	4

7	3	4	5	8	6	9	1	2
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5	2	8	3	1	9	7	4	6
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3	7	5	6	9	2	1	8	4
4	8	9	1	5	3	2	6	7
1	4	7	9	6	5	8	2	3
8	6	2	7	3	1	4	9	5
9	5	3	4	2	8	6	7	1

