

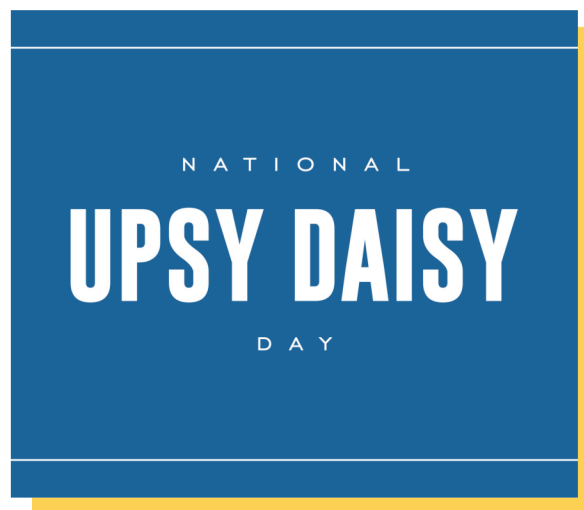
Daily Delight

SUNDAY • JUNE 8 • 2025

Upsy Daisy Day

You've no doubt heard the expression, Upsy Daisy! This quaint expression is used when something is dropped or needs to be lifted. June 8th is Upsy Daisy Day, a reminder to embrace joy and happiness in light of life's unexpected trials and tribulations. It's a day designed to accept each day as a gift, even if that gift FEELS like a fruitcake during the holidays!

We all know that life doesn't go the way we want it to every day, but we should be grateful nonetheless for everything that went right today. Keep that positive attitude, and you can handle any of life's little Upsy Daisies!



Today in History



In 2014, actress and singer Audra McDonald won her sixth Tony Award for her portrayal of Billie Holiday in "Lady Day at Emerson's Bar and Grill". She was honored with the National Medal of Arts in 2016. McDonald was inducted into the American Theater Hall of Fame in 2017.

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activity assistant
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DID YOU KNOW?

Why Milk is White

Milk appears white because it reflects all wavelengths of visible light, with scattered particles like casein, calcium complexes, and fat globules contributing to this effect. A cow's diet can cause slight color variations, such as a yellow hue from carotene or a yellowish-green hue from riboflavin. Skim milk, low in fat, may appear bluish since casein scatters blue light slightly more than red.

TRIVIA

Which word means your lookalike or double?

- A** Poltergeist
- B** Doppelganger
- C** Wunderkind
- D** Specter

TODAY'S FUNNY

I'm reading a book on anti-gravity.

It's impossible to put down!

TODAY'S WISDOM

"It's funny, isn't it? When you are young, you just want to be old, and then later you wish you could go back to being a kid."

- Lauren Oliver

WORD SEARCH

SHADES OF PINK

D M E N W K P I M E X P I D
D Q T I A N P O E V K D B E
N L T J M O A I D T O S O F
A N F E M I N I N I T Y B L
N W R E S G W A K K G O A A
C W U H S A R O S Y H E L M
J I C F I B A O U I S L L I
W U D P I L E M O N A D E N
F Q B V A U A A W F L N T G
M W Z R O S E U N F M O Z O
S S O C E H T V B E O P E T
W C I C I A E E K B N H E O
S A L I D F I F L F W B B E
O J W O F I B M O E K D I A

BALLET
BLUSH
CORAL
FEMININITY
FLAMINGO

FUCHSIA
LEMONADE
MAUVE
PASTEL
PINK

ROSE
ROSY
SALMON
VIBRANT

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

1				2	4	8	9	
3	9	4		1				
	5	2					4	1
			4	3			1	9
2	3		7		6			
6	4	9					7	2
			6		1	9		5
7		8			9			
		5			8	2		

			1	3		4		
2	7	1						
			2		9	5	8	
				4	5	6		
7	5	6						4
	4			1	3			
5	6					8		7
			9		8		1	
		9						5

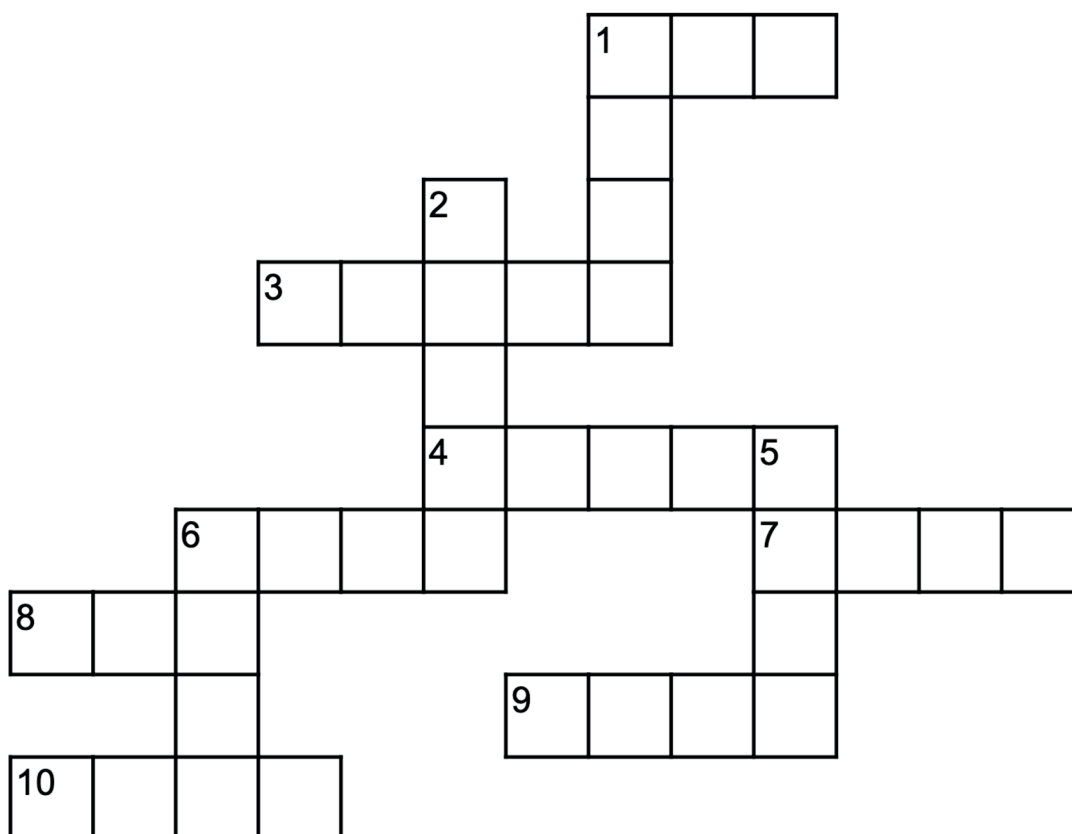
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

DELICIOUS



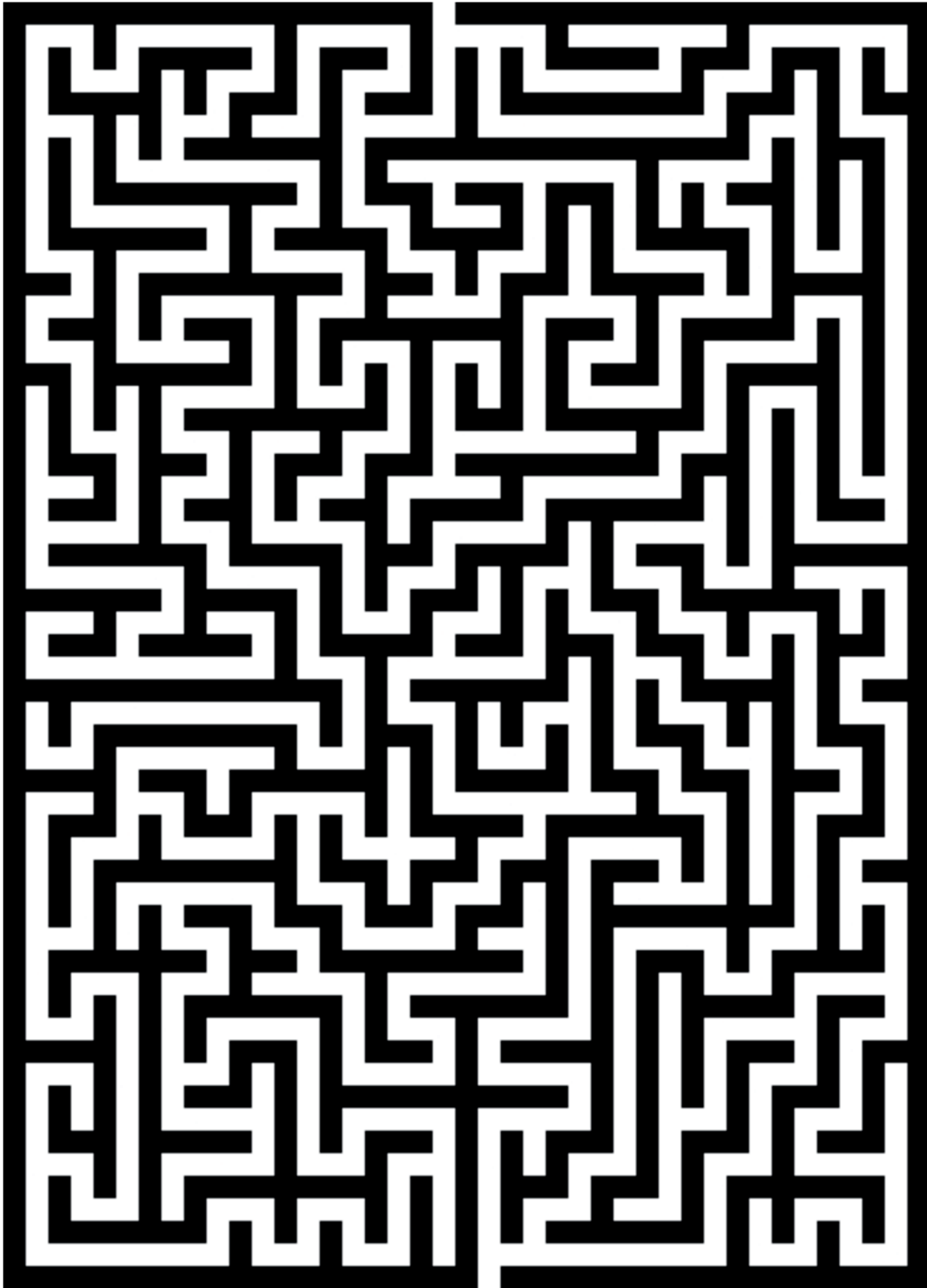
Across

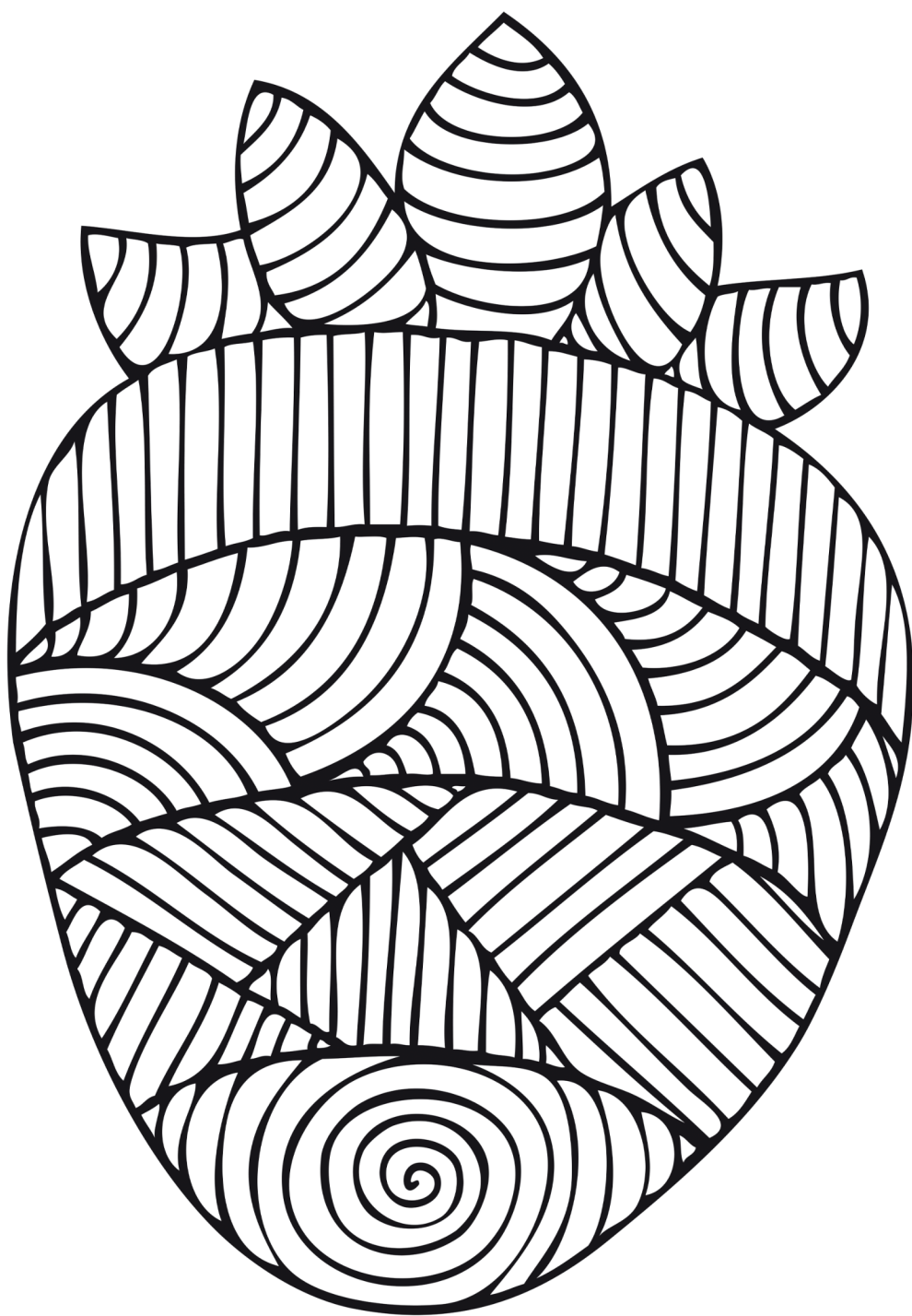
- 1. Jar topper
- 3. Stable, reliable
- 4. Berate
- 6. This hint, for one
- 7. Worn before
- 8. Singing pair
- 9. Aretha's genre
- 10. Deal!

Down

- 1. Intense volume
- 2. Shut
- 5. How Hamilton died
- 6. A slinky is one

MAZE

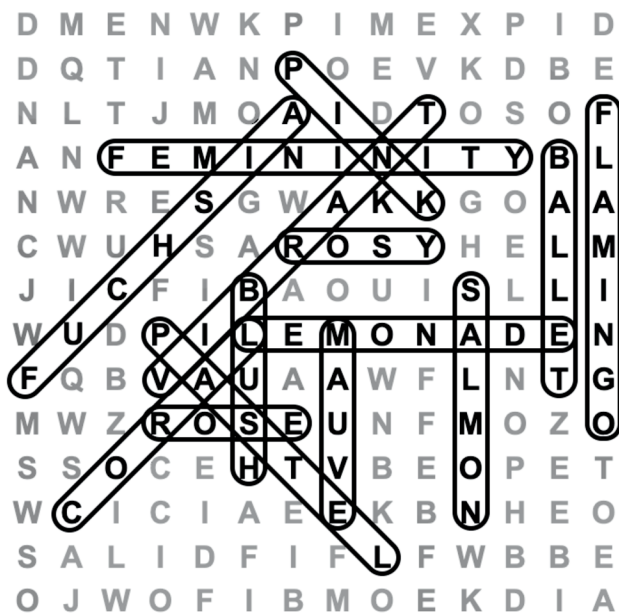




SOLUTIONS

Trivia Answer: B.

A doppelgänger (literally "double-walker") or doppelganger is a biologically unrelated look-alike, or a double, of a living person.



1	7	6	5	2	4	8	9	3
3	9	4	8	1	7	5	2	6
8	5	2	9	6	3	7	4	1
5	8	7	4	3	2	6	1	9
2	3	1	7	9	6	4	5	8
6	4	9	1	8	5	3	7	2
4	2	3	6	7	1	9	8	5
7	6	8	2	5	9	1	3	4
9	1	5	3	4	8	2	6	7

8	9	5	1	3	6	4	7	2
2	7	1	5	8	4	9	6	3
6	3	4	2	7	9	5	8	1
3	1	8	7	4	5	6	2	9
7	5	6	8	9	2	1	3	4
9	4	2	6	1	3	7	5	8
5	6	3	4	2	1	8	9	7
4	2	7	9	5	8	3	1	6
1	8	9	3	6	7	2	4	5

