Daily Delight

TUESDAY • MAY 27 • 2025

National Sunscreen Day

There's nothing like a sunny day, but it's important you enjoy it in a sun-safe way! Protect your skin and your health on National Sunscreen Day on May 27th! Did you know that sun protection is no longer limited to just sunscreen? Sun-smart, SPF protective clothing like hats, shirts, pants, and swimwear is also an important way to keep your skin safe from UVA/UVB rays when you're out in the sun.

Protecting your skin from the sun has been scientifically proven to reduce certain types of cancer and other skin conditions and issues. And don't forget to protect your eyes with UVA/UVB-blocking eyewear! Just remember to always use a sunscreen of SPF 30 or higher and apply it regularly!

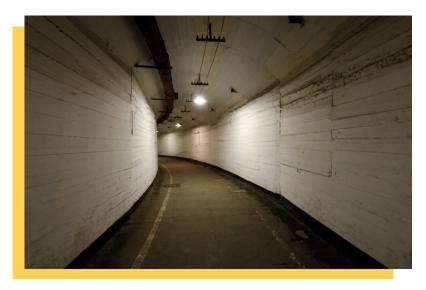


Today in History



In 2023, Vice President
Kamala Harris became
the 1st woman and 1st
Indian to deliver the
commencement address
at the U.S. Military
Academy graduation
ceremony in West Point,
New York. She is also the
author of a memoir on
criminal recidivism
named "Smart on Crime."

senior living activity assistant powered by **spectrio**



DID YOU KNOW? Hidden Tunnels of Harvard

Harvard University boasts an extensive network of underground tunnels that provides access to most campus buildings, allowing students to traverse the grounds without stepping outside. Originally built to house essential utility lines—such as steam pipes, power cables, and telecommunications—the tunnels have become a popular recreational route for many students. Notably, in 1939, a German spy cleverly evaded capture by the FBI by utilizing these secretive passageways, adding to their intriguing history.

TRIVIA

Edgar Allan Poe is often associated with which bird?

- **A** Flamingo
- **B** Raven
- **C** Hawk
- **D** Seagull

TODAY'S FUNNY

If a wizard uses magic to hold up a camera and take a picture of himself, is that a Spellfie?

TODAY'S WISDOM

"Tears shed for self are tears of weakness, but tears shed for others are a sign of strength."

- Billy Graham

WORD SEARCH

TYPES OF BIRDS

RASOMOPNCEXCI OAC R W н н D 0 В K O ı В С YLS В н Υ Х Х н С Κ Е Ν Α - 1 т Q Р KCN MALLAR Е R D х DWGOOO κ Κ н W S Ν R А 0 R D С Е Υ R D 0 V Ε Α Κ 0 н J М κ Ε X R Α О н R G С κ В С Е Е N В Р Α н Ν U В Х 0 н н Е Е 0 Р Х F Υ R $V \circ X$ RWL Р Р Х т мо Υ R 0 R Κ RY R В О т ΤJ - 1 орнвв QВ

PEACOCK

DOVE

EAGLE

BLACKBIRD

OSTRICH
ROBIN
CHICKEN
SWAN
WREN

CHICKADEE CROW MALLARD GRACKLE

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

9	5			1	2		4	
	2			9			3	5
6			8	5	3			
6 2 1					1	3		
1		9	2		4			
	6			3		8		1
	9	4	3		8	1		7
	8		1	4				
		2						9

			2				6	3
4								
	8		7			4		
	7		3		5		9	6
	3	2			5 6			
			9		7	8		
8		7		5				4
8	1	5		5 9		3		
		3				9		5

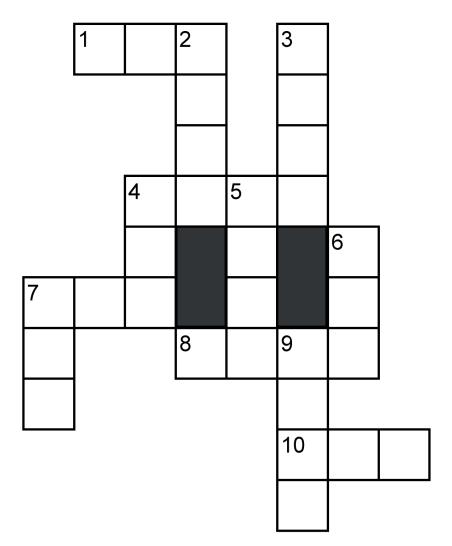
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

KETCHUP



Down

- 2. Lose your lunch
- 3. Fold and turn in
- 4. Place gently
- 5. Adorably charming
- 6. Slice
- 7. Shade of color
- 9. Shakespearean imp

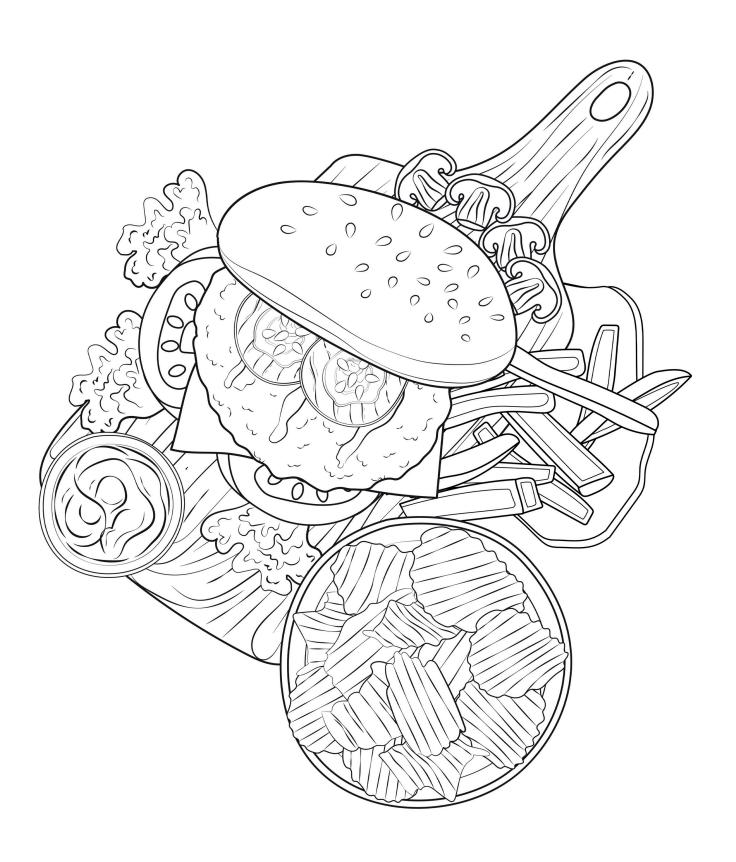
Across

- 1. Coffee vessel
- 4. Small kiss
- 7. Bungalow
- 8. Never let go
- 10. Pool stick

Spotlight Trivia

Mary Cassatt

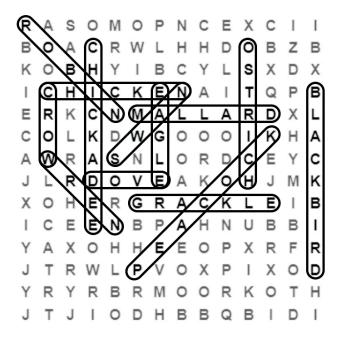
1. V	Vhere was Mary Cassatt born	?
=	a. United States C. Canada	B. Belgium D. New Zealand
	Cassatt's painting "The Mando irst accepted to this prestigio	_
-	a. Paris Salon C. Bauhaus Exhibition	B. Salzburg Festival D. Armory Show
3. N	Many of Cassatt's works depic	t
=	a. Mothers and children C. Dancers	B. Flowers D. Kings and queens
4. S	some of her early work was de	estroyed in this event:
-	A. Attack on Pearl Harbor C. Great Chicago Fire	B. Battle of Bunker Hill D. Eruption of Krakatoa
5. lr	n addition to painting, she is l	known for her
	A. Tapestries C. Pottery	B. Printmaking D. Mosaics

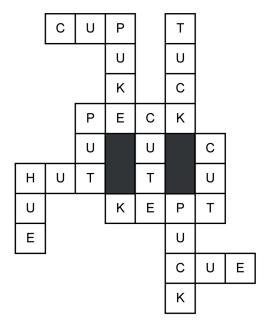


SOLUTIONS

Trivia Answer: B.

Edgar Allan Poe's poem "The Raven" has been frequently referenced and parodied in contemporary culture.





9	5	3	7	1	2	6	4	8
8	2	1	4	9	6	7	3	5
6	4	7	8	5	3	9	1	2
2	7	8	5	6	1	3	9	4
1	3	9	2	8	4	5	7	6
4	6	5	9	3	7	8	2	1
5	9	4	3	2	8	1	6	7
7	8	6	1	4	9	2	5	3
3	1	2	6	7	5	4	8	9

7	5	9	2	8	4	1	6	3
4	2	6	5	3	1	7	8	9
3	8	1	7	6	9	4	5	2
1	7	8	3	4	5	2	9	6
9	3	2	8	1	6	5	4	7
5	6	4	9	2	7	8	3	1
8	9	7	1	5	3	6	2	4
6	1	5	4	9	2	3	7	8
2	4	3	6	7	8	9	1	5

Spotlight Trivia:

- 1. A. United States
- 2. A. Paris Salon
- 3. A. Mothers and Children
- 4. C. Great Chicago Fire
- 5. B. Printmaking