

Daily Delight

THURSDAY • MAY 8 • 2025

National Iris Day

Long, graceful stems and delicate, iridescent petals in a rainbow of colors are a sure sign of Spring. It's no wonder the gorgeous iris has its own day to shine on National Iris Day, May 8th. The name 'iris' comes from the Greek word for 'rainbow,' and it's believed that Iris was the messenger of the gods - a rainbow link between sea and sky. The iris holds a particular place of honor in Belgium, where May 8th is quite significant. It is a symbolic day for the victory over the Nazis in World War II.

In addition, Iris Day takes place on the same day as the Feast of Saint Michael the Archangel, who is considered to be a patron saint of the city of Brussels, the capital of Belgium.



Today in History



In 2010, Betty White became the oldest person to host "Saturday Night Live" at 88. After hundreds of thousands of her fans signed onto a Facebook campaign she was asked to host, which drew its highest ratings in 18 months. White won an Emmy Award for her appearance.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

Rome's Hidden Pyramid

While pyramids are often associated with Egypt, the Pyramid of Cestius in Rome is a unique testament to ancient architecture. Built around 12 BCE, it rises to nearly 120 feet with steeper slopes than Cairo's. Once accompanied by the now-demolished Pyramid of Romulus, Cestius' tomb reflects the Roman fascination with Egyptian culture. Today, it remains the only ancient pyramid still standing in Europe, a remarkable relic amid the city's historical landscape.

TRIVIA

What organization was formed in March 1949?

- A** NATO
- B** Greenpeace
- C** UNICEF
- D** United Nations

TODAY'S FUNNY

Why did the airplane get sent to his room?

Bad altitude!

TODAY'S WISDOM

"I can never decide whether my dreams are the result of my thoughts or my thoughts the result of my dreams."

- D. H. Lawrence

WORD SEARCH

TURTLES

A I L P T F T C G C A H R S
P A C H E L O N I A N A B I
J P P R R I R B S R B T F T
F R S B R P T M G A R C U H
R E L E A P O S B P L H S R
H F O S P E I N P A P L O R
R T W H I R S A R C Y I R E
I U P E N K E P T E R N R A
E R O L G P E P O E G G M A
B T K L O G G E R H E A D O
U L E A T H E R B A C K W P
M E B B H E P H O P O N G C
E N G A H R S B X Z U B F M
W S R A O N E O A H O A A A

TURTLE
TORTOISE
FLIPPER
SHELL
LEATHERBACK

BOX
CARAPACE
HATCHLING
EGG

LOGGERHEAD
SLOWPOKE
SNAPPER
TERRAPIN
CHELONIAN

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

3	1	2				5		
			1	8	5	3		
			9			4		7
	7	6		2	1		4	
9			5					6
	5	4					8	
	8	5					2	
	3		2	9	4			
	9				6	7		4

			2	7		1		5
	9	7						
			1		4		6	3
			4		7	5		
	1		8		5		4	
5	3							8
3				2			8	6
2		8						
			7	8			3	

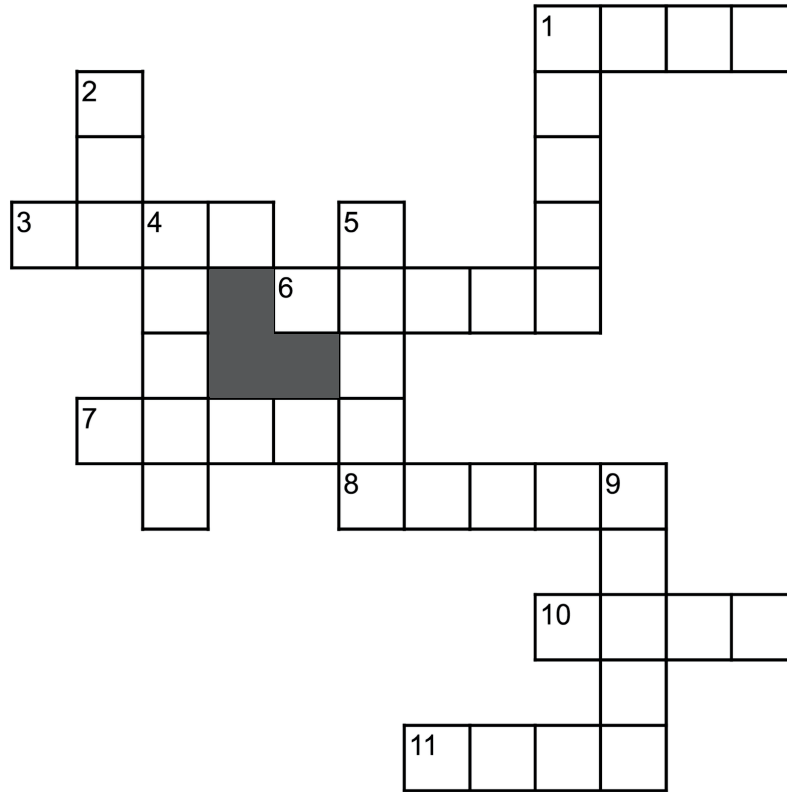
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

STARLIGHT



Down

- 1. Distinctive quality
- 2. Old British insult
- 4. Up and about
- 5. Bright and gentle
- 9. Forest walking path

Across

- 1. Lean just so
- 3. Classic film icon
- 6. Just and true
- 7. Around the middle
- 8. Snug and secure
- 10. Silver and soft
- 11. Follows end

CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters has been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A	B	C	D	E	F	G	H	I	J	K	L	M
---	---	---	---	---	---	---	---	---	---	---	---	---

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
---	---	---	---	---	---	---	---	---	---	---	---	---

_____ 1 _____ 12 _____ 15 _____

23 1 5 12 24 16 26 6 16 20 3

22 3 12 6 17 26 23 1 5 12

14 4 1 5 22 4 14 20 3 12 17

14 4 17 20 17 17 6 20 22 12 1 15

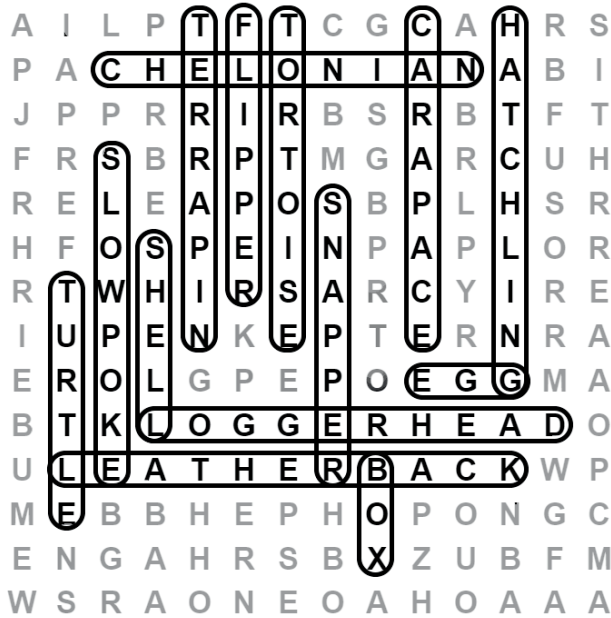
13 8 1 15 17 12 20 1 12 15 17 17 6 20



SOLUTIONS

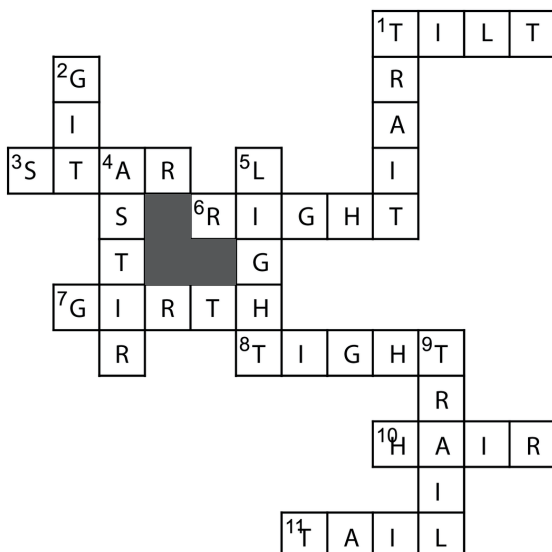
Trivia Answer: A.

NATO has three main purposes: to deter Soviet expansion, prevent nationalist militarism in Europe through a strong North American presence, and promote European political integration.



3	1	2	4	6	7	5	9	8
7	4	9	1	8	5	3	6	2
5	6	8	9	3	2	4	1	7
8	7	6	3	2	1	9	4	5
9	2	3	5	4	8	1	7	6
1	5	4	6	7	9	2	8	3
4	8	5	7	1	3	6	2	9
6	3	7	2	9	4	8	5	1
2	9	1	8	5	6	7	3	4

6	4	3	2	7	8	1	9	5
1	9	7	6	5	3	8	2	4
8	2	5	1	9	4	7	6	3
9	8	6	4	3	7	5	1	2
7	1	2	8	6	5	3	4	9
5	3	4	9	1	2	6	7	8
3	7	1	5	2	9	4	8	6
2	6	8	3	4	1	9	5	7
4	5	9	7	8	6	2	3	1



A	B	C	D	E	F	G	H	I	J	K	L	M
3	11	19	6	17	13	22	4	16	21	9	8	24
N	O	P	Q	R	S	T	U	V	W	X	Y	Z
26	1	7	18	12	20	14	5	2	15	10	23	25

Y	O	U	R	M	I	N	D	I	S	A			
23	1	5	12	24	16	26	6	16	20	3			
G	A	R	D	E	N	Y	O	U	R				
22	3	12	6	17	26	23	1	5	12				
T	H	O	U	G	H	T	S	A	R	E			
14	4	1	5	22	4	14	20	3	12	17			
T	H	E	S	E	E	D	S	G	R	O	W		
14	4	17	20	17	17	6	20	22	12	1	15		
F	L	O	W	E	R	S	O	R	W	E	E	D	S
13	8	1	15	17	12	20	1	12	15	17	17	6	20