

Let's

GIVE THANKS

Activity Booklet



THANKSGIVING FOOD QUIZ



1. Which dish usually has French fried onions on top?

- A. Creamed corn
- B. Mashed potatoes
- C. Green bean casserole
- D. Sweet potato casserole

2. Which dish requires you to slice vegetables thinly?

- A. Scalloped potatoes
- B. Pecan Pie
- C. Scalloped corn
- D. Pumpkin Soup

3. Which Thanksgiving food finishes the statement, “As American as _____?”

- A. Apple Pie
- B. Pancakes with maple syrup
- C. Huckleberry pie
- D. Frito pie

4. Which dish can be served straight from the can without cooking?

- A. Pumpkin pie
- B. Turkey
- C. Brussel Sprouts
- D. Cranberry sauce

5. Which food is topped with butter or gravy?

- A. Deviled eggs
- B. Mashed potatoes
- C. Seven layer salad/tossed salad
- D. Jell-O salad

6. Which is considered by most, the main dish during Thanksgiving?

- A. Lobster
- B. Turkey
- C. Buffalo
- D. Tuna

7. Which food requires yeast to make it rise?

- A. Rolls
- B. Cornbread stuffing/dressing
- C. Pumpkin pie
- D. Jell-o salad

8. Which dish is served with the meal but can be more of a dessert?

- A. Brussel sprouts
- B. Sweet potato casserole
- C. Green bean casserole
- D. Gravy



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9. Which is a holiday dessert made from a type of squash?

- A. Pecan Pie
- B. Devil's Food cake
- C. Sweet potato pie
- D. Pumpkin pie

10. Which appetizer goes best with crackers or vegetables?

- A. Mozzarella sticks
- B. Pate
- C. Spinach dip
- D. Deviled eggs

11. Which sauce is sometimes made with the turkey's giblets (heart, liver, gizzard)?

- A. Salad dressing
- B. Cranberry sauce
- C. Hollandaise sauce
- D. Gravy

12. Which side dish is made using fruit-flavored gelatin?

- A. Relish tray
- B. Gravy
- C. Tomato aspic
- D. Jell-O salad

13. Although there are many stove-top, boxed varieties, most people make a homemade baked version of which dish for Thanksgiving?

- A. Apple Pie
- B. Macaroni and cheese
- C. Mashed potatoes
- D. Apple cider

14. Which traditional dish can be either sweet or savory?

- A. Creamed peas and pearl onions
- B. Cornbread
- C. Green beans almondine
- D. Turkey pot pie

15. Which dessert is made from Karo syrup?

- A. Apple pie
- B. Crème Brûlée
- C. Pumpkin pie
- D. Pecan pie

16. Which side dish is sometimes called "mini-cabbages?"

- A. Brussels sprouts
- B. Roasted squash
- C. Roasted carrots
- D. Pumpkin muffins



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17. Which of the following was originally served in a pumpkin shell?

- A. Pumpkin pie
- B. Turkey
- C. Pumpkin soup
- D. Deviled eggs.

18. Which vegetable dish would be the least suitable for the lactose intolerant?

- A. Turducken
- B. Creamed peas and pearl onions
- C. Baked potatoes
- D. Cranberry sauce

19. Which main course alternative is composed of several animals?

- A. Lamb meatloaf
- B. Cornish game hen
- C. Turducken
- D. Corned beef

20. Which dish is chopped vegetables, but also may contain olives, pickles, and diced cheese?

- A. Cornbread stuffing/ dressing
- B. Relish tray
- C. Pumpkin soup
- D. Jell-O salad/ Jell-O mold

21. Which Thanksgiving dish contains a white vegetable?

- A. Green bean casserole
- B. Corn casserole
- C. Cauliflower casserole
- D. Sweet potato casserole

22. Which alternative is the first choice as opposed to turkey for the main course?

- A. Honey baked ham
- B. Lamb chops
- C. Buffalo burgers
- D. Tofu

23. Which food can be cooked inside the turkey or out of it?

- A. Green bean casserole
- B. Sweet potato pie
- C. Jell-O salad
- D. Cornbread stuffing/ dressing

24. Which is a non-alcoholic Thanksgiving beverage?

- A. Cranberry sangria
- B. Apple cider
- C. Pumpkin spice martini
- D. Long Island Iced Tea



_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

How many new words can you make from the letters.....

T H A N K S G I V I N G ?



GRATITUDE PROMPT



Gratitude prompts are a great way to get started, continue your practice, or kick-start a stalled gratitude practice. This is also a relatively simple exercise, with only one instruction: fill in the blanks on the following two pages!

I'm grateful for three things I hear:

I'm grateful for three things I see:

I'm grateful for three things I touch/feel:

I'm grateful for these three things I taste:

I'm grateful for these three blue things:

I'm grateful for these three animals/birds:

I'm grateful for these three friends:

I'm grateful for these three teachers:

I'm grateful for these three family members:

I'm grateful for these three things in my home:



THANKSGIVING WORD SCRAMBLE



WORD LIST

Mayflower
Football
Cranberry
Cornucopia
Pilgrims
Mashed Potatoes
Family
Stuffing

Rolls
Natives
November
Thanksgiving
Pumpkin Pie
Feast
Turkey
Gravy

KRUTYE _____

AMSDEH TOOTSPAE _____

SRIPGLM _____

SAFET _____

ROOPACCNUI _____

MIPPNUK EPI _____

ENVAITS _____

RERRNYACB _____

SAGGVITINNHK _____

REMOFLAY _____

SLOLR _____

NUTSGIFF _____

RYVAG _____

REMOVENB _____

LOABLTOF _____

MAILFY _____

THANKSGIVING FOOD QUIZ ANSWERS

- | | | |
|------|-------|-------|
| 1. C | 9. D | 17. C |
| 2. A | 10. C | 18. B |
| 3. A | 11. D | 19. C |
| 4. D | 12. D | 20. B |
| 5. B | 13. B | 21. C |
| 6. B | 14. B | 22. A |
| 7. A | 15. D | 23. D |
| 8. B | 16. A | 24. B |

WORD JUMBLE ANSWERS

Turkey
Mashed Potatoes
Pilgrims
Feast
Cornucopia
Pumpkin Pie
Natives
Cranberry
Thanksgiving
Mayflower
Rolls
Stuffing
Gravy
November
Football
Family