

Daily Delight

SUNDAY • MAY 25 • 2025

National Sing Out Day

If you love to sing, this is your day! May 25th is National Sing Out Day! This day was originally created in 2008 by singer-songwriter Chris Trapper as a way to bring joy and unity through the power of music. Whether you're a pro, sing in a local choir, maybe do communication theater, or you're the best shower singer you've ever heard, singing is an amazing way to connect with others and brighten the day. From relieving anxiety and lifting your spirits to boosting self-esteem, creativity, and a sense of accomplishment, singing has many amazing benefits.

Put together a sing-along, take turns sharing your favorite songs, or just fill your day with humming and song-singing has so many benefits that should be shared and enjoyed every day!



Today in History



In 1935, legendary American athlete Jesse Owens equaled or broke 4 world records in 45 minutes at the Big Ten meet at Ferry Field in Ann Arbor. Considered the greatest and most famous athlete in track and field history, he won 4 gold medals in the 1936 Olympic Games in Berlin.

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DID YOU KNOW? Baby Talk is Universal

Baby talk, or "parentese," is a universal form of communication used in nearly every language. Research from Yale's Haskins Laboratories on 1,600 parent-infant interactions in 18 languages shows that caregivers consistently use high-pitched, rhythmic speech. This tone captures infants' attention and supports language development. Engaging in baby talk from an early age significantly aids vocabulary memorization and cognitive growth in babies.

TRIVIA

What kind of animals are turtles?

- A** Fish
- B** Mammals
- C** Reptiles
- D** Amphibians

TODAY'S FUNNY

How do trees feel in the Spring?

Released.

TODAY'S WISDOM

*"Modesty is my best quality."
- Jack Benny*

WORD SEARCH

NURSES

R K U M M R T D M E C T D N
E U R S U T H E R L A N D I
C N R R O U N D S G R E R G
O J S C O M M I T M E N T H
G F L O R E N C E S T A E T
N G L M H H K A P N D M F I
I U U P E U Y T E R H B X N
T N R A T E Y I J T E E L G
I I Z S W O T O G J O M G A
O T I S E A N N T L B L A L
N A M I P S E E O A I K A E
K M G O Y R T D F C O G R O
K P S N T I R E L E S S A P
E H S S F R T P U C N S M L

COMPASSION

DEDICATION

NURSES

PATIENT

FLORENCE

NIGHTINGALE

SUTHERLAND

CARE

COMMITMENT

ROUNDS

STRENGTH

TIRELESS

RECOGNITION

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

8					2	4		6
	2	4			6	9		8
5		7		8		3		
7	8		9					
	4		7			1		
6			3				4	
			2	1			9	7
		1		5		8	3	
	3	6		9			1	

			1		8		7	6
	8	6			7	9	5	
		9		3			8	
2	6			5				8
							9	5
5				1	4			2
	1	8	7					
	2		9			6	1	
6			2					

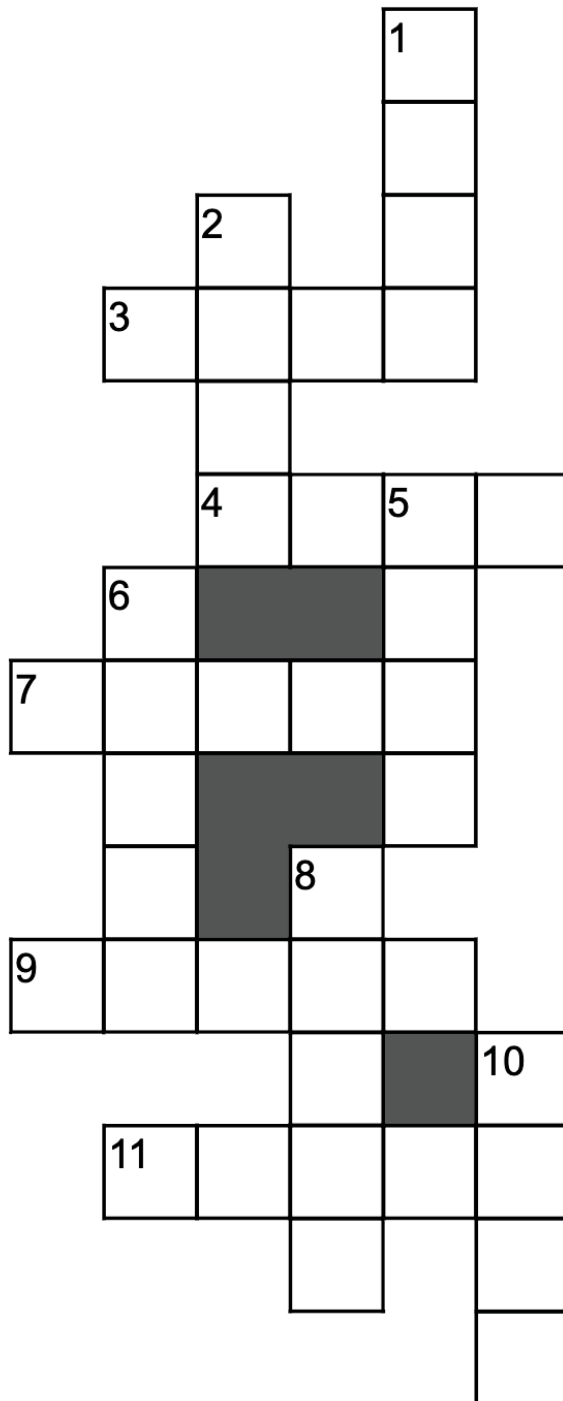
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

AERONAUTICAL



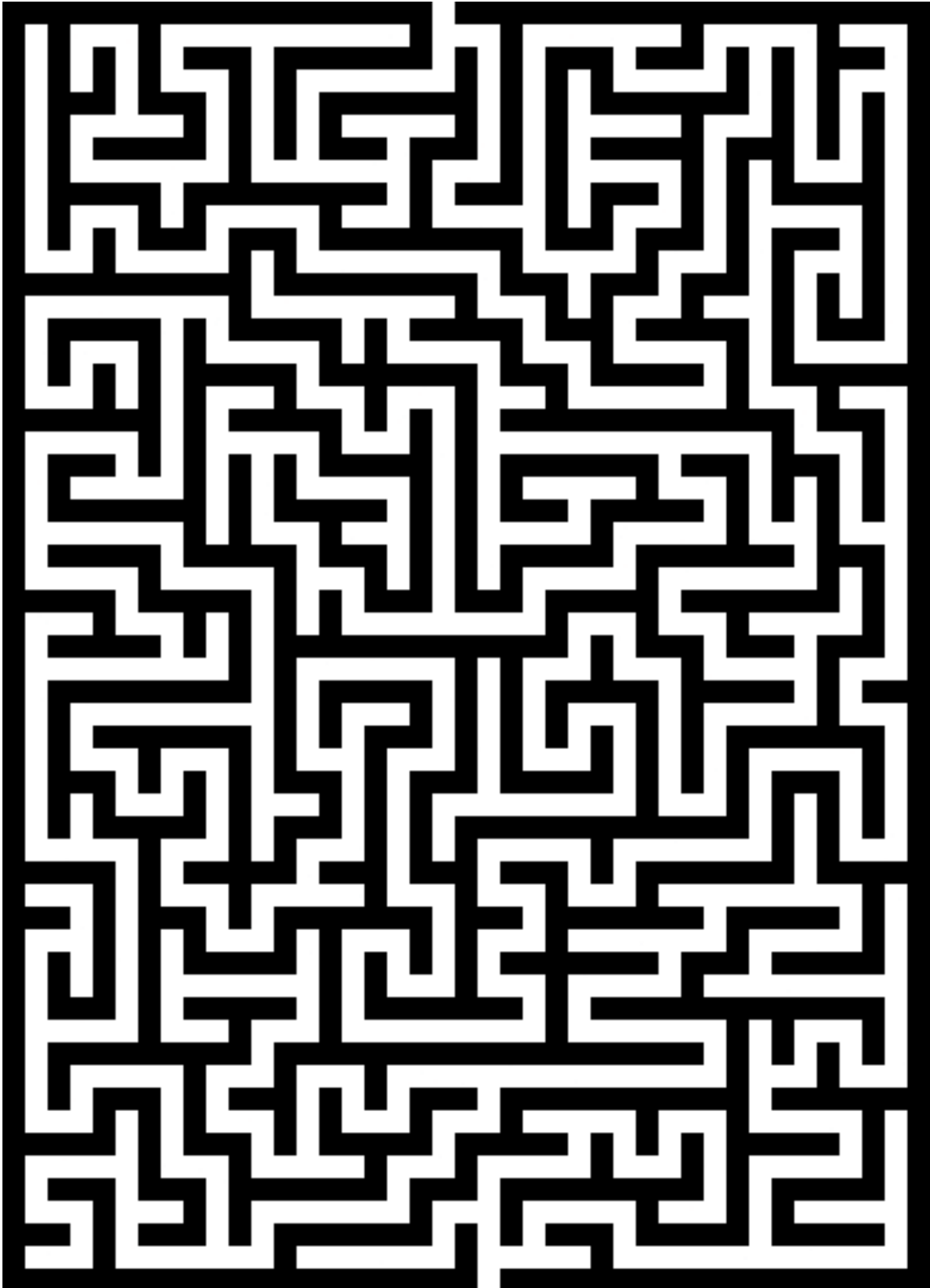
Down

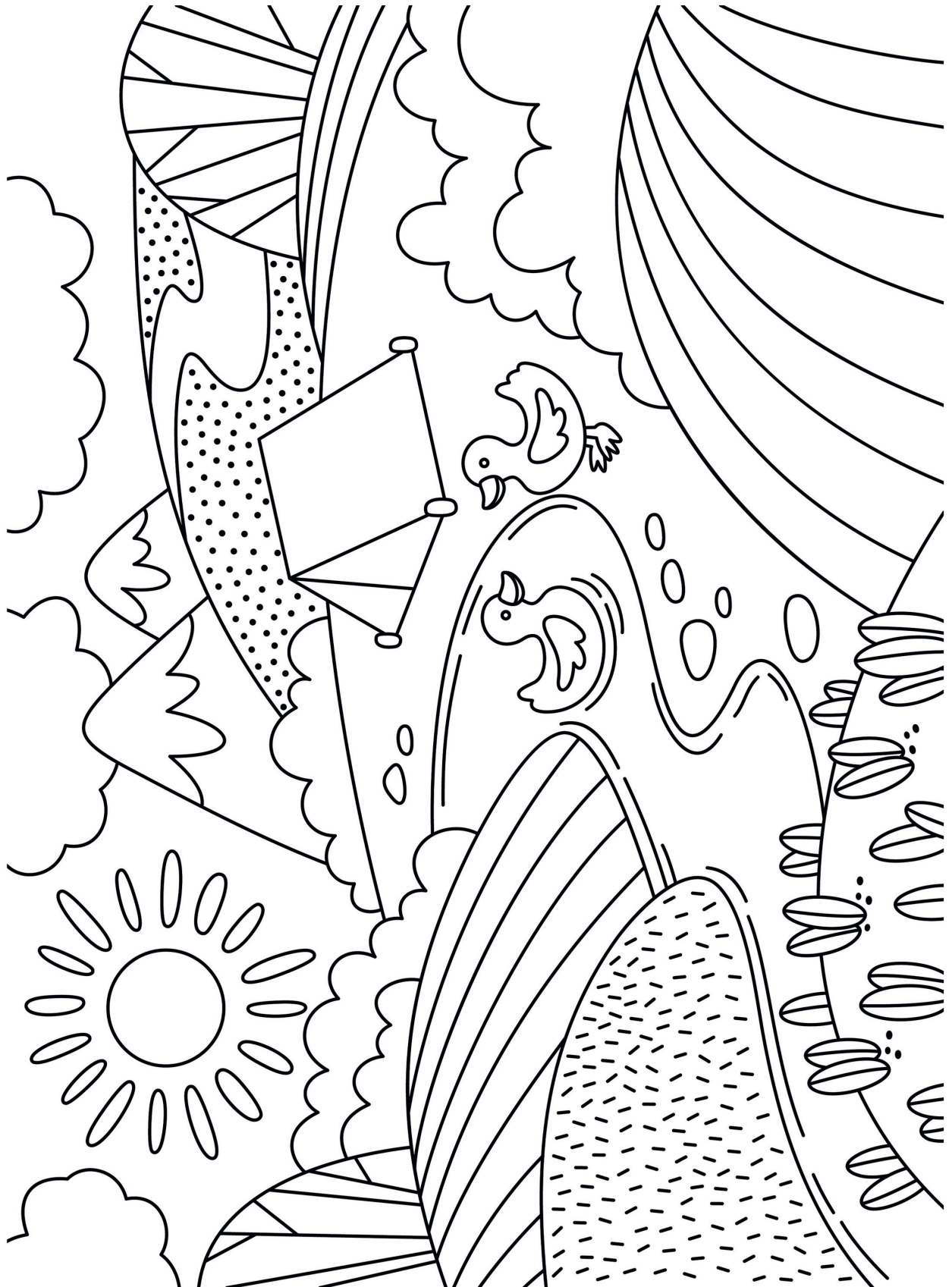
- 1. Car, personal, student
- 2. _____de France
- 5. Fish attractor
- 6. Solo
- 8. Woodland path
- 10. Not a delusion

Across

- 3. Invent a phrase
- 4. Control an area
- 7. Open, free
- 9. Gain knowledge
- 11. Join forces

MAZE

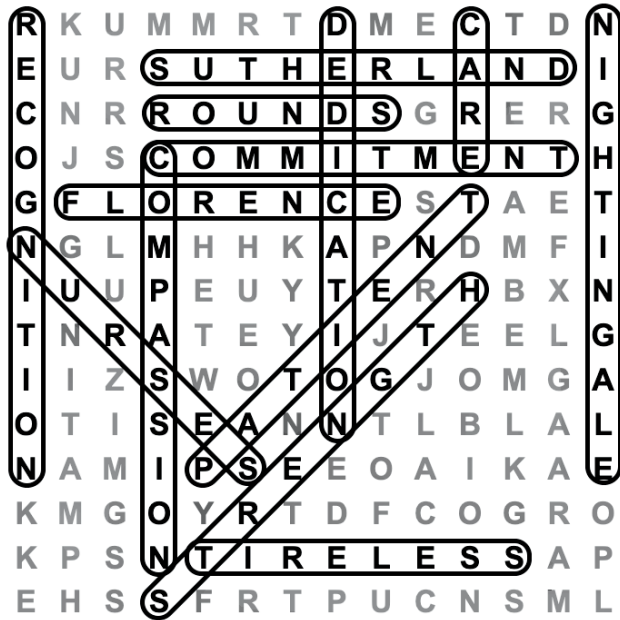




SOLUTIONS

Trivia Answer: C.

A turtle is a type of reptile that lives in either saltwater or freshwater. The term "turtle" refers to any reptile of the order of Testudines, including those that dwell on land.



8	9	3	1	7	2	4	5	6
1	2	4	5	3	6	9	7	8
5	6	7	4	8	9	3	2	1
7	8	5	9	4	1	2	6	3
3	4	2	7	6	5	1	8	9
6	1	9	3	2	8	7	4	5
4	5	8	2	1	3	6	9	7
9	7	1	6	5	4	8	3	2
2	3	6	8	9	7	5	1	4

3	5	2	1	9	8	4	7	6
1	8	6	4	2	7	9	5	3
7	4	9	5	3	6	2	8	1
2	6	1	3	5	9	7	4	8
8	3	4	6	7	2	1	9	5
5	9	7	8	1	4	3	6	2
9	1	8	7	6	3	5	2	4
4	2	3	9	8	5	6	1	7
6	7	5	2	4	1	8	3	9

