# Daily Delight SUNDAY · MAY 18 · 2025

### **National No Dirty Dishes Day**

If you are the type of person who absolutely cannot stand seeing dishes in the sink, this is your day! May 18th is National No Dirty Dishes Day. While the name suggests just taking a break from the dishes, there may be a bit more to it. Besides being unsightly and more work, dirty dishes can be a breeding ground for germs, which people dislike even more than dirty dishes. Dirty dishes may also affect how you feel. Seeing a kitchen go from messy to nice and clean can often give someone a boost. Even doing the dishes themselves can be therapeutic and relieve tension.

The simple motion of washing the dishes and the feeling of the warm water can help lower stress levels. Who knew doing the dishes could mean a clean kitchen and a better you?



# Today in History



In 1868, the San Francisco Society for Prevention of Cruelty to Animals was formed by a banker named James Sloan Hutchinson, who witnessed a hog being abused and rescued it. 4,500 animals are adopted each year, and countless animals are rescued after natural disasters.

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#### DID YOU KNOW? Oxygen and Seltzer

Joseph Priestley, born in 1733, was a pivotal chemist known for inventing carbonated water and independently discovering oxygen. In 1767, he created a seltzer by mixing sulfuric acid and chalk to produce carbon dioxide while living near a brewery. Although Carl Wilhelm Scheele studied oxygen earlier, Priestley's experiments led to significant findings in 1774. However, he later clashed with Antoine Lavoisier, who accurately named the gas "oxygen," meaning "acid-forming."

## TRIVIA

The tendon at the top of the human heel is called the what?



## **TODAY'S FUNNY**

I keep meaning to write my memoirs but never get around to it.....

lt's my oughta biography.

### **TODAY'S WISDOM**

"You have to train your brain to be positive just like you work out your body." - Shawn Achor

## **WORD SEARCH**

	LEAP FROG													
С	Ζ	Ζ	Ε	Т	Ζ	В	Ν	L	W	Α	D	Н	Ν	
0	D	U	Χ	Α	Н	Χ	L	0	С	С	С	Χ	L	
С	Χ	Α	Μ	D	Μ	Т	Н	Т	I	0	Α	Α	С	
D	В	Α	Α	Ρ	G	Ρ	Χ	I	Ν	Μ	L	R	κ	
Η	Т	Y	R	0	R	Ν	Н	Η	0	Ρ	Α	L	Α	
Ε	Т	S	Κ	L	I	J	F	I	Ν	Ε	V	I	В	
С	0	Ν	Т	Ε	S	Т	U	V	В	Т	Е	I	Т	
Ε	V	L	W	A	С	Е	С	Μ	Χ	I	R	I	Ν	
F	Q	Ν	Α	Ρ	Ν	Т	С	R	Ρ	Т	Α	Α	С	
Ε	Χ	R	I	Ε	С	С	Μ	F	S	I	S	Ν	G	
Κ	R	0	Ν	С	Н	Α	Е	R	Т	0	Ν	Ν	Χ	
С	Ν	G	R	Y	Н	С	В	0	U	Ν	D	G	Ν	
Ρ	Ε	Ν	F	Y	Н	Κ	Υ	G	Χ	Χ	Α	Α	G	
R	Χ	I	Ν	С	Т	I	Α	D	Χ	Ε	Α	Т	Α	

CALAVERAS	COMPETITION	HOP
MARK TWAIN	CONTEST	JUMPING
AMPHIBIAN	DISTANCE	LEAP
BOUND	FROG	TADPOLE

# SUDOKU

#### How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

					4		9	
3						8	6	
		8	5		7		4	
	9			2		3		
8	5	4		7		3 2 5		
		2 5	4	1		5	8	
	1	5				9		7
4			3		1			
	8			6	9			1

				7	1		9	
		9				1	8	5
1	5	9 3		9				
5					8	2		6
	4				6 3	2 8		
		8			3		1	
			2			4		3
2			2 6					1
2 9	6	1	4					

#### **Helpful Tip:**

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

## **WORD JUMBLE**

#### Every answer uses only the letters in the word: CHARLOTTE

# 

#### Down

- 1. Jacket
- 2. Day celebrated April 22

11

5. Decides interest

1

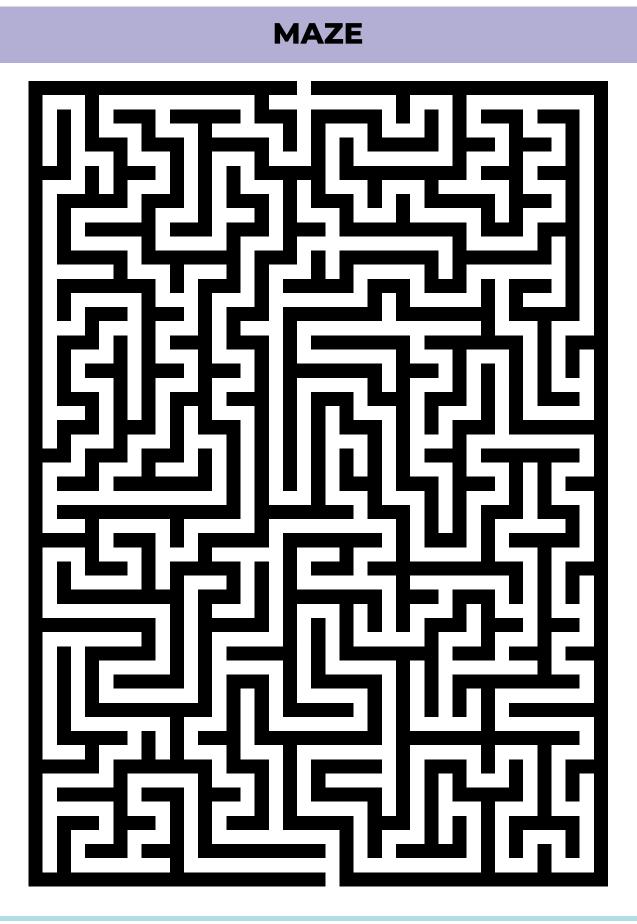
4

amount

- 7. In \_\_\_\_\_Words
- 8. Reflective sound
- 10. Exam (not written)

#### Across

- 3. Gate fastener
- 4. Sweet eat
- 6. Motel's kin
- 9. Molten area of Earth
- 11. Part in a play



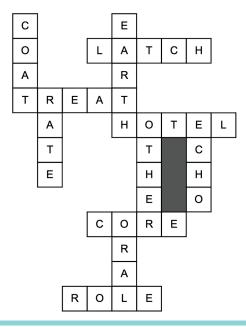


# SOLUTIONS

#### Trivia Answer: A.

The Achilles is the largest tendon in the body and connects the calf muscles to the heel bone.





5	2	1	6	8	4	7	9	3
3	4	7	1	9	2	8	6	5
9	6	8	5	3	7	1	4	2
1	9	6	8	2	5	3	7	4
8	5	4	9	7	3	2	1	6
7	3	2	4	1	6	5	8	9
6	1	5	2	4	8	9	3	7
4	7	9	3	5	1	6	2	8
2	8	3	7	6	9	4	5	1

4	8	6	5	7	1	3	9	2
7	2	9	3	6	4	1	8	5
1	5	3	8	9	2	6	4	7
5	1	7	9	4	8	2	3	6
3	4	2	1	5	6	8	7	9
6	9	8	7	2	3	5	1	4
8	7	5	2	1	9	4	6	3
2	3	4	6	8	7	9	5	1
9	6	1	4	3	5	7	2	8

