Daily Delight

SUNDAY • MAY 11 • 2025

National Archery Day

Known as one of the oldest sports still in existence, National Archery Day on May 11th recognizes one of the oldest sports still in existence. Archery has been around since before 2800 BC, when bows were being used for hunting and battle. Archery reached the Olympics in 1900 when it was introduced as an official event. However, it only appeared again in 1904, 1908, and 1920. Then, after a long absence, archery made its return in 1972.

Archery has steadily grown in popularity and has been noted for some physical benefits, including improving upper body strength and focus, and building confidence and social connections. And unlike some other sports, archery can be practiced and enjoyed all year long!



Today in History



In 2008, SpanishAmerican musician,
singer, comedian, and
actress Charo made a
guest appearance on the
Latin-themed VH1 reality
show "Viva Hollywood."
She was a student of the
famed classical guitarist
Andrés Segovia, whom
she mastered on stage.

senior living activity assistant powered by **spectrio**



DID YOU KNOW? Record Long Jump

Mike Powell was a long jumper who competed at three Olympic Games (1988-96), winning silver medals in 1988 and 1992 behind Carl Lewis, but he is best known for winning the greatest long jump competition in the history of the sport, when he defeated Lewis at the 1991 World Championships in Tokyo. His world record of 8.95 m (29 ft ½ in) was set on August 30, 1991.

TRIVIA

The Virginia Diner is known for what snack?

- A Chips
- **B** Pretzels
- **c** Crackers
- **D** Peanuts

TODAY'S FUNNY

How did the lawyer with the leg injury still manage to win the marathon?

He had the power of a torn knee!

TODAY'S WISDOM

"Only love can be divided endlessly and still not diminish."
- Anne Morrow Lindbergh

WORD SEARCH

MOM

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NURTURING
CELEBRATING
MOTHERHOOD
STEPMOTHER

SUPPORTIVE

MOTHER

APPRECIATION

BEAUTIFUL

CARING

GRANDMOTHER
COMPASSION
PATIENCE
FOSTER MOM

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

			2	8	3			4
5	3		1			2	9	
5 2	1		4				7	6
	6	5	7			8	1	
			5	2	6		4	
		9		4			6	
9				7		5		
9					4	5 6		7
1		6			8			

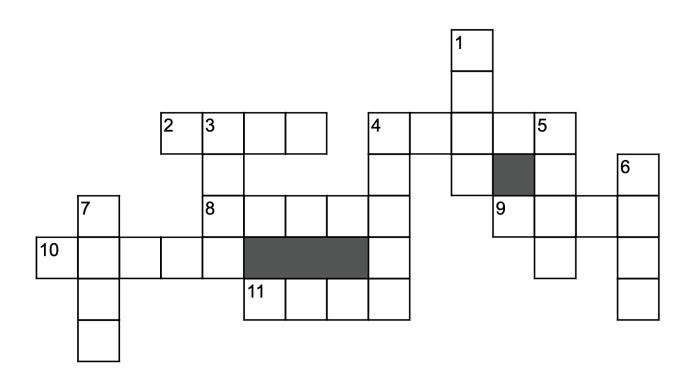
		4	8				5	
	1	5		7			3	4
			5			2		7
						9		2 5
1				9	7			5
6					1			
	2						8	
	9		7	8				
5				6	9		7	1

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word: ANAPESTIC



Down

- 1. Chair
- 3. Has already happened
- 4. Dogs pick up on this
- 5. Legendary
- 7. Ache or cramp

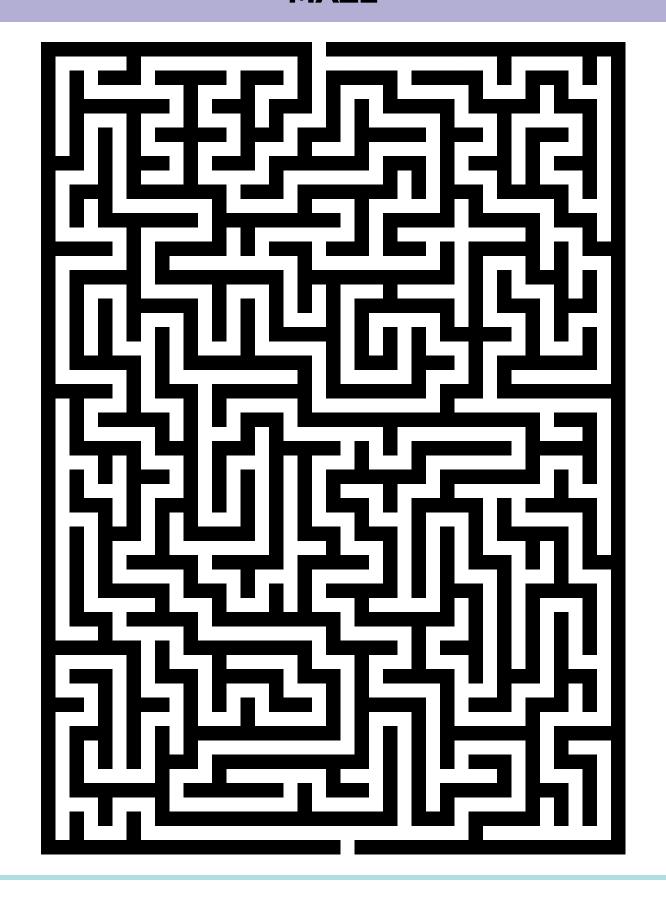
Across

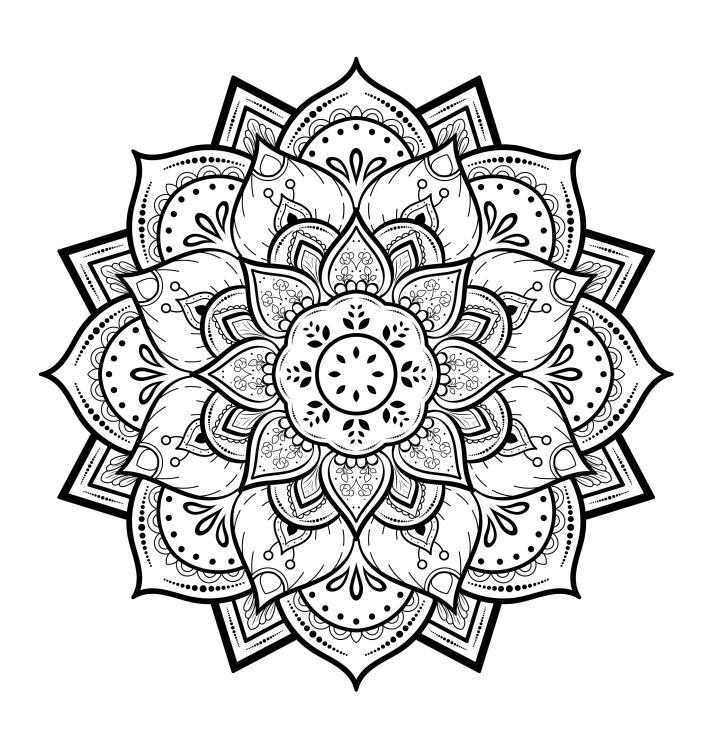
- 2. Twirl your partner
- 4. Your own area
- 8. Seasoning element
- 9. Not on Santa's

Naughty List

10. Virtuous person

11. Tidy

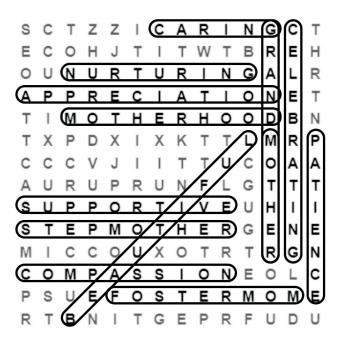




SOLUTIONS

Trivia Answer: D.

For nearly a century, the Virginia Diner has been serving up the most amazing Virginia peanuts and nut gifts.



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6	9	7	2	8	3	1	5	4
5	3	4	1	6	7	2	9	8
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4	6	5	7	3	9	8	1	2
7	8	1	5	2	6	9	4	3
3	2	9	8	4	1	7	6	5
9	4	3	6	7	2	5	8	1
8	5	2	9	1	4	6	3	7
1	7	6	3	5	8	4	2	9

9	7	4	8	3	2	1	5	6
2	1	5	9	7	6	8	3	4
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1	8	2	4	9	7	3	6	5
6	5	9	3	2	1	7	4	8
7	2	6	1	4	3	5	8	9
4	9	1	7	8	5	6	2	3
5	3	8	2	6	9	4	7	1

