



ACTIVITY BOOKLET

Welcome to Maui Hawaii



Often called the “Playground of the Wealthy,” Maui definitely caters to those looking for more expensive accommodations, yet is spared the crowds of Oahu.

Maui is an island in the Central Pacific, part of the Hawaiian archipelago. It’s also known as “The Valley Isle” and is the second-largest Hawaiian island. The island is beloved for its world-famous beaches, the sacred Iao Valley, views of migrating humpback whales (during winter months), farm-to-table cuisine, and the magnificent sunrise and sunset from Haleakala. Sprawling Haleakala National Park encompasses the island’s highest peak, volcanic Haleakala, and the pools and waterfalls of Ohe’o Gulch, accessed via the scenic, winding Hana Highway. The island’s 30 miles of beaches include golden-crescent Kapalua, sheltered from strong currents by lava-rock promontories.

MAUI’S BEACHES

With 120 miles of coastline, Maui boasts over 30 miles of beautiful beaches. On these world-famous shores, there are beaches with white or black sand, renowned surfing, and windsurfing spots as well as some of the best beaches in the

world to simply swim, snorkel and sunbathe.

SOUTH MAUI

Makena Beach, also known as “Big Beach” is a beautiful white sand beach that is one of the most popular on the island of Maui. Makena Beach State Park is one of Maui’s signature beaches. With white sands extending nearly 2/3 of a mile long, it is one of the largest, undeveloped beaches on Maui. Nestled between two black-lava outcroppings, Makena offers protection from the trade winds and provides great views of the islands of Molokini and Kahoolawe.

WEST MAUI

Kaanapali is a pristine stretch of white sand near some of the island’s most popular resorts. One of Kaanapali Beach’s most famous attractions is the daily cliff diving ceremony off the beach’s northernmost cliffs known as Puu Kekaa or Black Rock. Held every evening at sunset, a cliff diver lights the torches along the cliff, diving off Black Rock in a reenactment of a feat by Maui’s revered King Kahekili.

Maui

Hawaii



Other than the beaches other things of interest on Maui are:



NORTH SHORE BEACHES

Hookipa Beach: Known as the world-famous contest venue for professional windsurfing.
Kanaha Beach Park: World famous for its excellent windsurfing conditions, Kanaha also offers good swimming and diving. Close to Kahului, this beach is a popular spot for locals.



Hamoia Beach: Author James Michener called Hamoia Beach the most beautiful in the Pacific. This Hana beach was named one of “America’s Best Beaches” in 2006.

Waianapanapa State Park:

Excellent camping facilities make Waianapanapa State Park one of Maui’s best beaches.

THE ROAD TO HANA

One of the most scenic drives anywhere. A two-lane road winds its way 50-some miles through more than 600 curves and across nearly 60 bridges to the town of Hana. Though the drive is not far as the crow flies, the journey is very dense, with many things to see along the way, including cascading waterfalls, ocean views, short hikes, and small farm stands.

HIKING IN THE HALEAKALA CRATER

Haleakala is Maui’s largest volcano and an icon of the Hawaiian Islands. At or around the summit crater, which sits at more than 10,000 feet within Haleakala National Park, are several hiking trails that allow you to explore its vast terrain. There are small walks to check out, such as the Pa Ka’oao Trail and the Leleiwi Overlook, as well as longer, more advanced hikes, like the Sliding Sands Trail.



Maui

Hawaii

A VISIT TO IAO VALLEY

Located in the West Maui Mountains, Iao Valley is famous for its iconic, 1,200-foot Iao Needle rock formation and narrow,

lush valley. Walking paths, gardens, and river access make this a favorite of both locals and visitors. It's hard to tell today because of its beauty, but Iao Valley was the site of one of the bloodiest battles in Hawaiian history in 1790 when King Kamehameha conquered the island of Maui.

WHALE WATCHING

Every year from November to March, about 10,000 humpback whales migrate to Hawaii from Alaska to give birth. Just offshore of Maui is the Auau Channel, whose shallow waters provide an ideal nesting ground and, thus, a great opportunity for whale watching. Easily visible from Lahaina, Kihei, Kaanapali, and Wailea, the whales can be seen

performing a variety of behaviors, including breaching (jumping), spy hopping, and pec slapping.



Hawaiian Arts & Culture: THE EXPRESSION OF ALOHA

The oldest of Hawaiian chants describe the Hawaiian Islands, the spirits that inhabit them, the forces of nature that shaped them, and all the living things upon them as inextricably connected. This sense of connection is the foundation of Hawaiian culture: understanding that we all have a mandate to Malama, to care for our environment and for one another.

Today, Hawaiian culture may hold many of the answers sought in a rapidly changing world. The spirit of aloha – being in the presence of and sharing the essence of life – teaches us lessons of peace, kindness, compassion, and responsibility to future generations. These lessons are expressed through chant, music, hula, arts and cultural practices, and through the warm, genuine greetings that are a hallmark of Hawaiian hospitality.



MAUI ADVENTURE TRIVIA

1. This island is near Maui and famous for pineapples. Which island is this?
 - A. Lana'i
 - B. Kaho'olawe
 - C. Moloka'i
 - D. Hawai'i
2. This small town is famous for the Hasegawa General Store and the road that leads to it. What is this town?
 - A. Hana
 - B. Wailea
 - C. Kihei
 - D. Lahaina
3. This boat used to be the old whaling museum, but when they built a new facility in town, the ship was sunk to serve as a coral reef. What is the name of this ship?
 - A. Germania
 - B. Cetacea
 - C. Titan
 - D. Carthaginian
4. Maui consists of two extinct volcanoes. Which of the two is older?:
 - A. West Maui
 - B. Mauna Loa
 - C. Haleakala
 - D. Mauna Kea
5. Maui is the _____ of the Hawaiian Islands.
 - A. Largest
 - B. Second largest
 - C. Third largest
 - D. Forth largest
6. Maui has the _____ number of swimmable beaches in Hawaii.
 - A. Largest
 - B. Second largest
 - C. Third largest
 - D. Fourth largest
 - E. Smallest
7. Geologically, Maui is the _____ of the six major Hawaiian Islands.
 - A. Oldest
 - B. 3rd youngest
 - C. 2nd youngest
 - D. Youngest

MAUI ADVENTURE TRIVIA

(continued)

8. At one time Maui was probably connected to Lanai and Molokai as a single huge island.
- A. True
 - B. False
9. Hawaiian Islands exhibit seven climatic sub regions. How many does Maui exhibit?
- A. 3
 - B. 4
 - C. 5
 - D. 6
 - E. 7
10. Several times a year, on the average, and usually during the months of October and May, East Maui Mountain (a.k.a. Haleakala Crater) receives _____ inches of snow above the 7,000 foot level.
- A. 6 (15.2 cm)
 - B. 12 (30.5 cm)
 - C. 24 (61 cm)
 - D. 36 (91.4 cm)
11. Since winter air temperatures in the Maui area are typically above freezing, even to altitudes of 11,000 feet, there is continuous (year-round) snow cover on East Maui Mountain.
- A. True
 - B. False
12. Hawaii is the only state found within the tropics (below, or south of the Tropic of Cancer).
- A. True
 - B. False
13. The waters around Lahaina, Maui are known for the annual visit of the humpback whale during the months of mid-December through mid-May to breed and birth. When born, new calves lack the protective blubber layer they'll get later in life, so they need warm water to survive. The average water temperatures around Maui is:
- A. 65 degrees F (18.3 C)
 - B. 70 degrees F (21.1 C)
 - C. 75 degrees F (23.9 C)
 - D. 80 degrees F (26.7 C)
14. The average depth of the Pacific Ocean is 1–3 miles. The humpback whale prefers to swim and dive to a depth of _____, the same average depth around Lahaina, Maui and southern Lanai.
- A. 200 ft (61 m)
 - B. 300 ft (91.4 m)
 - C. 400 ft (121.9 m)
 - D. 500 ft (152.4 m)

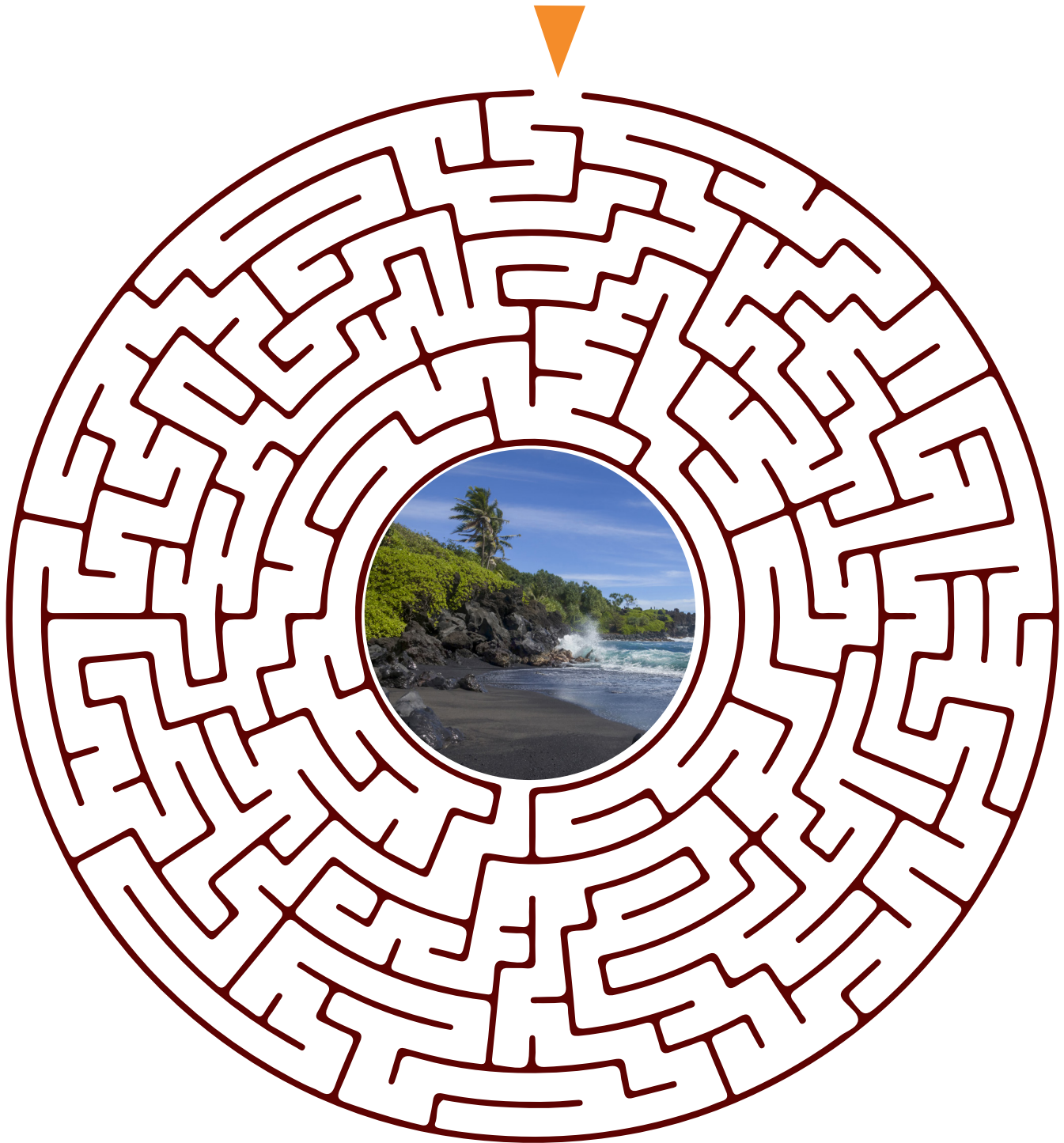
MAUI ADVENTURE TRIVIA

(continued)

15. Who was the very first Westerner (i.e. European and American) explorer to land on Maui?
- A. Jean Francoise de Galaup La Perouse
 - B. Alessandro Malaspina
 - C. James Cook
 - D. Sir Francis Drake
16. Because of the warmer Maui and Hawaiian water, orcas, or killer whales, prefer the colder waters of Alaska and are rarely seen around Maui.
- A. True
 - B. False
17. Leis are made from a variety of items. The most commonly used are:
- A. Fresh orchid (Dendrobium) and plumeria flowers
 - B. Shells
 - C. Ferns
 - D. Beads
 - E. Seeds
 - F. Feathers
18. What is the term for the location where lava is likely to ooze out on a shield volcano?
- A. Eruption Zone
 - B. Rift Zone
 - C. Hot Spot
 - D. Lava Vent
19. Oheo Gulch, commonly called the Seven Sacred Pools, is actually made up of about 24 pools.
- A. True
 - B. False
20. What is the number of telescopes that are located at the top of East Maui Mountain (Haleakala)?
- A. 1
 - B. 2
 - C. 3
 - D. 0

GATEWAY TO PARADISE

Can you find your way to the black sands of Waianapanapa Beach?



7

MAUI WOWEE WORD SEARCH

How many words can you find?

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P | O | I | M | O | K | U | U | L | A | M | M | M | P |
| P | O | L | I | A | H | U | L | A | Q | O | Y | I | A |
| U | C | K | I | S | L | A | N | D | S | O | M | O | U |
| U | O | I | E | U | B | A | L | O | H | A | A | U | L |
| L | F | T | H | G | V | P | M | O | L | O | N | U | P |
| O | F | I | E | A | S | L | K | A | A | L | O | K | N |
| A | E | L | A | R | W | W | K | I | U | E | U | K | L |
| P | E | O | K | M | W | A | Z | O | Y | I | K | A | O |
| P | O | L | Y | N | E | S | I | A | N | S | J | E | L |
| Z | L | M | O | L | O | K | A | I | G | A | Y | A | E |
| L | A | H | A | I | N | A | M | H | A | R | A | U | I |
| W | O | H | L | P | A | O | E | S | P | N | A | S | A |
| A | K | O | E | N | R | K | R | Y | U | Z | O | O | K |
| H | U | A | H | J | A | I | I | U | H | U | K | A | E |

HAWAIIAN
ISLANDS
MAUI
HALEAKALA
MOKUULA

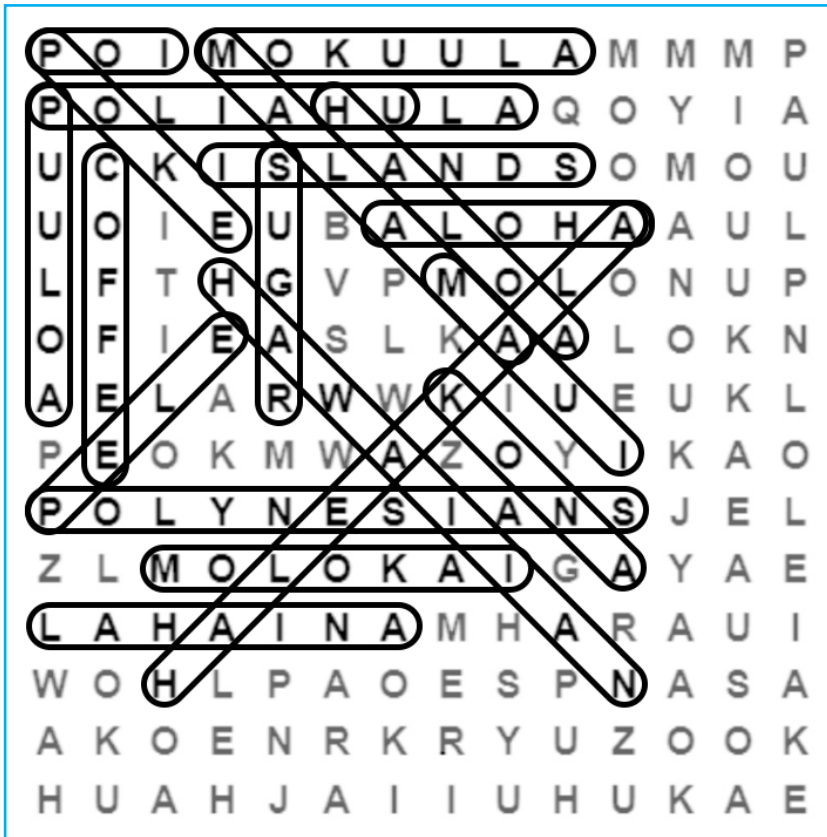
LAHAINA
ALOHA
HULA
MOLOKAI
MALAMA

HALOA
PUULOA
PELE
POLIAHU
POLYNESIANS

SUGAR
KONA
COFFEE
POKE
POI

MAUI WOWEE WORD SEARCH

SOLUTION



GATEWAY TO PARADISE

SOLUTION



MAUI ADVENTURE

TRIVIA ANSWERS

01. A. Lana'i / 02. A. Hana / 03. D. Carthaginian / 04 A. West Maui / 05. B. Second largest / 06. A. Largest / 07. C. 2nd youngest / 08. A. True / 09. D. 6 / 10. B. 12 (30.5 cm) / 11. B. False / 12. A. True / 13. C. 75 degrees F (23.9 C) / 14. B. 300 ft (91.4 m) / 15. A. Jean Francoise de Galaup La Perouse / 16. A. True / 17. A. fresh orchid (Dendrobium) and plumeria flowers / 18. B. False / 19. A. True / 20. B. 2