SWEDEN

senior living activity assistant

DESTINATION: SWEDEN

Destination: Sweden, one of the Scandinavian countries located in northern Europe on the Scandinavian Peninsula. It is bordered by the Baltic Sea, the Gulf of Bothnia, the Kattegat, Skagerrak, and Öresund straits, by Norway



in west and north. The Torne river forms most of Sweden's border with Finland in the east. A



portion of the country lies north of the Arctic Circle. The country shares maritime borders with Denmark, Germany, Poland, Russia, Lithuania, Latvia and Estonia.

The Kingdom of Sweden is a Scandinavian country in Northern Europe. By the 16th century Sweden had evolved into a strongly centralized nation, with Stockholm as its capital. During the 17th century the country was one of the great powers in Europe.

Sweden is roughly twice the size of Great Britain (island), or slightly larger than the state of California.

One of the main attractions for Sweden are the Northern Lights. The Northern Lights, or Aurora

Borealis, appear during the beginning of September in and around Kiruna in the far north of Sweden. The sky comes alive as streaks of pinks, greens and purples dance high above. By the time winter has fully set in around January, the Northern lights can be seen throughout the Swedish Lapland - the large expanse of land in the northwest corner of Sweden that covers nearly a quarter of the country.





KNOWN MOSTLY FOR:

- IKEA furniture
- The pop group ABBA
- Spotify
- Swedish meatballs
- Volvo
- Saab
- H&M clothing
- The Royals (they have their own monarch)
- Aurora Borealis
- Ice Hotels
- Alfred Nobel (Nobel Peace Prize)
- Minecraft (video game)
- Fika (coffee and cake)
- The Swiss Alps

FAMOUS SWEDES:

- Ingrid Bergman, Actress
- Dolph Lundgren, Actor
- Ann-Margret, Actress
- Agnetha Faltskog, Musician
- Greta Garbo, Actress
- Max von Sydow, Actor
- Birgit Nilsson, Opera Singer
- Stieg Larsson, Author

FACTS ABOUT SWEDEN YOU NEVER KNEW!

• There is a cruise ship that runs between Stockholm, Sweden, and Helsinki, Finland, just to purchase cheap alcohol.

• The band ABBA wore ridiculous outfits to avoid Sweden's taxes, which allowed deductions for clothing if it wasn"t meant to be used every day.

• Absolute Vodka used to belong to the

Sweden's government, until they sold it in 2008 for US \$8.3 million to Pernod Ricard.

• Stockholm, the capital of Sweden, is built on 14 islands, and the city centre is virtually situated on the water.

• 99 percent of Denmark's Jews survived the holocaust because the Danish organized a massive evacuation to neutral Sweden.

• IKEA names sofas, coffee tables and bookshelves after places in Sweden; beds, wardrobes and hall furniture after places in Norway; carpets after places in Denmark and dining tables and chairs after places in Finland.

• Sweden has the largest scale model of the solar system in the world. It is in the scale of 1.2 million and stretches 950 km across the country.

• You can"t name your child "IKEA" or "Elvis" in Sweden.

• Sweden pays students US \$187 a month to attend high school.

• In Sweden, parents are entitled to 480 days of paid parental leave when a child is born or adopted

• The official Twitter account of @Sweden is given to a random citizen every week to manage. Now THAT'S trust!

• Passports issued by Sweden, UK and Finland offer visa-free travel to more countries than any other passports.

• 89 percent of people in Sweden speak English.

ANAGRAM GAME: SWEDEN

These words might look Swedish, but they aren't! Unscramble the letters, and use the bold letters to find a hidden word.

 a h m _______

 a a b e ll m t ________

 g i i k n s ________

 a e l m o p y ________

 a d e e i l m v ________

 e g o o s _________

 a c l u _________

 a b b c d i k l r ________

efhiltsu _____

how do you SAY...?

Can you pronounce these common Swedish words? Try for yourself and use one during your travels today!

ENGLISH WORD

SWEDISH WORD

Hej

Hello

Goodbye

Today

Tomorrow

Far

Near

Small

Good

Beautiful

Ugly

Hej då idag imorgon långt nära liten

bra

vacker

ful

PRONOUNCIATION

Hay

Hay-**dow**ah

ee-doag

ee-go**ar**

loant (like loan with a 't')

nah-**dah**

l**ee**-ten

bd**ah**

vah-ked

fooolh (hard L sound)



What is something you learned about Sweden that you didn't already know, and what is your opinion or feeling on it?

Have you ever visited Sweden? What was your first impression? What were the people like? What is your favorite memory of being there? If you haven't, what do you imagine it is like?

word search: $S \ W \ E \ D \ E \ N$

Τ	Х	S	F	L	S	Α	U	Ν	Α	S	Ρ	R	Χ
Ρ	S	W	I	S	S	Α	L	Ρ	S	0	J	F	С
С	Т	Т	Κ	Ε	Α	Μ	С	Ν	Μ	D	М	Н	S
V	0	С	Α	В	۷	0	L	۷	0	Ε	Κ	S	Q
T	С	Е	Х	Κ	Q	Ν	Ν	С	R	R	Μ	Κ	С
S	Κ	Н	Ν	S	Α	Α	В	G	G	М	В	В	S
0	н	0	L	Κ	Х	R	J	Х	Α	Α	J	Α	Ν
E	0	Т	Е	S	Ζ	С	С	S	S	L	S	Η	Α
G	L	Е	D	Н	Ε	Н	Α	Q	В	Μ	0	В	Y
Α	Μ	L	Ο	U	С	Υ	T	Ε	0	Α	Α	В	С
E	W	0	Т	Н	J	Υ	R	С	R	Q	В	Х	Χ
E	Т	0	Α	Χ	Х	Ν	0	Ε	D	0	В	J	Ι
E	Ν	۷	I	R	0	Ν	Μ	Ε	Ν	Т	Α	L	В
J	Т	L	Α	Ν	D	S	С	Α	Ρ	Ε	S	В	Α

IKEA LANDSCAPES FIKA ENVIRONMENTAL STOCKHOLM ICE HOTEL SAUNAS SWISS ALPS VOLVO SAAB SMORGASBORD SODERMALM MONARCHY ANAGRAM GAME: A N S W E R S

Hidden Word: Stockholm

ham meatball skiing maypole medieval goose lucia blackbird lutefish

word search: SOLUTION

