

Daily Delight

WEDNESDAY • MARCH 5 • 2025

National Multiple Personality Day

On this Multiple Personality Day, get in touch with your inner selves. Talk with yourselves...ask yourselves questions...really get to know your various personalities. All joking aside, people suffering from multiple personality disorder can oftentimes be very dangerous and if you suspect someone may have it, please encourage them to get help. Having multiple personalities is a psychological disorder that requires a professional to help manage. However, just because you might talk to yourself doesn't mean you're mentally ill. In fact, studies have shown that people that talk to themselves tend to be more intelligent since talking to yourself improves cognitive performance and brain function, boosts memory retention and helps one organize their thoughts in addition to other benefits.



Today in History



In 2015, the television series “American Crime” premiered and ran for two years. The show starred Regina King, who landed her first role in the 1980s, with a part on the NBC series “227”. In 2018, she won a Golden Globe and an Academy Award for her role in “If Beale Street Could Talk”.

senior **living**
activity assistant

powered by **spectrio**

speeds) greater
(of aircraft) able
superstition [U]
idea, practice
reasoning belief
irrational fear of
terious: sunk in
tious (adjective)

DID YOU KNOW?

Shakespeare Superstition

The superstition surrounding Shakespeare's Macbeth is one of theatre's most famous superstitions. Outside of performances, many refer to it as "The Scottish Play," "Mackers," or "MacB." Saying the title is said to require a cleansing ritual: spin three times, spit over your shoulder, and recite a line from another play. The origins are said to include a curse from witches angered by Shakespeare's use of a real spell, or the financial troubles that historically plagued theatres producing it.

TRIVIA

What is Johnny Bravo's hair color in the Cartoon Network series?

- A** Black
- B** Brown
- C** Blonde
- D** Gray

TODAY'S FUNNY

What do you call a dentist that doesn't like tea?

Denis!

TODAY'S WISDOM

"That's the trouble with March — the warmth never lasts. There's that narrow stretch when it parades as spring, just enough for you to thaw if you're sitting in the sun, but then it's gone."

- V.E. Schwab

WORD SEARCH

CAT HUGS

X H W E F U R R Y L G S I N
R Y L X E K L I T T E R L H
H M L Q L P L N C E I E D W
I L W H I S K E R S F Y S N
I P V I N P F T A S L I Z N
N G W L E R A R G N N B W I
O E I S R R D W I I T S L S
W K O U O C O I S S P V J R
Q I P L V E R I R O L T I I
E T H L M W A H M L M I S R
G T K I O L B K I L I E S L
H E U I V V L R I R W O F L
S N U G G L E A D V U K N N
W C A T T I T U D E N R C H

CATTITUDE

LITTER

PAWSOME

ADORABLE

FELINE

FURRY

KITTEN

LOVE

MEOW

PURRFECT

SNUGGLE

TAIL

WHISKERS

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	7	8	6	5				
	4			9		6		7
		2		3		4	5	9
3					8	7		
7	6	5					1	
			7		6	9		
	8						4	3
		9	4	8	5			
		6	3				9	2

	8	3		5	2			
	7		3			6	4	
					1		5	
	1	6	9				8	
	9			1	7			
				2			6	1
7			1			5		
5					3	4		9
4				8		3		

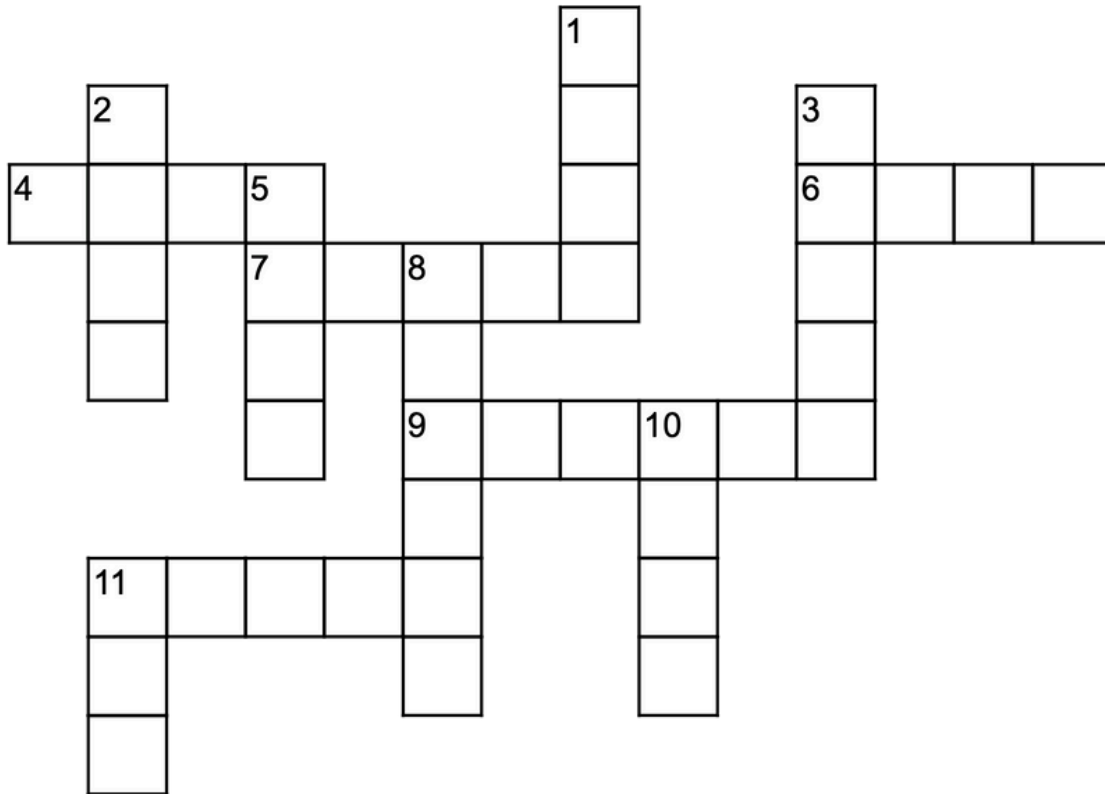
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

ALIGNMENT



Down

- 1. Pal in Australia
- 2. Follows Patty or Tuna in the diner
- 3. Picture
- 5. Masculine version
- 8. Prison person
- 10. Detergent known for its smell
- 11. Precious stone

Across

- 4. "The A-_____" (TV Show)
- 6. Not nice
- 7. Cartoons in Japan
- 9. Party activity
- 11. Jumbo

SEEK AND FIND

Find the hidden objects in the picture.



x5



x5



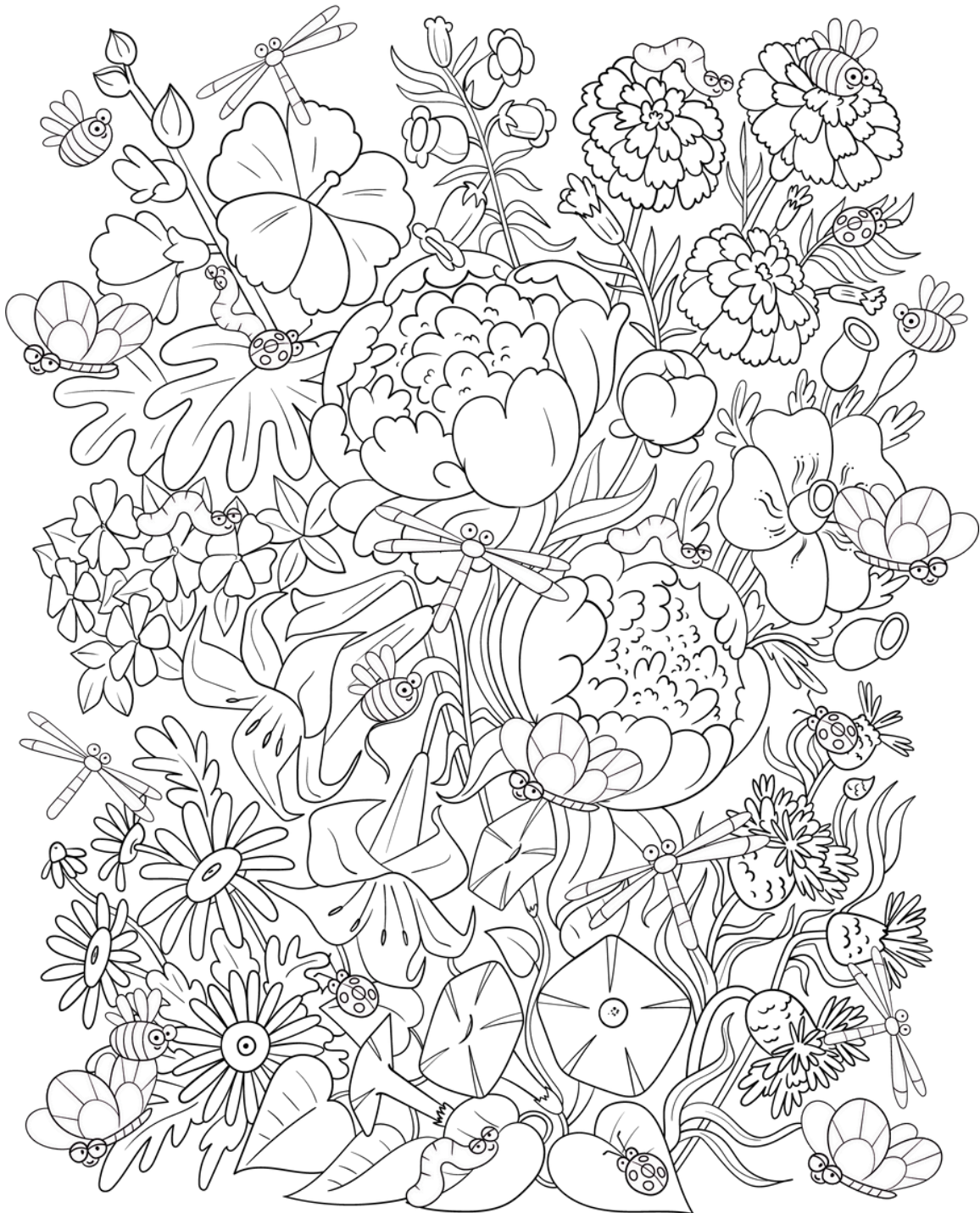
x5

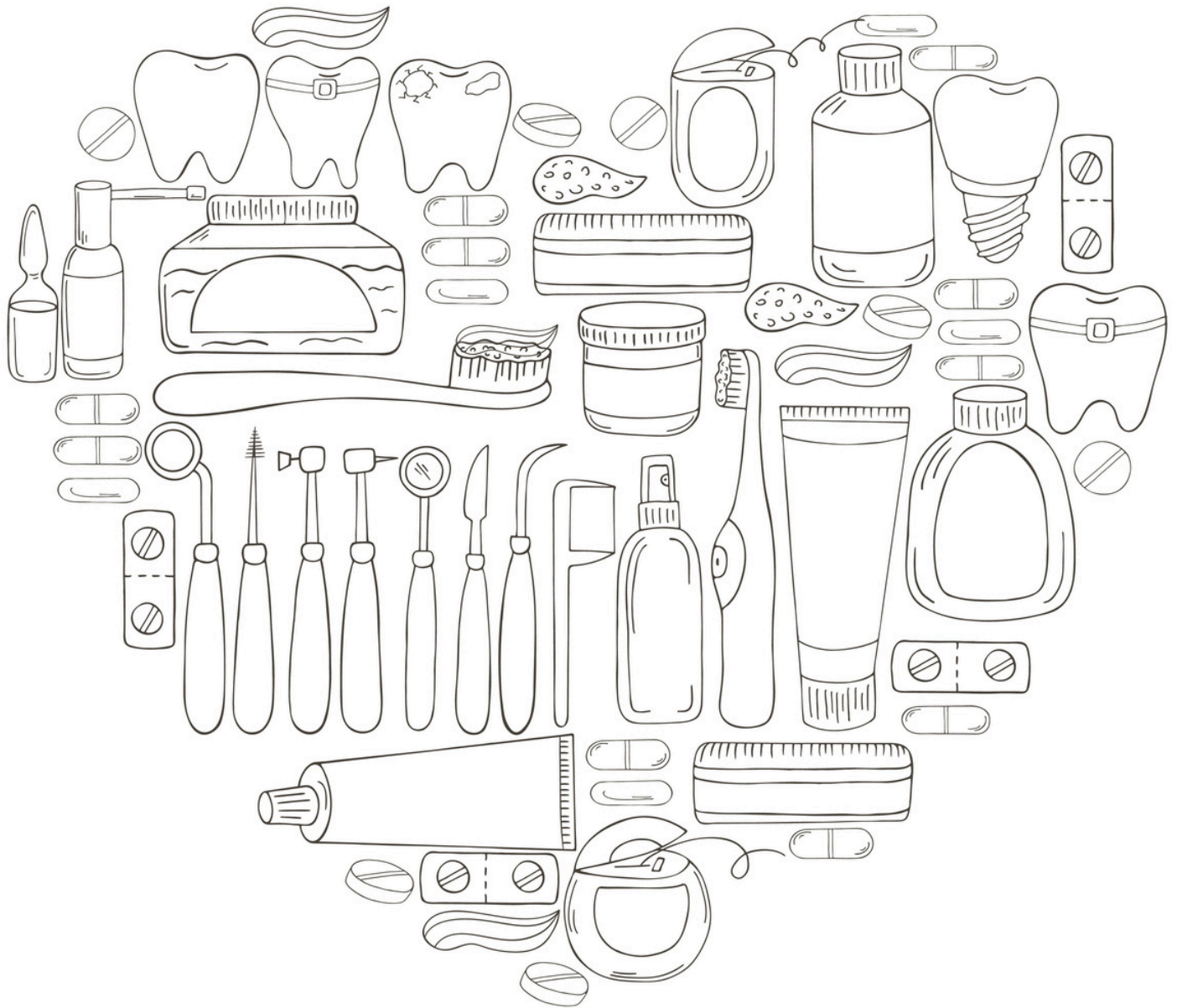


x5



x5



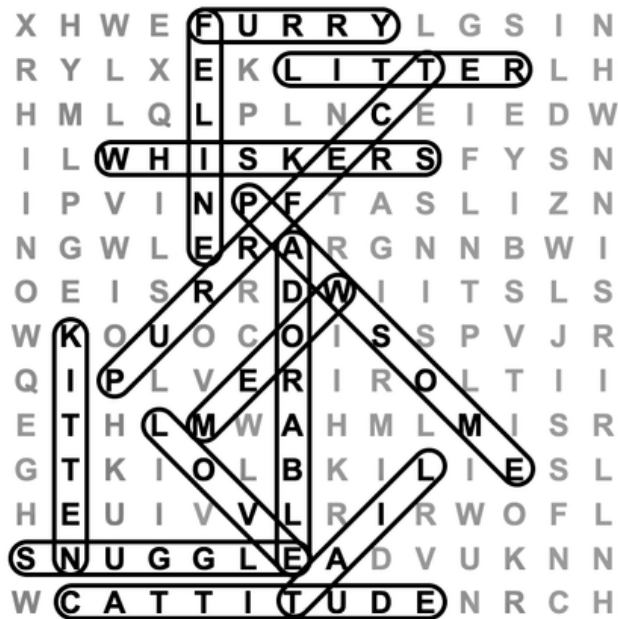


SOLUTIONS

Trivia Answer: C

Johnny Bravo wears a black long-sleeve shirt with sleeves rolled up, light blue jeans, black loafers, gelled-up blonde hair, and his signature sunglasses.

9	7	8	6	5	4	3	2	1
5	4	3	1	9	2	6	8	7
6	1	2	8	3	7	4	5	9
3	9	1	5	2	8	7	6	4
7	6	5	9	4	3	2	1	8
8	2	4	7	1	6	9	3	5
1	8	7	2	6	9	5	4	3
2	3	9	4	8	5	1	7	6
4	5	6	3	7	1	8	9	2



6	8	3	4	5	2	1	9	7
1	7	5	3	9	8	6	4	2
9	4	2	7	6	1	8	5	3
2	1	6	9	3	5	7	8	4
8	9	4	6	1	7	2	3	5
3	5	7	8	2	4	9	6	1
7	3	9	1	4	6	5	2	8
5	6	8	2	7	3	4	1	9
4	2	1	5	8	9	3	7	6

