# Daily Delight WEDNESDAY · APRIL 30 · 2025

### **National Honesty Day**

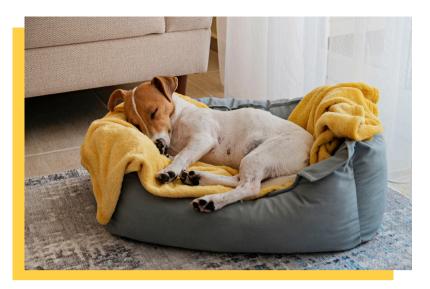
Today, we are encouraged to be truthful about everything. Since honesty goes a long way in instilling confidence, it challenges us to be honest in our actions and words. no matter who we are talking to. We all know the different kinds of lies - we may withhold details to spare someone's feelings, fudge the truth just a little, or tell an all-out whopper! National Honesty Day reminds us to be truthful and transparent in all we do. M. Hirsh Goldberg, a former press secretary and author of the Book of Lies. created this holiday as a contrast to all the foolishness that April Fools Day brings. From housewives to politicians, it's a day for everyone to stay away from lies. Try to answer questions truthfully all day long. Discuss honesty with your children and grandchildren, and explain why honesty is always the best policy!



## Today in History



In 1859, at the age of 22, American prodigy and chess master Paul Morphy retired after returning from a 10-month chess tour in Europe. He was known as the world's greatest chess player. Morphy won the First American Chess Congress in 1857. He retired from chess and practiced law. senior living activity assistant



#### DID YOU KNOW? Dreaming Dogs Delight

Dogs often twitch or kick in their sleep, indicating they experience dream-like states similar to humans. Research shows that when scientists deactivated the part of the brain responsible for sleep movement, dogs began acting out their dreams and performing behaviors specific to their breed. According to dog psychology expert Stanley Coren, this suggests that dogs dream about their daily activities, with pointers dreaming of pointing at birds and Dobermans chasing burglars.

## TRIVIA

What is the only letter not used in any of the names of the states?



## **TODAY'S FUNNY**

Why do cats walk around houses like they own the place?

Well, you can't spell "homeowner" without "meow"!

## **TODAY'S WISDOM**

"The soul always knows what to do to heal itself. The challenge is to silence the mind." - Caroline Myss

## **WORD SEARCH**

## **MYTHS AND LEGENDS!**

R	Ρ	В	Κ	В	U	В	Α	Κ	Ρ	т	S	L	Y
Υ	Ε	I	V	Е	R	Ρ	Κ	С	Ν	J	С	Н	L
В	F	В	Μ	R	R	0	L	В	Κ	L	т	Ζ	Ν
L	Ε	G	Ε	Ν	D	Α	R	Υ	U	Y	L	Ρ	Т
Ρ	Ε	R	F	Ε	С	Т	Α	F	Μ	T	A	Κ	В
0	Т	Υ	Ε	I	0	U	I	R	Α	Ε	D	L	R
Е	Ν	С	Т	S	Κ	Т	Ν	0	G	L	Ρ	Y	Α
Е	0	S	Α	Ρ	U	Κ	В	T	Т	G	R	R	R
В	Y	Н	L	A	Ν	Α	0	W	С	I	L	J	F
Μ	Χ	F	Ε	R	L	R	W	Е	Α	0	S	R	Α
В	Ε	В	S	Κ	0	I	С	F	L	Ε	R	Ζ	Ν
С	L	F	В	L	Μ	0	Ρ	F	Η	0	R	Ν	В
L	Κ	L	L	Ε	F	Α	Ν	Т	Α	S	Y	S	т
Μ	Υ	S	Т	Ε	R	I	0	U	S	L	Α	Α	Υ
BEAUTIFUL					MAGICAL					RAINBOW			

FAIRY FANTASY HORN LEGENDARY MAGICAL MYSTERIOUS MYSTICAL MYTH PERFECT RAINBOW SPARKLE TALES UNICORN WILD

## SUDOKU

#### How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

1	4		9			5	7	
		6		2	5	1		
8			6		1			
	2	7		8	6			
				1		9	3	8
3			5	4	9	2		
	7	3	8				9	
	8						5	2
			2	6	7			

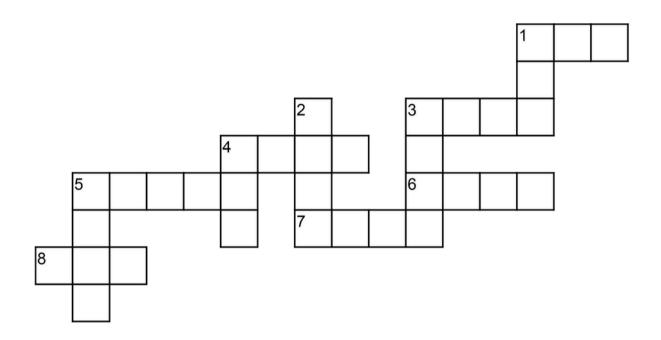
					1			7
	7			8			5	
6	1		9				4	2
6 7					8	5		
		8		6	3			
3	2					7		6
		4					2	
			4				3	8
8		5	1	2	6			

#### **Helpful Tip:**

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

## **WORD JUMBLE**

## Every answer uses only the letters in the word: **SCULPTURE**



#### Down

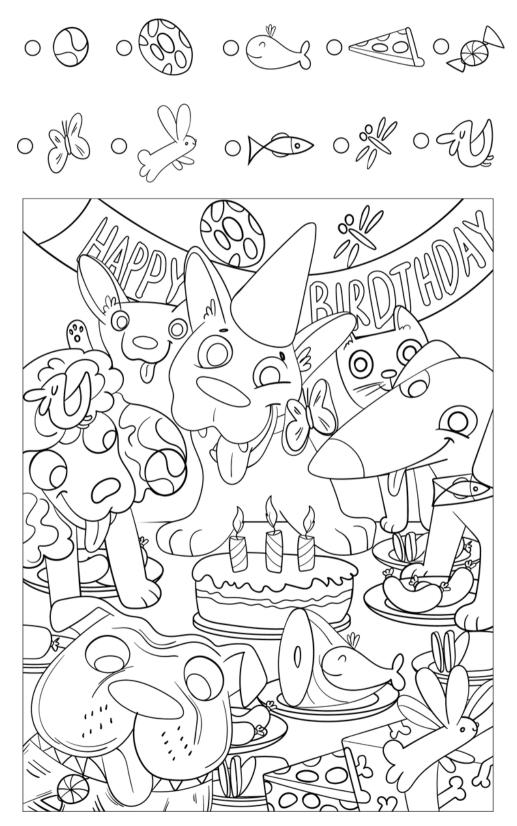
- 1. Pool hall stick
- 2. On the edge
- 3. Sleep, nap
- 4. Furry friend
- 5. Hot tip

#### Across

- 1. Make the grade
- 3. Red herring
- 4. Bonus
- 5. Hex
- 6. You betcha!
- 7. Animal hide
- 8. Grab a bite

## **SEEK AND FIND**

Find the hidden objects in the picture.





## SOLUTIONS

#### Trivia Answer: D. Q

There is only one letter that is not in any U.S. state name: the letter Q. 50 different names, and not one of them contains the letter Q.



1	4	2	9	3	8	5	7	6
7	3	6	4	2	5	1	8	9
8	5	9	6	7	1	3	2	4
9	2	7	3	8	6	4	1	5
4	6	5	7	1	2	9	3	8
3	1	8	5	4	9	2	6	7
2	7	3	8	5	4	6	9	1
6	8	4	1	9	3	7	5	2
5	9	1	2	6	7	8	4	3

5	8	2	3	4	1	9	6	7
4	7	9	6	8	2	3	5	1
6	1	3	9	7	5	8	4	2
7	4	6	2	1	8	5	9	3
9	5	8	7	6	3	2	1	4
3	2	1	5	9	4	7	8	6
1	9	4	8	3	7	6	2	5
2	6	7	4	5	9	1	3	8
8	3	5	1	2	6	4	7	9

