Daily Delight

SATURDAY • MARCH 8 • 2025

International Women's Day

Women...they're our grandmothers, mothers, sisters, nieces, cousins, and friends. They are smart, beautiful, and strong. It doesn't hurt that they smell good, too! Thanks to German suffragist, Clara Zetkin, International Women's Day is a day to celebrate all women all over the world and appreciate all they do, all they have achieved thus far, and all they will achieve in the future.

Zetkin proposed the day in August 1910 at an International Women's Conference and a year later, the day was celebrated in Austria, Denmark, Germany, and Switzerland where more than one million people attended the various rallies.

To all the women out there, know that you are loved and appreciated. Happy International Women's Day!



Today in History



In 1884, Susan B. Anthony addressed the U.S. House Judiciary Committee to argue the right to vote for women as an amendment to the U.S. Constitution. She, along with Elizabeth Cady Stanton created a large petition drive to support the abolition of slavery and pushed for equal rights.

senior living activity assistant powered by spectrio



DID YOU KNOW? Mother Vinegar

Vinegar doesn't expire and is a self-preserving fermented product. It's created when yeast consumes sugars, produces alcohol, and is fermented by Acetobacter bacteria to form vinegar. While it can become hazy or develop sediment, including a gelatinous "mother," these changes don't mean it's spoiled. Vinegar mothers can be used to create new batches, and vinegar typically doesn't need refrigeration due to its acidity.

TRIVIA

What body part prevents food and liquid from going into the lungs?

- **A** Epiglottis
- **B** Bronchi
- **c** Sinuses
- **D** Palate

TODAY'S FUNNY

How did Barbie become such a good swimmer?

She trained with doll-fins.

TODAY'S WISDOM

"Your present circumstances don't determine where you can go; they merely determine where you start."

- Nido Qubein

WORD SEARCH

I'M A BARBIE GIRL

ACCESSORI Ε S ISK ZA F В Ν K F ח М В Α В D \mathbf{C} М Ν Κ S K F R S R В C O Н KA Н Ν Т В В R Α Н Н ח В Α R В F Н E D R ARR G I C OΝ D ONCZAS Ε 0 E Ν Α C ONXΝ Т Т Ν ı R Ε Q FY Т В Ν ı F D 0 R В CVL В Ε \mathbf{D} Ν F Ν В O Н R Т Ε R Κ HRMCIVARYI Κ

BARBARA
BARBIE
KEN
MILLICENT

ROBERTS
ACCESSORIES
DOLL
FASHION

GENERATION
ICONIC
STYLE
TOY
VINTAGE

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	2				7		8	3
8	7	5			9			2
				8	1	4		
		8	4	7	2			
						2	9	8
1	5				8		7	
				2		8		5
		3	8	1	5			
		7		3		6	2	

6		3				1		
			4		7			
5	7		2			3		
5 3							2	8
			7	8	3			
8				8	9		6	
7		5			1		6 8 9	
		5 6					9	
	1		5	4				

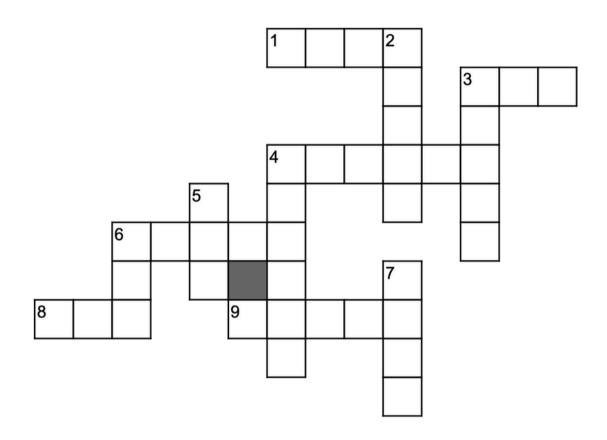
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

GENERATION



Down

- 2. Corn and oats are this
- 3. Argentinian dance
- 4. Valuation in stars
- 5. Afternoon drink
- 6. Gained
- 7. Silly smile

Across

- 1. One ____ to rule
- them all
- 3. Driving aid in golf
- 4. Country or area
- 6. Catherine or Peter
- 8. Consume
- 9. Go in

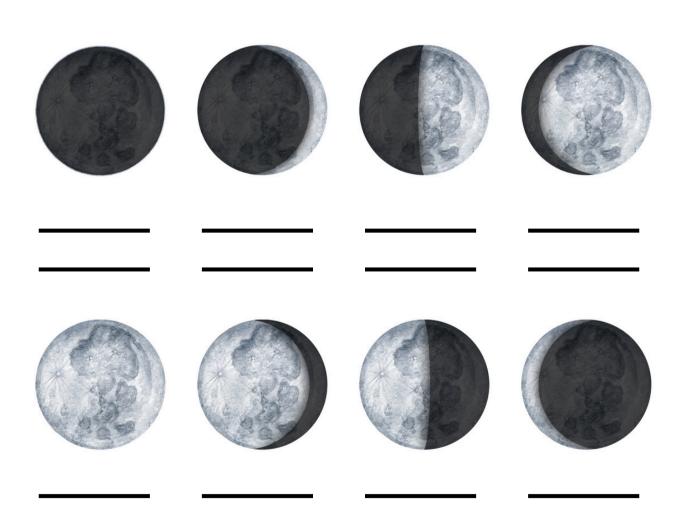
Test Your Knowledge

Can you name all the different phases of the moon?

Word Bank

Waning Gibbous
Last Quarter
Waxing Gibbous
Full Moon

Waxing Crescent First Quarter New Moon Waning Crescent





SOLUTIONS

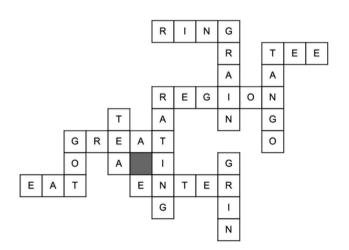
Trivia Answer: A.

Your epiglottis protects your ability to breathe by protecting your larynx (voice box). It keeps food and liquid from getting into your respiratory system.



4	2	1	5	6	7	9	8	3
8	7	5	3	4	9	1	6	2
6	3	9	2	8	1	4	5	7
3	9	8	4	7	2	5	1	6
7	4	6	1	5	3	2	9	8
1	5	2	6	9	8	3	7	4
9	1	4	7	2	6	8	3	5
2	6	3	8	1	5	7	4	9
5	8	7	9	3	4	6	2	1

6	4	3	8	9	5	1	7	2
1	2	9	4	3	7	8	5	6
5	7	8	2	1	6	3	4	9
3	9	1	6	5	4	7	2	8
2	6	4	7	8	3	9	1	5
8	5	7	1	2	9	4	6	3
7	3	5	9	6	1	2	8	4
4	8	6	3	7	2	5	9	1
9	1	2	5	4	8	6	3	7











NEW MOON

WAXING CRESCENT

FIRST QUARTER

WAXING GIBBOUS









FULL MOON

WANING GIBBOUS

LAST QUARTER

WANING CRESCENT