

Daily Delight

SATURDAY • MARCH 1 • 2025

World Compliment Day

Created by Hans Poortvliet of the Netherlands in the early 2000s, World Compliment Day (originally called National Compliment Day) is a day to address the basic human need for recognition and appreciation. If you've ever received a compliment, you know how good it makes you feel. Everyone loves compliments not only because they make people feel happy, but because they increase self-esteem, self-worth, pride, create mutual well-being, and when given on a job, they increase productivity. To participate in this day, all you have to do is simply give people you meet a sincere, honest, positive compliment. They'll feel better about themselves and you'll feel good, too!

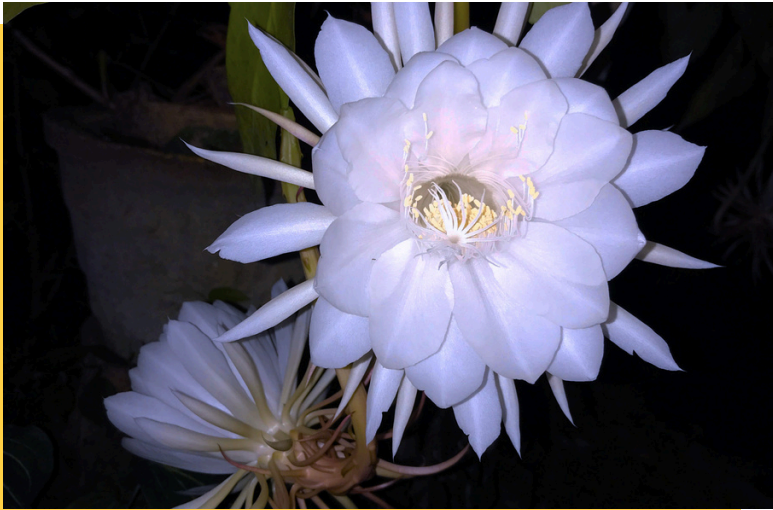


Today in History



In 1864, Rebecca Lee Crumpler became the first Black woman to earn a medical degree. Urging parents to be vigilant in caring for their children, she wrote one of the first medical manuals by an African American doctor in the United States, "Book of Medical Discourses," published in 1883.

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DID YOU KNOW?

The Priceless Flower

The Kadupul flower is found in Sri Lanka and certain parts of India and South America. It is so rare and fragile; that it only lasts a few hours. The Kadupul flower blooms once a year and emanates a lovely, calming fragrance. It only blooms at night and withers away before dawn. It is also impossible to pick without damaging it, making this flower priceless! It is the flower that simply cannot be bought.

TRIVIA

Which Everly Brothers song was rejected 30 times before it became a hit?

- A** Let It Be Me
- B** All I Have To Do Is Dream
- C** Till I Kissed Her
- D** Bye Bye Love

TODAY'S FUNNY

What do you call a pig with three eyes?

A piiig!

TODAY'S WISDOM

*"True knowledge exists in knowing that you know nothing."
- Socrates*

WORD SEARCH

TEETH SO WHITE

F L U O R I D E P O A J E J
Z Q E T K K F T F H M X C L
F S D E N A M E L Y F K X I
A O N E Q X M L N G T O T N
D O C T O R F I B I T E D N
L K L H A A I N L E E N V H
N K E L Z Y L N C N H I N S
O H A Y M O L A R I A O I H
G I N G I V I T I S R G L A
U A L C S L N S D T P F E D
M Q M A L I G N M E N T D V
S D N G Q A R F X F L T I H
A L P P E S D O H A A G L Q
F O H Y A V A F E R F K H G

FLUORIDE

ENAMEL

TEETH

DOCTOR

XRAY

CLEAN

MOLAR

GUMS

FILLING

GINGIVITIS

BITE

HYGIENIST

ALIGNMENT

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	7	8	6	5				
	4			9		6		7
		2		3		4	5	9
3					8	7		
7	6	5					1	
			7		6	9		
	8						4	3
		9	4	8	5			
		6	3				9	2

	8	3		5	2			
	7		3			6	4	
					1		5	
	1	6	9				8	
	9			1	7			
				2			6	1
7			1			5		
5					3	4		9
4				8		3		

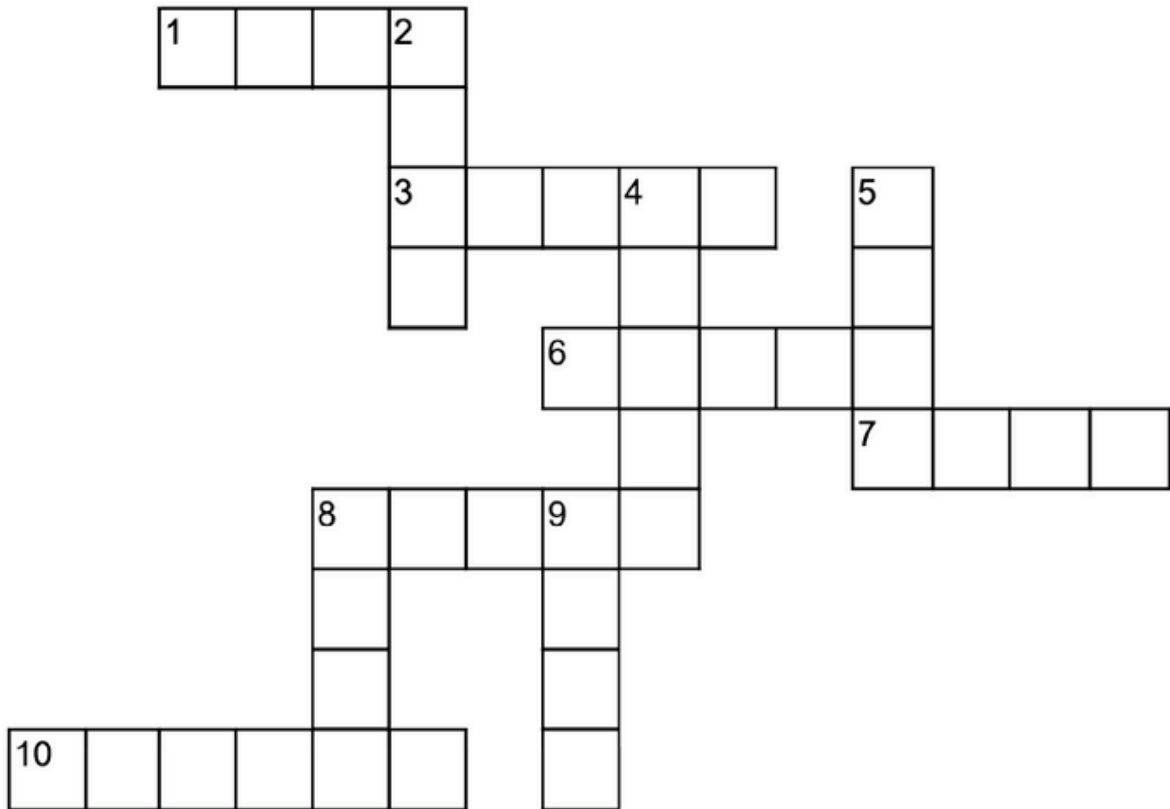
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

ROUTINES



Down

- 2. Currency in Ireland
- 4. Makes you cover your ears when loud
- 5. To make your home
- 8. Lemon flavor
- 9. Sourdough needs to do it

Across

- 1. Ditty
- 3. Devastation remains
- 6. Violent uprising
- 7. When you can't decide
- 8. Rhymes with bore, and is sometimes proof
- 10. Adding it in

Test Your Knowledge

**Solve the questions below to test your knowledge
and give your brain a workout!**

Although the United States National Parks date back to 1872, what year was the National Park Service established?

a. 1876 b. 1902 c. 1916

Where in the world is Labrador?

a. Scandinavia b. Africa
c. Canada d. Scotland

Solve the math problems:

$$\begin{array}{r} 9 \\ \times 2 \\ \hline \end{array}$$

$$\begin{array}{r} 53 \\ + 16 \\ \hline \end{array}$$

$$\begin{array}{r} 67 \\ - 104 \\ \hline \end{array}$$

$$\begin{array}{r} 84 \\ \div 6 \\ \hline \end{array}$$

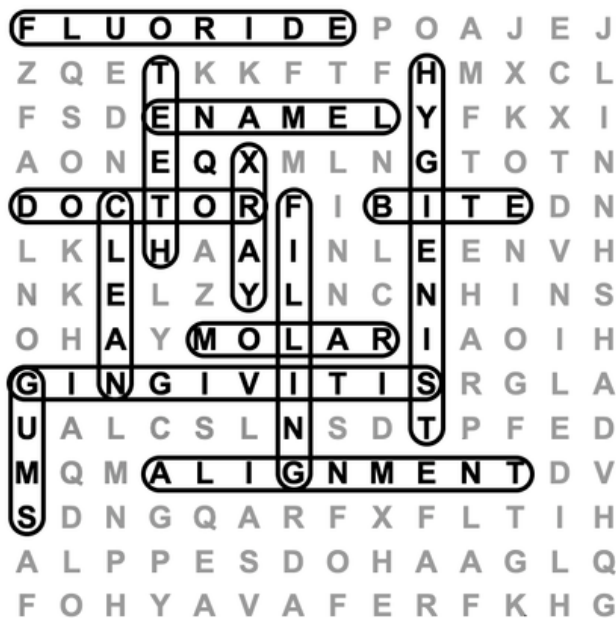
Which state features neither a national park nor a national monument?



SOLUTIONS

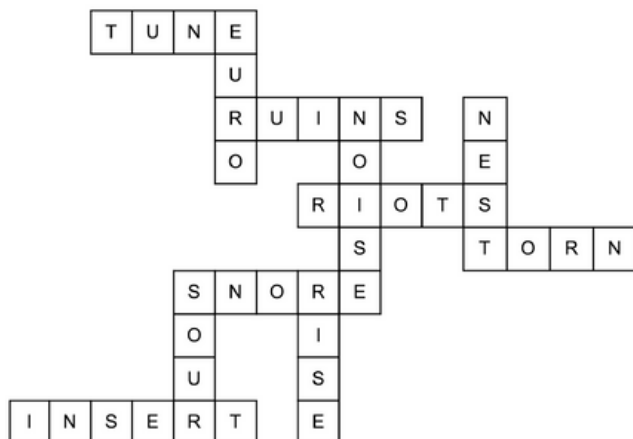
Trivia Answer: D.

"Bye Bye Love" had been rejected by 30 acts when songwriter Boudleaux Bryant played it for the Everlys. Their recording was soon a #2 pop hit and #1 country hit.



9	7	8	6	5	4	3	2	1
5	4	3	1	9	2	6	8	7
6	1	2	8	3	7	4	5	9
3	9	1	5	2	8	7	6	4
7	6	5	9	4	3	2	1	8
8	2	4	7	1	6	9	3	5
1	8	7	2	6	9	5	4	3
2	3	9	4	8	5	1	7	6
4	5	6	3	7	1	8	9	2

6	8	3	4	5	2	1	9	7
1	7	5	3	9	8	6	4	2
9	4	2	7	6	1	8	5	3
2	1	6	9	3	5	7	8	4
8	9	4	6	1	7	2	3	5
3	5	7	8	2	4	9	6	1
7	3	9	1	4	6	5	2	8
5	6	8	2	7	3	4	1	9
4	2	1	5	8	9	3	7	6



Answer: c. 1916

President Woodrow Wilson signed the act creating the National Park Service, known as the "Organic Act."

Answer: c. Canada

Labrador is the mainland portion of Newfoundland.

$$\begin{array}{r} 9 \\ \times 2 \\ \hline 18 \end{array}$$

$$\begin{array}{r} 53 \\ + 16 \\ \hline 69 \end{array}$$

$$\begin{array}{r} 67 \\ - 104 \\ \hline -37 \end{array}$$

$$\begin{array}{r} 84 \\ \div 6 \\ \hline 14 \end{array}$$

Ironically, the nation's first state, Delaware, does not house a national park or a national monument.