

Daily Delight

MONDAY • APRIL 7 • 2025

National No Housework Day

Who doesn't love the idea of a No Housework Day? It was created by Thomas and Ruth Roy at Wellcat.com, and it's a day to take a break from all the cleaning and chores around the house. You don't have to sweep, dust, or do the dishes, and you can even leave the windows dirty for a day! Forget about vacuuming, mopping, or organizing your closet. Just ignore the clutter and postpone all your chores for 24 hours.

Of course, you should still take care of basic sanitary necessities, but you can leave a few dishes in the sink for a change. Instead, spend the day reading a good book or playing board games with your grandkids. Above all enjoy your day off from housework!



Today in History



In 2019, Dick Nowitzki and Dwayne Wade played their final home NBA games before retirement. Also, Magic Johnson stepped down as the L.A. Lakers president of basketball operations. He was inducted into the Basketball Hall of Fame and named to the NBA 75th Anniversary Team.

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DID YOU KNOW?

Penguins' Misunderstood Legacy

The birds we call penguins aren't actually penguins. The term originally referred to the great auk, which went extinct over 180 years ago. Today's penguins belong to the Spheniscidae family, while great auks are part of the Alcidae family. Sailors named them penguins due to their similar appearance. Great auks lived in the North Atlantic but were hunted to extinction because of their appeal as food and the careless treatment they received from humans.

TRIVIA

Which part of the body is responsible for regulating body temperature?

- A** Lungs
- B** Hypothalamus
- C** Heart
- D** Liver

TODAY'S FUNNY

Why are people so tired on April 1st?

Because they just finished a 31-day March!

TODAY'S WISDOM

"Every moment in our lives is a miracle we should enjoy instead of ignoring."

-Yoko Ono

WORD SEARCH

WRITE ME A POEM

Z V M S V O Y A Z B I O Y N
N I L E A E A R F P S R L C
A L L I T E R A T I O N B F
R L K C M E A S T A N Z A X
R A A O W E R O E C N D L P
A N C U L H R L P A E E L P
T E O P A D A I I R T N A S
I L M L X R R L C W F N D J
V L X E O G P O I K S X E O
E E Q T O D G Q C E C R E A
H C S E L O E U M S C U X A
H A I K U J C Y K S P R S E
P O E C E R H L P T N L L A
E Q Y R L R L C R A F J R J

ALLITERATION

HAIKU

ODE

SONNET

BALLAD

LIMERICK

PASTORAL

STANZA

COUPLET

METER

RHYME

VERSE

EPIC

NARRATIVE

SOLILOQUY

VILLANELLE

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

2				1	6		3	
					3	1	2	7
	1	4			7			
	9		8	3		7		
1		5						
	8			2	9	4	6	
			7	5			9	3
		1	4			6	7	
9	7	2						1

6				8	1			
4	2		7					3
1						9		4
						5		9
2		5		4				6
		3		7	6	2	1	
			8				5	
	6	1			7		3	
	7	4	3	6				

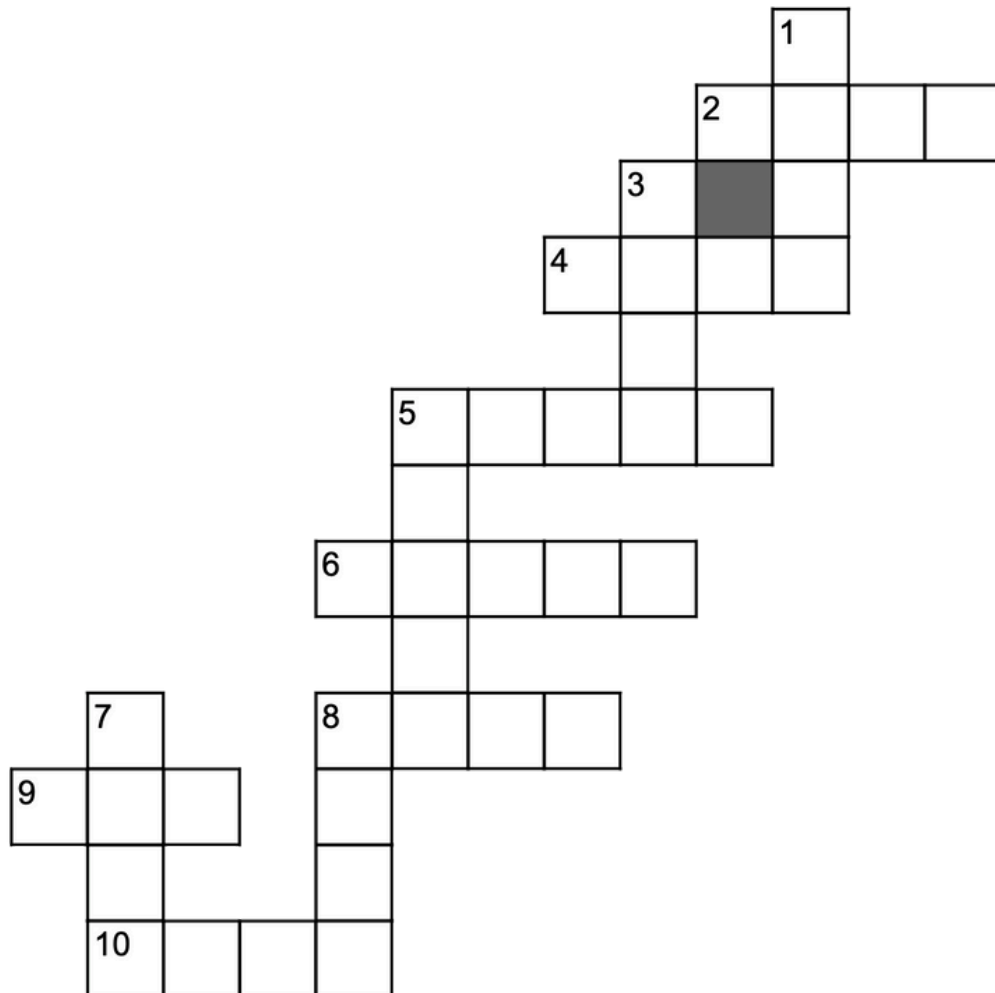
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

PENNYWORTH



Down

1. Ripped to shreds
3. Optimism
5. Alexander Bell's call
7. Tears like Niagara Falls
8. Believe the buzz

Across

2. Put on
4. "Zip, zilch, nada"
5. Absolute corruptor
6. A king's ransom
8. Not all wear capes
9. She
10. Voice inflection

Conversation Starters

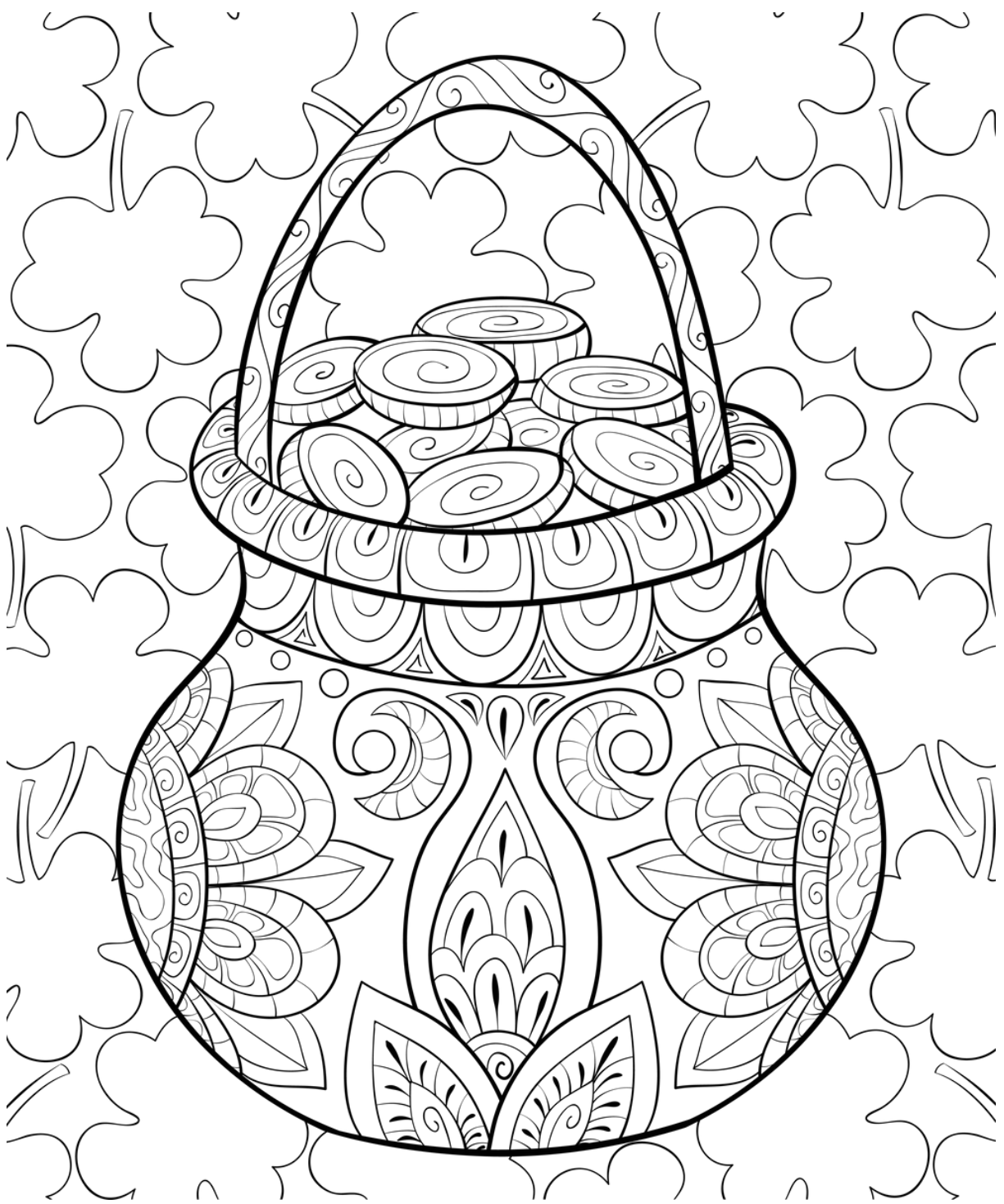
Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.

Did you have any heroes growing up?

If so, were they from movies, radio, books, sports
or someone in your life?

Which hero would you most like to meet and talk with?

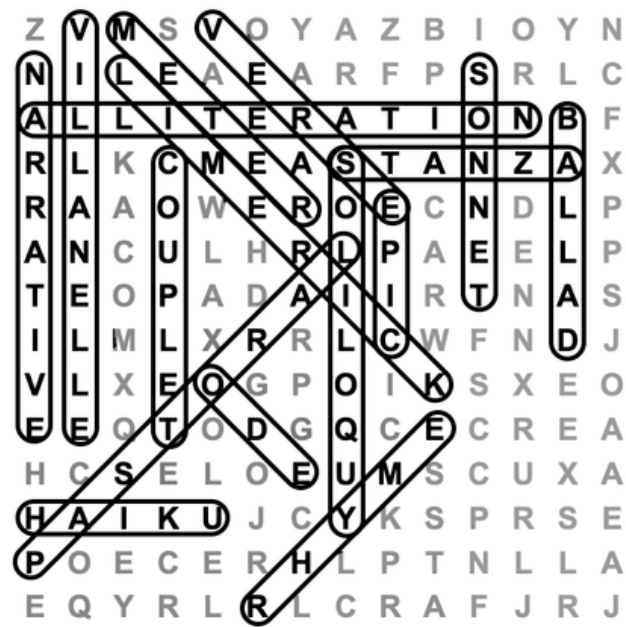




SOLUTIONS

Trivia Answer: B. Hypothalamus

Our internal body temperature is regulated by a part of our brain called the hypothalamus.



2	5	7	9	1	6	8	3	4
8	6	9	5	4	3	1	2	7
3	1	4	2	8	7	9	5	6
4	9	6	8	3	5	7	1	2
1	2	5	6	7	4	3	8	9
7	8	3	1	2	9	4	6	5
6	4	8	7	5	1	2	9	3
5	3	1	4	9	2	6	7	8
9	7	2	3	6	8	5	4	1

6	3	9	4	8	1	7	2	5
4	2	8	7	9	5	1	6	3
1	5	7	6	2	3	9	8	4
7	1	6	2	3	8	5	4	9
2	8	5	1	4	9	3	7	6
9	4	3	5	7	6	2	1	8
3	9	2	8	1	4	6	5	7
8	6	1	9	5	7	4	3	2
5	7	4	3	6	2	8	9	1

