

Daily Delight

FRIDAY • MARCH 22 • 2024

National As Young As You Feel Day

Do you feel younger than your actual age? Have people told you you don't look your age? Well, on As Young As You Feel Day, you can be whatever age you feel you are! Time goes by quickly and it seems like one day you're dreaming of the day you can grow up and the next day you're trying to figure out how you can go back in time to experience the good 'ol days again.

While time travel is still not a thing, you can at least spend today doing things that make you feel younger whether it's dancing, skydiving, or just staying out late. After all, age is just a number, so why not be the number you want?



Today in History



In 1977, comedienne Lily Tomlin made her debut on Broadway in "Appearing Nitely" at the Biltmore Theatre. The solo show was co-written by Tomlin and co-directed with Jane Wagner. She started her career as a stand-up comic and in sketch comedy.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW? The Original Cowboys

The original cowboys were Mexican cattlemen known as vaqueros. They did the long cattle drives, wore sombreros had chaps, and held rodeos for 200 years before the American cowboys. When Vaqueros helped the American cowboys, the settlers adopted the culture, and "vaqueros" was turned into "buckaroos." One in three cowboys were Mexican, and one in four were believed to have been black men released from slavery.

TRIVIA

What instrument was Ray Charles famous for playing?

- A** Piano
- B** Trumpet
- C** Trombone
- D** Guitar

TODAY'S FUNNY

Why are recycle bins optimistic?

Because they are full of cans!

TODAY'S WISDOM

Thinking is the hardest work there is, which is probably the reason why so few engage in it.

- Henry Ford

WORD SEARCH

R R U G G I F S I S D I E I
Z C P A T I O E S X X S K X
E P G R I L L I N G J E S L
L B N D H E G D E C K F E C
D P E E E V M R O Q E U S V
P I C N I C J M F M C R S G
H S W I N G S E T E O D X F
I P T N E I G H B O R I A T
Z A G G P O S R D A Z P H V
A S R C I A A T Y I E I U E
S Y M E E B U K S C H D K H
E L S W V O C N C V P V A P
P X F S P A R T Y G G P E G
I M S K B Y I G A T S M I H

BACKYARD

GRILLING

PICNIC

BARBECUE

NEIGHBOR

SWING SET

DECK

OUTDOORS

PATIO

FENCE

PARTY

GARDENING

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

1			2			4	3	
7	3			1				
9			3	5	7			2
					3		5	4
	5	7			2		1	
		6		8	5			3
	1			4	6			5
6						2		1
	4	3	7				8	

		9			2			
5		4			7	6		9
					6			3
7	5			9		1		
				3				
	8	1					4	7
			8		4		7	
6	7	3	5					4
1	4		6			2		5

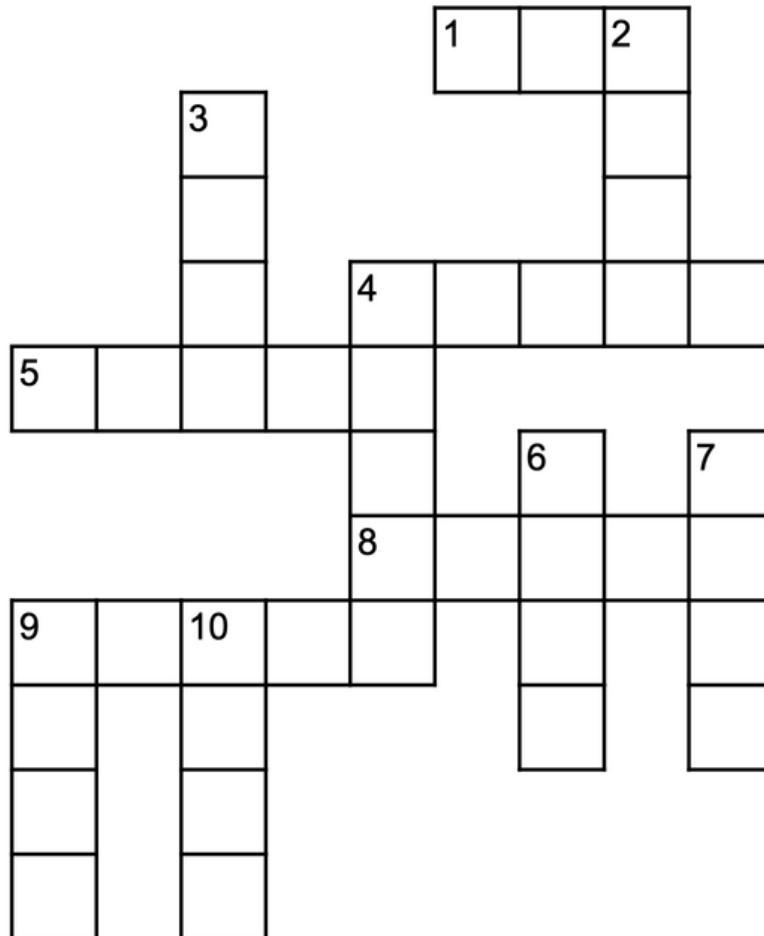
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

OBSERVANCE



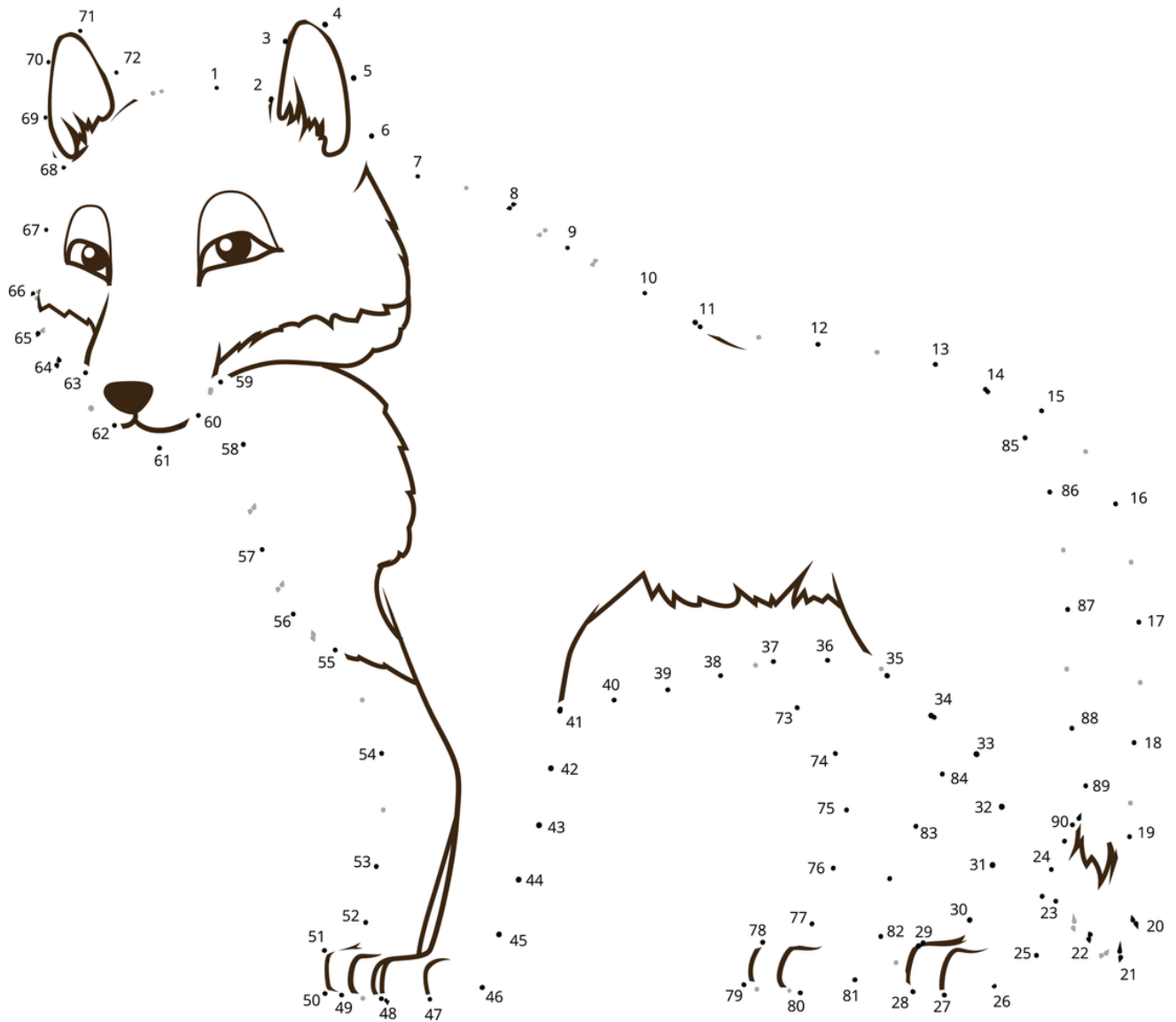
Down

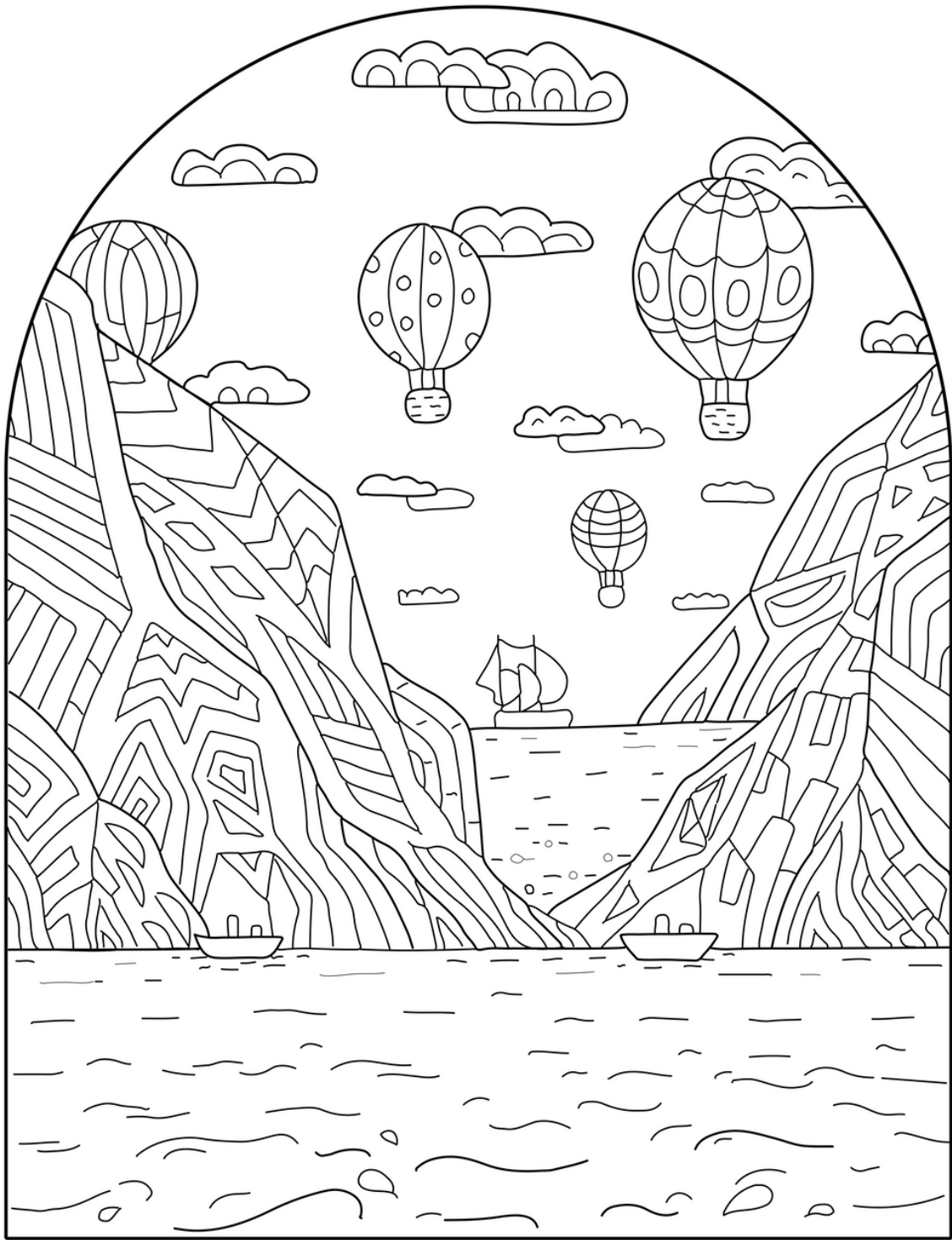
- 2. Ale or stout
- 3. Skeleton piece
- 4. Stop
- 6. Responsibility
- 7. Adjacent
- 9. Healing mark
- 10. Killer Whale

Across

- 1. Sphere
- 4. Venomous King
- 5. Clip
- 8. Shock
- 9. Game numbers to watch

Connect the Dots

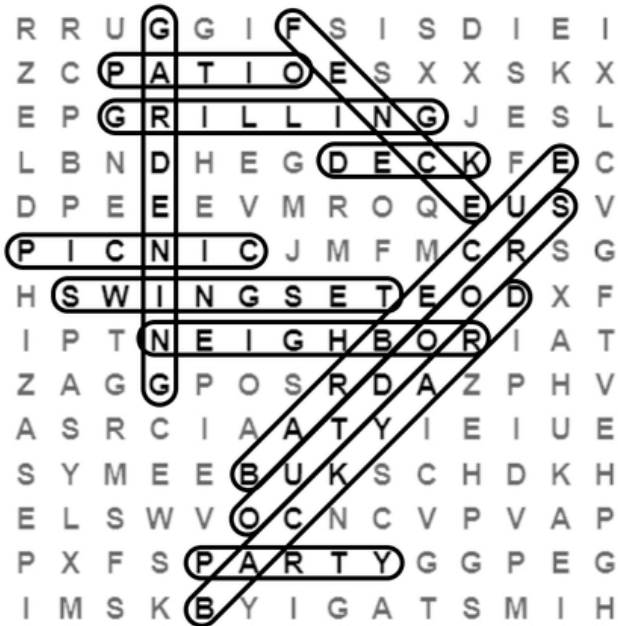




SOLUTIONS

Trivia Answer: A. Piano

Ray Charles Robinson Sr. was an American singer, songwriter and pianist.



1	6	5	2	9	8	4	3	7
7	3	2	6	1	4	5	9	8
9	8	4	3	5	7	1	6	2
8	2	1	9	7	3	6	5	4
3	5	7	4	6	2	8	1	9
4	9	6	1	8	5	7	2	3
2	1	9	8	4	6	3	7	5
6	7	8	5	3	9	2	4	1
5	4	3	7	2	1	9	8	6

8	6	9	3	4	2	7	5	1
5	3	4	1	8	7	6	2	9
2	1	7	9	5	6	4	8	3
7	5	6	4	9	8	1	3	2
4	9	2	7	3	1	5	6	8
3	8	1	2	6	5	9	4	7
9	2	5	8	1	4	3	7	6
6	7	3	5	2	9	8	1	4
1	4	8	6	7	3	2	9	5

