

RESIDENT DAILY DELIGHT

Word Search: The Squirreliest

WORD SEARCH

C R I T T E R O C K A E I P
N A T U R E A D T U S X G U
B U B J E U P G D E T E E O
O I I C E B A R O R T E Y T
M Y U W A B R O K L J O P S
J D B I A N K U G Y U T M Q
G P K L L C S N E S T B P M
O J T D A N I D M F D E B G
B R U L N Y O C F L D Y U E
I G B I L T G C T S U A L Y
Q E R F S A T U D D U E T P
R O D E N T U E C O A U E M
F M P A Y J Y M T U S N F M
M M J I I T C N Y U M M B T

Critter

Blacks

Cute

Flying

Grey

Ground

Nature

Nest

Parks

Pest

Rock

Rodent

Tree

Wildlife

SUDOKU

HOW TO PLAY SUDOKU

OBJECTIVE: Fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

A cell is the smallest block in the game. Rows, columns, and regions each consist of 9 cells, and the whole game consists of 81 cells. A region has thicker lines surrounding it.

The most basic strategy to find missing numbers is scanning and it consists of:

- 1) Crosshatching - Scan rows and columns to eliminate where a specific number can be in a given region.
- 2) Counting - Simply count all the different numbers in a row, column, and region that connect to one cell. If there is just one number missing, then that's what should be in the cell.

6	8			9	5				
	3			1			2		
7	5				8		3	9	
5		3	1		9	2			
1	6					3		7	
			6	8		4			
	7	4	8						
8							7	5	1
			2	6					3

			2	1	8	6		
		1				8	2	9
		6					7	
			4	2	7			
5	2				9			8
			1			4	9	
4		2				9	6	5
				7	4			
1	9	8						

HINTS:

Until you've had lots of practice figuring out puzzles, here are some questions that you can ask as you play to help you to make progress:

- Where could I place the value X in this row/column/box? (Go through the numbers 1 to 9, and scan to see if the number is already in that row / column / box)
- What value could I put in this cell? (If there's just one acceptable – put it in!)
- What row / column / box is nearly full, and can I fill it?

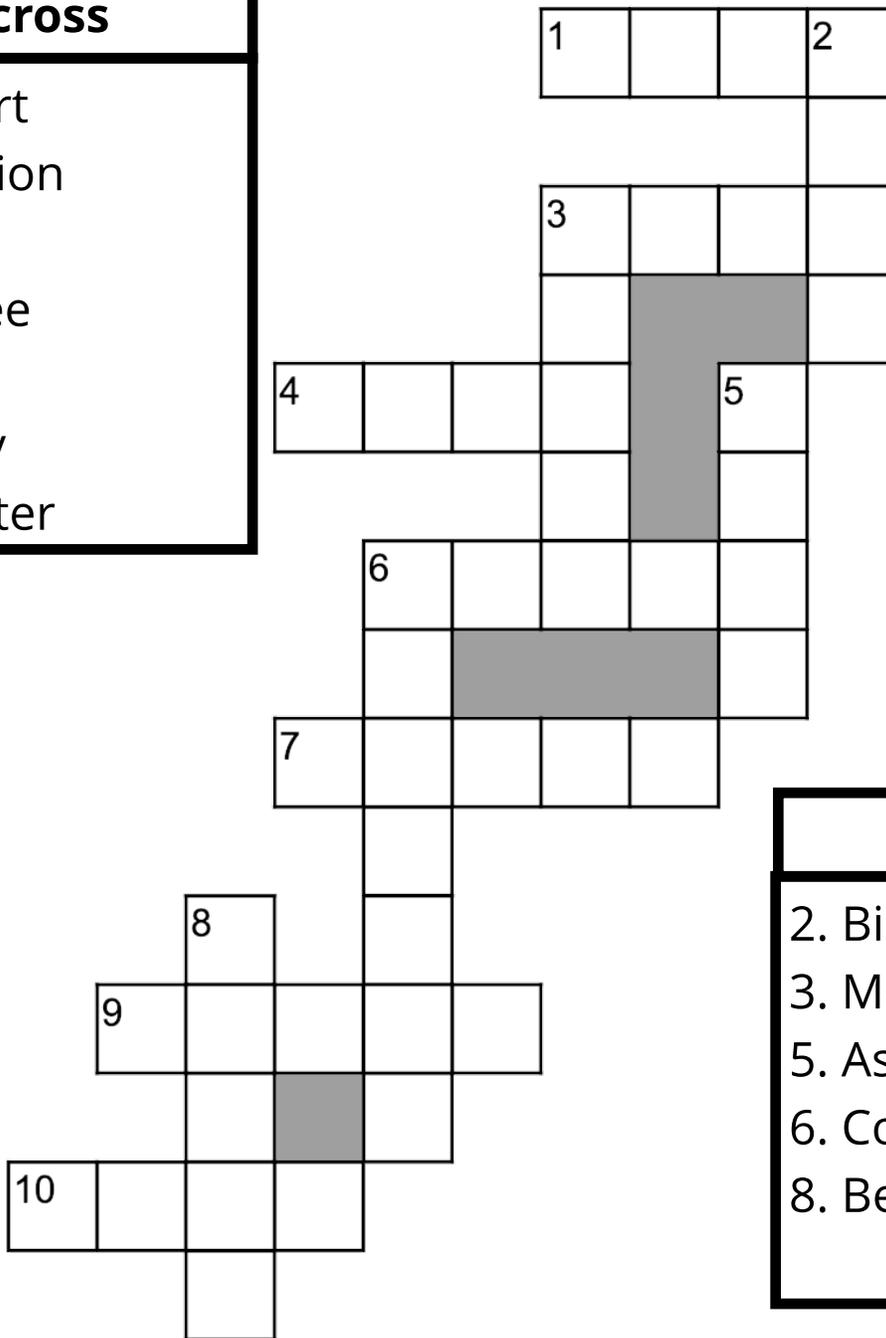
Word Jumble

Every answer uses only the letters in the word:

Squirreliest

Across

1. Depart
3. Location
4. Catch
6. Decree
7. Affair
9. Really
10. Plaster



Down

2. Binds
3. Metal
5. Ascend
6. Conclusion
8. Become

DID YOU KNOW???

The back hug is symbolic

The Back Hug is a sign of both trust and protection. ... If you are receiving a hug like this, it means someone literally has your back. And if you're giving it to someone, it means you are willing to protect them from anything.



Today's Trivia

On average how much time a month do people spend hugging?

- A. 25 min.
- B. 30 min.
- C. one hour.
- D. 20 min.

(answer on page 11)



Today's Wisdom:

One day, someone is going to hug you so tight that all your broken pieces will stick back together.

- Minion Movie

Send Us Your Tales!

We are excited that you are sharing your memories and stories with us! Keep 'em coming!

You can submit them via email at stories@seniorlivingmedia.com, or give them to your Community Activity Professional to send to us!

Make sure to put your first name and last initial along with city and state that you live in!

Today's Riddle:

I see now that not being hugged enough as a child was just preparing me.....

(con'd on page 11)



senior living
activity assistant
powered by spectrio

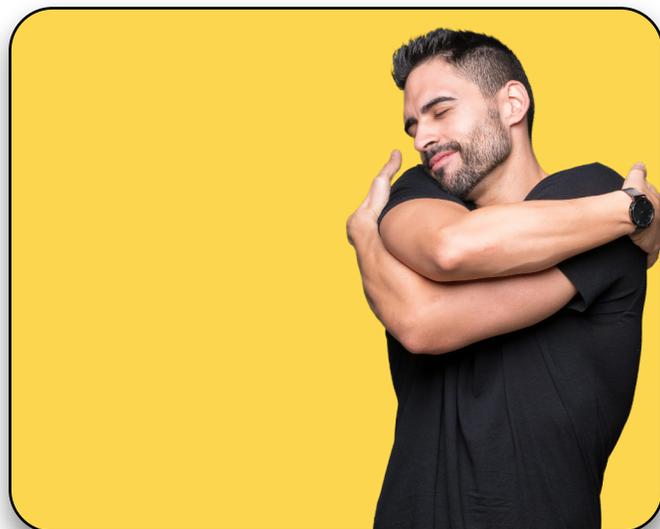
January 21st, 2021

Rebus Puzzles

Can you decipher the hidden meanings?

<p>1.</p> <p>W R E N C H</p> <p>H A M M E R</p> <p>C H I S E L</p> <p>P L I E R S</p> <p>© 2015 www.rebuses.co/free</p>	<p>2.</p> <p>EARTH</p> <p>EARTH</p> <p>© 2016 www.rebuses.co/premium</p>
<p>3.</p> <p>EAT YOUR</p>  <p>© 2013 www.rebuses.co/free</p>	<p>4.</p> <p>SHEAVENTH</p> <p>© 2015 www.rebuses.co/free</p>
<p>5.</p> <p>insigh</p> <p>© 2014 www.rebuses.co/premium</p>	<p>6.</p> <p>S O E S</p> <p>H W R</p> <p>© 2013 www.rebuses.co</p>

FUN NATIONAL DAYS



National Hugging Day

National Hugging Day is celebrated on January 21 of every year. It's a dedicated day especially to hugging. The main aim of the day is to motivate everyone to hug their family members and friends very often. The studies have said that hug will reduce our blood pressure, relieve stress and trigger the removal of healthy hormones like oxytocin. Doctors have suggested that 4-6 hugs per day are required for an emotional and physiological human being. So National Hugging Day is the perfect day to show your love to your family members and friends by hugging them.

HISTORY OF NATIONAL HUGGING DAY

Kevin Zaborney from Caro, Michigan created the National Hugging Day on March 29, 1986. The day was included in Chase's Calendar Events. Zaborney's friend chosen the day January 21 for National Hugging Day as it falls between Christmas, New Year's Day and Valentine's Day. Zaborney had considered that American people are very embarrassed to show their love in public and he created the National Hugging Day to change that.



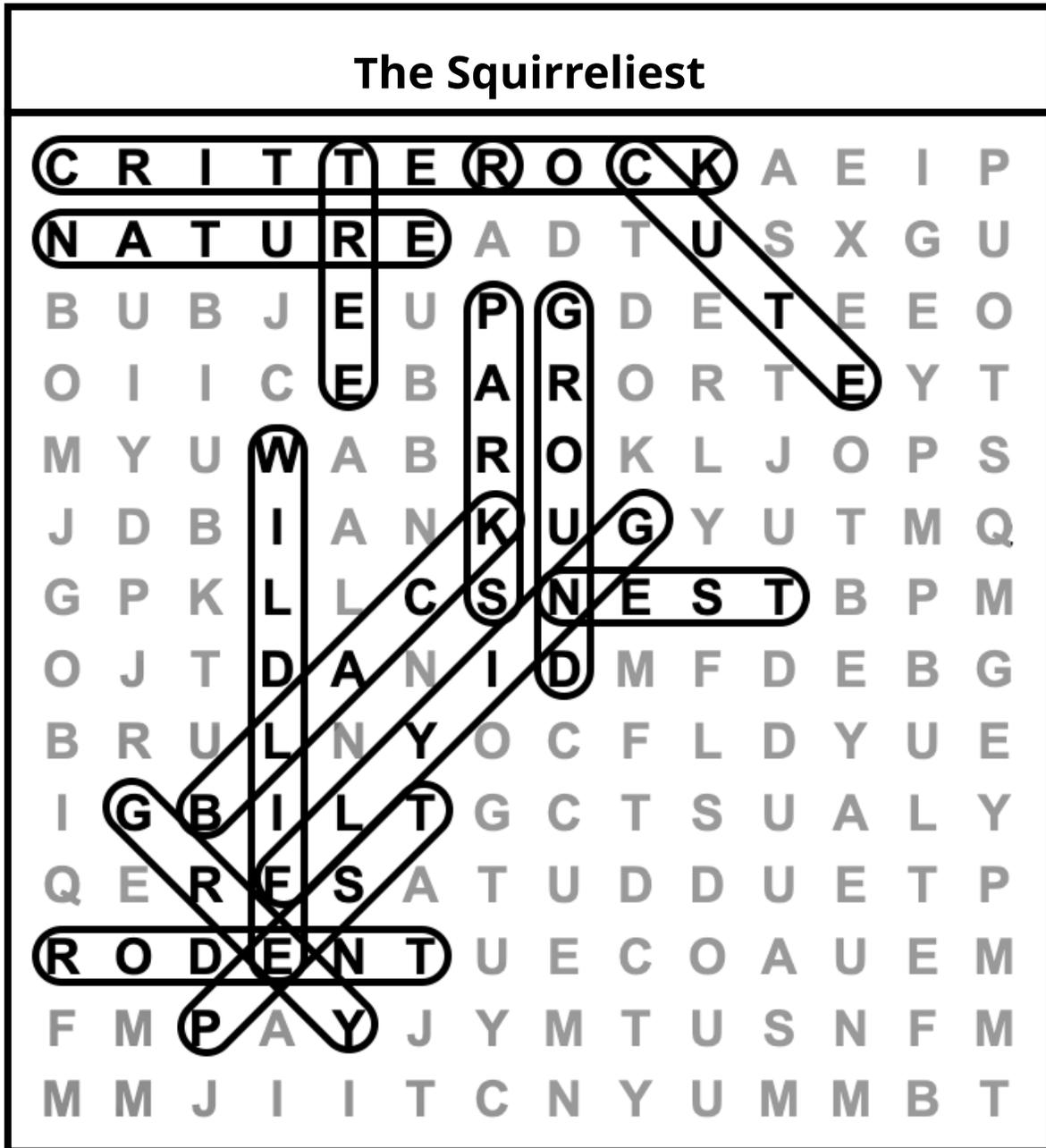
ON THIS DAY...

January 21, 1976

The Concorde, a commercial aircraft built with funding from the British and French governments, began regular service.

WORD SEARCH

SOLUTIONS



Resident Tale

Our Adorable Babies

By Ramona M., Cape Coral, FL

Every homeowner aspires to a lush, green lawn they seed it and sod it, fertilize it, and water it. And then they mow it. And mow it. And mow it. And sometimes they're surprised by what they find in it. A number of years ago, living in Centralia, IL, we had spent a week visiting my in-laws in Florida. Arriving home we discovered that there had been a tremendous amount of rain while we were gone and the grass had grown a phenomenal amount. About seven inches. A lot can be hidden in that much grass. As soon as we were unpacked, I saddled up our trusty lawn tractor and moseyed out to the backyard.

I had made several passes when I saw my husband Alan motioning for me to stop. He said that I had mowed over a rabbit's nest that was obscured by all that grass. The good news was that I had totally missed the bunnies. Assured by Alan that all was well, I peeked into the nest and there were

one, two, three, four...FIVE of the cutest little fuzz balls I had ever seen. But the doe was nowhere to be seen. I didn't know whether she was out feeding or whether we had frightened her off. We left the babies alone to see if Mom would come back. In the evening we propped a bucket up over the nest to give them some protection since I had peeled the roof off their home. The next morning the babies were still in the nest, and Mama was still nowhere to be seen. We didn't know whether or not she had fed them in the night. But we knew they were going to be in need of some breakfast sooner rather than later. I called a neighbor who was a volunteer at the animal shelter and she brought me a wire dog crate for a temporary home.

I always named my dolls, so I definitely couldn't have a bunch of un-named bunnies in my home. My grandfather had a batch of half-brothers, so I decided their names would do nicely: Otto, Hugo, Waldo, Brado, and Fritz. We didn't know if they were boys or girls. There were no pink ribbons or

ruffled petticoats on any of them. For all we knew they could have been Otto-ine, Hugette, Waldina, Bradetta and Fritz. All wild bunnies look like clones, and they don't wear name tags, so they're hard to tell apart. These were gray with white trim. But one was feistier than the rest, so he became Fritz.

A trip to the pet store got us some bunny bottles and a can of powdered formula. Luckily there were extensive instructions on the can. I certainly hadn't expected to be doing night feedings for the first time in about nine years. But there I was, sitting cross-legged on the floor of the breezeway, feeding one baby, perched on my knee, after another. I'd take one at a time out of the dog crate, feed him, then deposit him in our son Andy's wagon, so I'd know who had been fed. However, keeping them there was a bit of a challenge.

As they became more confident and comfortable with me, they began hopping back out of the wagon and exploring the breezeway. One time I carelessly left the door to the dining room open and ornery little Fritz decided to explore the house. And was he ever fast! It was rabbit hunting

season, only without the gun. I finally found him in the living room, behind the TV.

Eventually, Andy began pulling clover for them, and they gobbled it down. They grew like weeds....or like clover. I'd never met a baby rabbit close-up before, but I was surprised that they didn't have the cottontail I expected. They just had a little triangular tab that pointed to the ground. But as they grew, the tail began to tip upward. And there was the white powder puff, on the underside of the tab!

We only had them for about ten days. It seemed a lot longer than that at 2:00 in the morning! As soon as we thought they could forage for themselves, Alan and Andy took them to a nearby park and released them. I didn't want to see my babies leave the nest, but I felt like all those night feedings were my contribution to the Centralia Park District. Five energetic young rabbits to add to the population of the park.

SOLUTIONS

6	8	2	3	9	5	1	7	4
4	3	9	7	1	6	5	2	8
7	5	1	4	2	8	6	3	9
5	4	3	1	7	9	2	8	6
1	6	8	5	4	2	3	9	7
2	9	7	6	8	3	4	1	5
3	7	4	8	5	1	9	6	2
8	2	6	9	3	4	7	5	1
9	1	5	2	6	7	8	4	3

9	4	7	2	1	8	6	5	3
3	5	1	7	4	6	8	2	9
2	8	6	5	9	3	1	7	4
8	1	9	4	2	7	5	3	6
5	2	4	3	6	9	7	1	8
7	6	3	1	8	5	4	9	2
4	7	2	8	3	1	9	6	5
6	3	5	9	7	4	2	8	1
1	9	8	6	5	2	3	4	7

Trivia Answer:

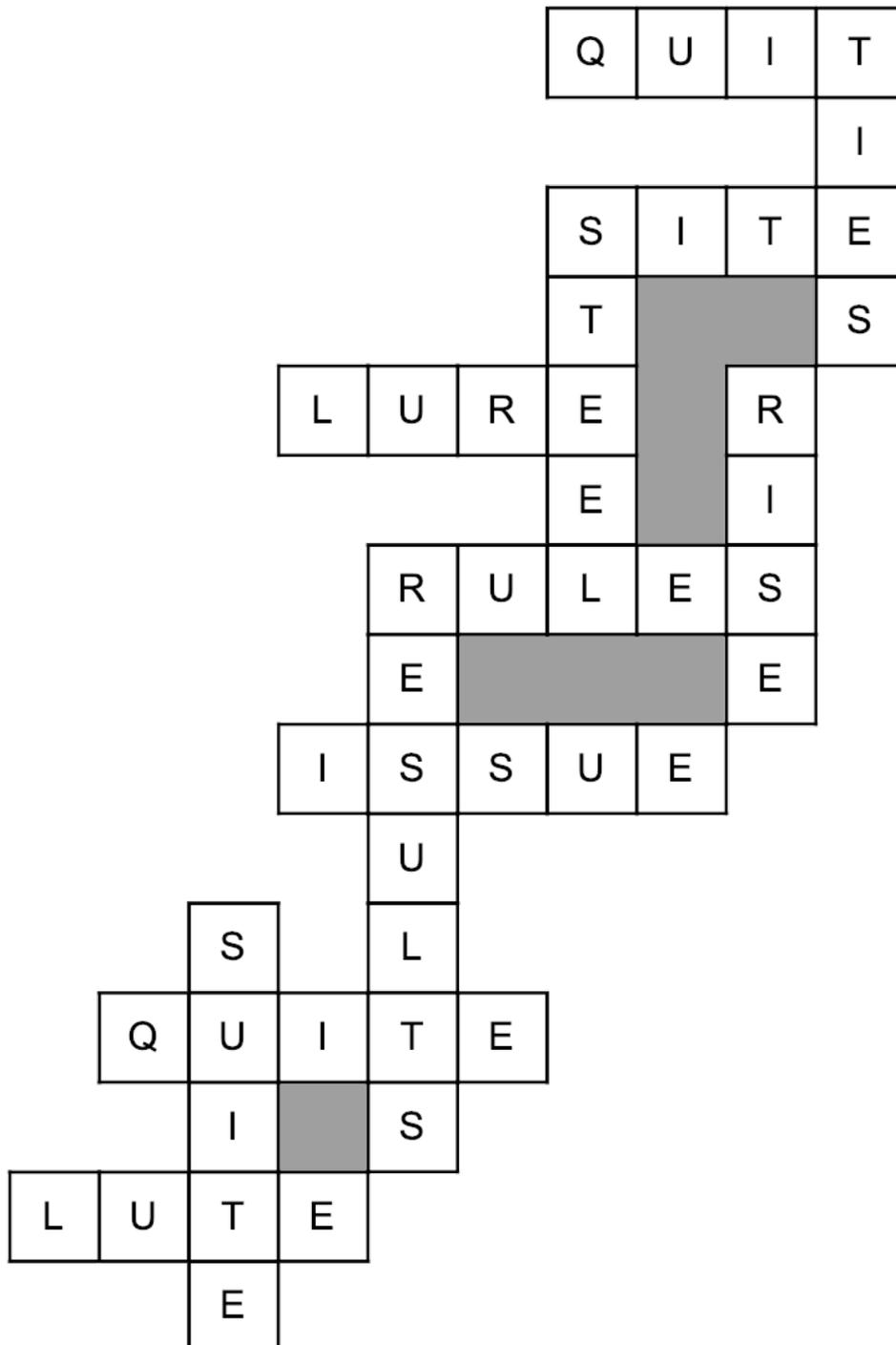
C. one hour.
Consider the average hug is under 10 seconds, that's a lot of hugs!

Riddle Answer:

...for social distancing.

Word Jumble Answers

Squirreliest



Rebus Puzzles

Can you decipher the hidden meanings?

<p>1.</p> <p>Down Tools</p>	<p>2.</p> <p>Ear to the ground.</p>
<p>3.</p> <p>Eat you heart out.</p>	<p>4.</p> <p>In Seventh Heaven</p>
<p>5.</p> <p>No end in sight.</p>	<p>6.</p> <p>Scattered Showers</p>

