

# Daily Delight

MONDAY • MAY 6 • 2024

## National Nurses Day

May 6th is National Nurses Day, and it's the perfect time to give nurses a shout-out and thank them for their hard work, especially during challenging times. Nurses play a vital role in society, and their contributions and commitments are immeasurable. National Nurses Day actually starts National Nurses Week, which runs through May 12th. May 12th is the birthday of Florence Nightingale. Florence Nightingale is considered to be the founder of modern nursing. She became well-known while taking care of the wounded soldiers during the Crimean War.

If you have friends or family members who are in the nursing field or have had amazing care from a nurse, let them know. A “thank you” and appreciation are always welcome.



## Today in History



In 1997, the 12th Annual Rock and Roll Hall of Fame Inductees included The Jackson Five, The Bee Gees, Buffalo Springfield, Joni Mitchell, Mahalia Jackson, Parliament-Funkadelic, Crosby, Stills & Nash, The (Young) Rascals, Syd Nathan, and Bill Monroe.

senior **living**  
activity assistant  
powered by **spectrio**



## DID YOU KNOW? The Beach Airport

Barra Airport in Eoligarry, Scotland has no asphalt. The hard-packed sands on the bay of Traigh Mhor are the runway and the only one of its kind in the world. Planes use the beach for takeoffs and landings and must keep a close eye on the tides and changing weather conditions. Barra operates twice daily flights to and from Glasgow. When the airport is not used it reverts to a public beach enjoyed by many.

## TRIVIA

What part of the human body is largely unable to repair itself?

**A** Teeth

**B** Skin

**C** Hair

**D** Bones

## TODAY'S FUNNY

The machine at the coin factory just suddenly stopped working, with no explanation.

*It doesn't make any cents.*

## TODAY'S WISDOM

*"Life's most beautiful people aren't perfect. They're real accidents of nature who have the ability to laugh at themselves and still be beautiful."*

*– Oliver Wendell Holmes Jr.*

# WORD SEARCH

A E R O N A U T I C A L U E  
S S F V E L V Q Q P I H B K  
N S L O Q C E D G C R S I P  
Y Q I R L R R Y O L P L N N  
L Y G I L D F E H E L X W I  
B I H G P G L P A A A E I N  
L Y T A S P Y Q X S N R N N  
E Y O M M B I C P Y E D G Y  
I N Y I A I N B L P Y E S E  
Q Q S P E K G W A P L F A N  
O O G O I N I P U K Y I R A  
I G S C V X N N O I I I C I  
E T H G S L E T G N Y I I A  
S L A N Y I A K I L A K N N

AERONAUTICAL  
AIRPLANE  
CREASE  
EASY  
FLIGHT

FLYING  
FOLD  
HANDS  
MAKING  
ORIGAMI

PAPER  
SIMPLE  
TOYS  
WINGS

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# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

3	2		5				4	1
		9	3		1			
	8		6			5		3
9	4	5	8	2				
7						6		
		2		1	3	4		9
	1	4			7			8
					5		7	4
2		8			9		1	5

	1	6		5				
	7			2	3	5	6	
		5				8	1	7
			2			1	9	
6			7			3		
5		1	6				7	2
3	2				4			
	6				8	9		
1				6	2			8

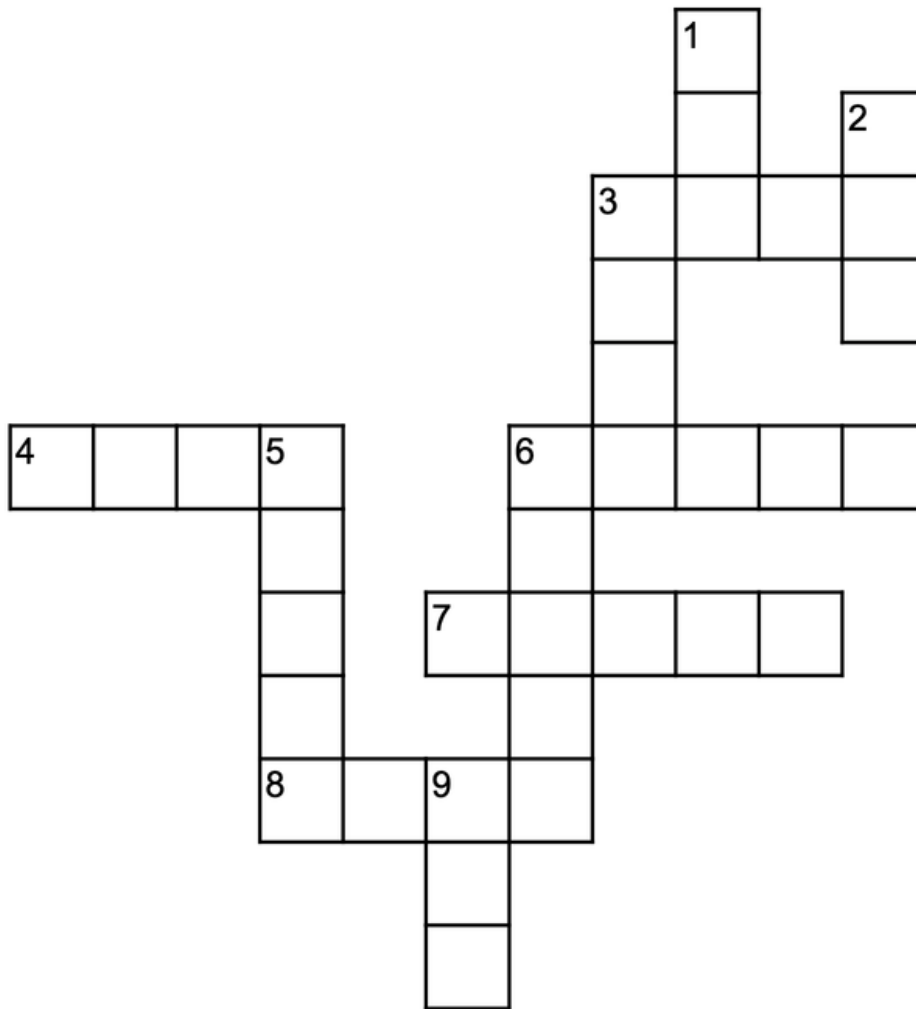
## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# WORD JUMBLE

Every answer uses only the letters in the word:

**REFRIGERATOR**



## Down

1. Short for tercentenary
2. Sense of self
3. Trepidation
5. Keen to get going
6. To welcome
9. London atmosphere

## Across

3. Kermit is one
4. Paid to ride
6. Cheat
7. Throwback fad
8. Separation

# Conversation Starters

**Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.**

Did you play a musical instrument or sing in a choir when you were younger? Do you still play or sing?

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Who was your favorite artist when you were younger, and who / what do you like to listen to now?

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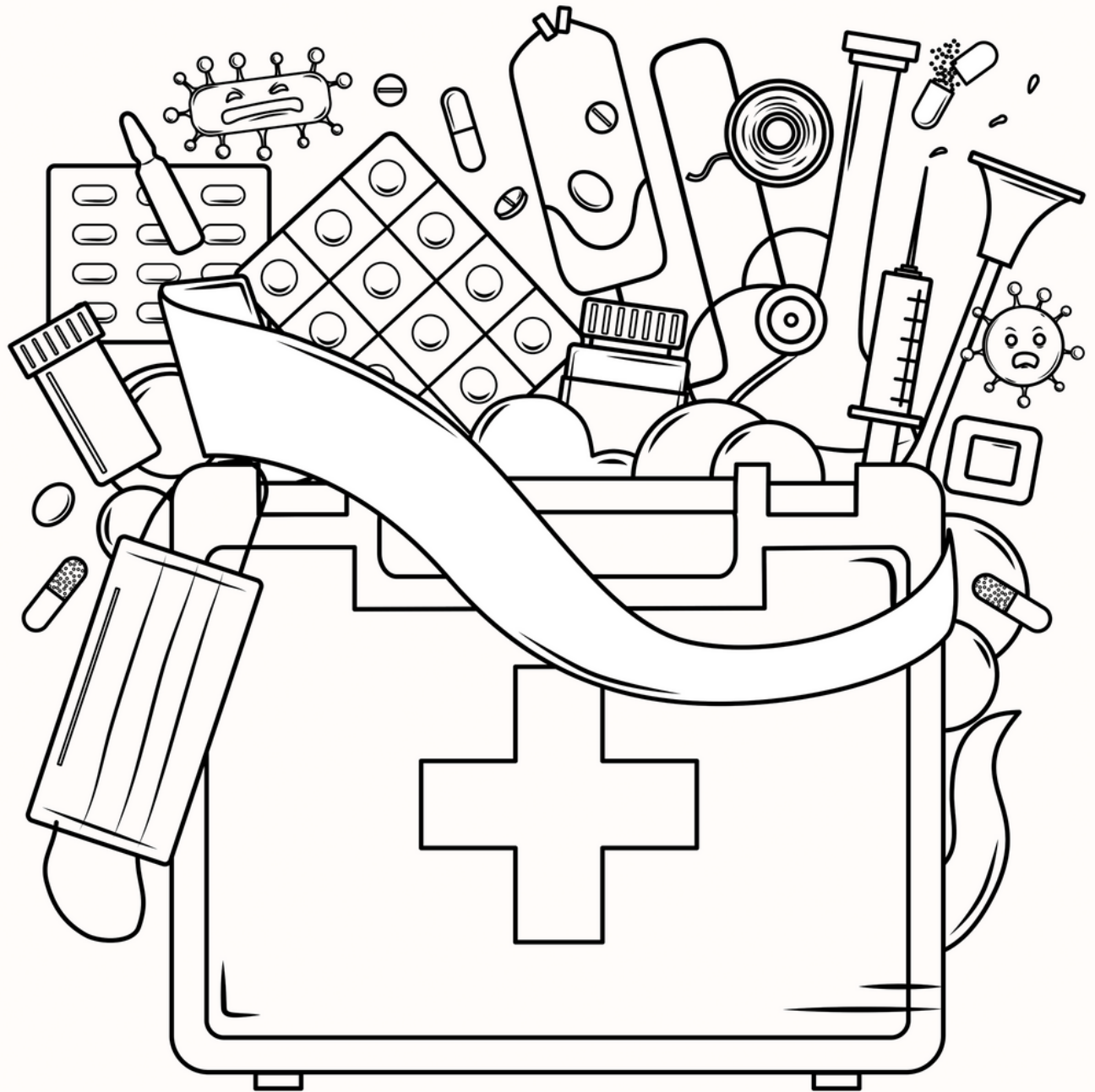
What was your first concert?

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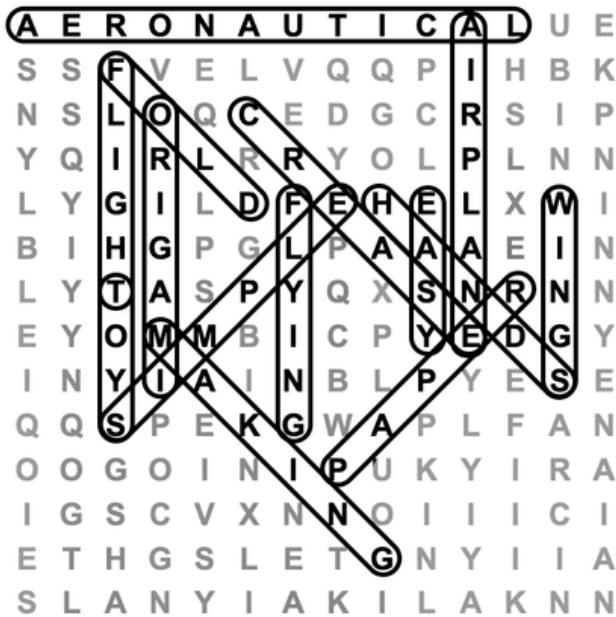


# SOLUTIONS

## Trivia Answer: A. Teeth

Skin can repair itself and bones can readily fix themselves; in fact, most body parts can repair themselves over some time, but teeth don't.

3	2	6	5	9	8	7	4	1
4	5	9	3	7	1	8	2	6
1	8	7	6	4	2	5	9	3
9	4	5	8	2	6	1	3	7
7	3	1	9	5	4	6	8	2
8	6	2	7	1	3	4	5	9
5	1	4	2	3	7	9	6	8
6	9	3	1	8	5	2	7	4
2	7	8	4	6	9	3	1	5



9	1	6	8	5	7	2	3	4
8	7	4	1	2	3	5	6	9
2	3	5	4	9	6	8	1	7
7	4	3	2	8	5	1	9	6
6	9	2	7	4	1	3	8	5
5	8	1	6	3	9	4	7	2
3	2	8	9	7	4	6	5	1
4	6	7	5	1	8	9	2	3
1	5	9	3	6	2	7	4	8

