senior living activity assistant

Tuesday, April 4th, 2023

# RESIDENT DAILY DELIGIT



### National Walk Around Things Day

Today is a holiday open to interpretation. This day may be looked at both figuratively and literally. Literally, one would not walk through a puddle of water or mud; one would walk around it. One would not walk under a

ladder or over broken glass, one would walk

around both.

Figuratively, one would "walk-around" avoiding certain problems or potential problems. One would also "walk-around" avoiding arguments, certain situations or unwanted or uncomfortable conversations.

Another possible intent of this day could very well be to walk around things such as a neighborhood, park or the shopping mall. While we're walking around we might also walk around obstacles or structures we come across during our stroll. In a park, we might find a fountain or swing set to walk around. At the mall, benches and planters interrupt our easy stride. Of course, at home, we have all sorts of things that we walk around willingly. Sometimes the reason we walk around these items is pure avoidance like laundry or clutter. We might also walk around a sleeping pet.



ON THIS DAY... April 4, 1975

Bill Gates and Paul Allen founded Microsoft, which became the world's largest personal-computer software company.

### **DID YOU KNOW???** That's a lot of steps!

George Meegan walked 19,019 unbroken miles. His epic journey began in Tierra Del Fuego, South America, and took place between 1977 and 1983 ending in Prudhoe Bay, Alaska. At the time no human had ever traversed the Americas, by vehicle, or even aircraft. During his walk, he wore out 12 1/2 pairs of Italian hiking boots, married his Japanese sweetheart, had two children, visited President Jimmy Carter, and collected 8 world records.





### Today's Trivia

At which Olympics did women begin competing in racewalking?

A. 1904 St. Louis B. 2022 Beijing C. 1992 Barcelona D. 1928 Netherlands

(answer on page 8)

**Today's Wisdom:** There is no habit you will value so much as that of walking far without fatigue

— Thomas Jefferson

Today's Riddle:

Why do cats walk around houses like they own the place? (continued on page 8)



## DAILY WORD SEARCH Walk Around Things Day



Arguments Broken glass Conversations Downtown Ladders Campus Neighborhood Park Pile of Laundry Pond Problems Puddles Shopping mall Sleeping pet The Block

## **SPOTLIGHT TRIVIA** In Which State....

1. In which state would you find the bulk of the Ozarks?

A. Colorado	C. California
B. Arkansas	D. None of these

- 2. In which state would you find Bubble Rock?
  - A. MaineC. MassachusettsB. CaliforniaD. None of These
- 3. In which state would you find the original Smithsonian museum?

A. Virginia	C. Pennsylvania
B. Maryland	D. None of These

- 4. In which state would you find the Gateway Arch?
  - A. New YorkB. MissouriC. FloridaD. None of These
- 5. In which state would you find Mesabi range?

A. Wisconsin	C. Michigan
B. Ohio	D. Minnesota

### **WORD JUMBLE** Every answer uses only the letters in the word: How many can YOU make?

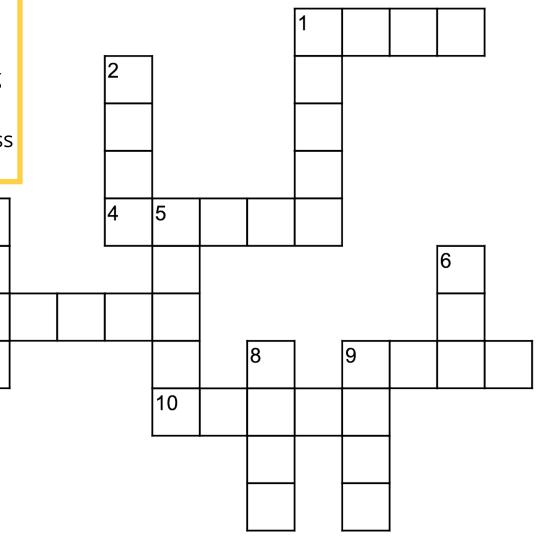
## Conversation

#### Across

- 1. Choose a winner
- 4. Young and pure
- 7. Respond to something
- 9.5 pointed shape
- 10. Like your hand in class

3

7



- Down
- 1. Tone of
- 2. Cartoon (abbr.)
- 3. Pony's father
- 5. Film entertainer
- 6. Ocean
- 8. Climb
- 9. Put in the mail

## Sudoku

#### HOW TO PLAY SUDOKU

OBJECTIVE: Fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

A cell is the smallest block in the game. Rows, columns, and regions each consist of 9 cells, and the whole game consists of 81 cells. A region has thicker lines surrounding it.

The most basic strategy to find missing numbers is scanning and it consists of:

1) Crosshatching - Scan rows and columns to eliminate where a specific number can be in a given region.

2) Counting - Simply count all the different numbers in a row, column, and region that connect to one cell. If there is just one number missing, then that's what should be in the cell.

5 4					1	3		9
4			5			7		
	6		5 2		7		1	
	8 2 4							6
9	2		6	4				
	4		7			9		
				2	3	6	7	
		1					2	
		7		6		4		

	2		8	3	9	5		
				5		1	7	
	8	6	4					
9	5			4	8		1	
3 6	1		6					
6			9			3	8	2
			1	9				6
	6	3		8	4	7		
1	9	4			2			5

#### HINTS:

Until you've had lots of practice figuring out puzzles, here are some questions that you can ask as you play to help you to make progress:

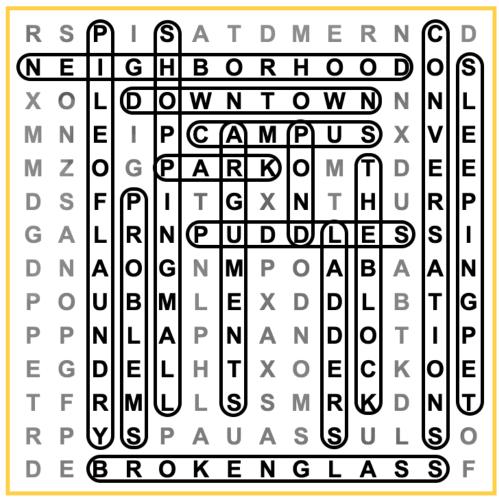
- Where could I place the value X in this row/column /box ? (Go through the numbers 1 to 9, and scan to see if the number is already in that row / column / box)
- What value could I put in this cell? (If there's just one acceptable – put it in!)
- What row / column / box is nearly full, and can I fill it?

## **SPOTLIGHT TRIVIA ANSWERS**

- 1. B. Arkansas
- 2. A. Maine

- 3. D. None
- 4. B. Missouri
- 5. D. Minnesota

## WORD SEARCH SOLUTION Walk Around Things Day



5	7	2	1	0	2	0	5	6	Λ
		2	1	8	3	9	5	6	4
	4	3	9	2	5	6	1	7	8
	5	8	6	4	7	1	9	2	3
<u> </u>	9	5	2	3	4	8	6	1	7
	3	1	8	6	2	7	4	5	9
5	6	4	7	9	1	5	3	8	2
Distalla Anormani	8	7	5	1	9	З	2	4	6
<b>Riddle Answer:</b> Well, you can't spell	2	6	3	5	8	4	7	9	1
"homeowner" without "meow"!	1	9	4	7	6	2	8	3	5

5	7	2	4	8	1	3	6	9
4	1	9	5	3	6	7	8	2
3	6	8	2	9	7	5	1	4
7	8	5	3	1	9	2	4	6
9	2	3	6	4	8	1	5	7
1	4	6	7	5	2	9	3	8
8	9	4	1	2	3	6	7	5
6	5	1	9	7	4	8	2	3
2	3	7	8	6	5	4	9	1

Trivia Answer:

C. 1992 Barcelona

## WORD JUMBLE SOLUTION

## Conversation

