

Daily Delight

MONDAY • DECEMBER 30 • 2024

National Resolution Planning Day

If you finished your to-do list yesterday but forgot to plan your resolutions for the new year, you're in luck. Today is National Resolution Planning Day, so you can spend some time today thinking about your goals for next year and planning out how you'll accomplish them! Created in 2017 as a way to reflect on the past year, identify goals for the future, and create a plan of action, National Resolution Planning Day is also a great way to bring friends and family together to support each other in working towards their dreams. Just because only 10% of people are successful at keeping their New Year's resolutions, doesn't mean you shouldn't try. Plan your resolutions for the new year today!



Today in History



In 1981, Stevie Wonder released his single "That Girl," which won Billboard Song of the Year in 1982. Wonder was a child prodigy and signed with Motown Records when he was 11 years old. He's won 25 Grammy Awards and was inducted into the Rock and Roll Hall of Fame in 1989.

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DID YOU KNOW? **Canyon Project to Iconic Landmark**

The Hoover Dam, originally known as the Boulder Canyon Project, was later called the Black Canyon Project before being referred to as the Boulder Dam. It was officially named the Hoover Dam in honor of President Herbert Hoover, amidst controversy due to his unpopularity during the Great Depression. It wasn't until 12 years later that a House Resolution passed to formalize the name.

TRIVIA

In a decathlon what is the first event?

- A** 100 meter
- B** Long jump
- C** Shot put
- D** Pole vault

TODAY'S FUNNY

What do you call an unknown baker?

John Dough

TODAY'S WISDOM

*"May all your troubles last as long as
your New Year's resolutions."*

- Joey Lauren Adams

WORD SEARCH

IT MEANS APPLE

A E K E A A K K I O C F M U
H P P U P G O X A G G K Z T
U O F L P O U L F J K A Y Z
T M M E E R R L T A A V F I
Q M A H L H L H H E O R A I
E E A N L P T V I T C U Y I
F L O Q Z J K Q F M A C A G
T A M U O A L P H O O H J T
Y I E A U B N T O I N T K P
U H N T E I A A T T A T R G
P M A A R K O D G O C A T P
E Q T O I O R B C M H I L T
O H L A A I M T T H R P P L
K A R G I U A O Z M E T A G

APFEL

JABIKO

OMENA

APPEL

MAÇÃ

POMME

ELMA

MANZANA

QUÁ TÁO

EPLÉ

MELA

VRUCHT

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

9		3			4	7	5	2
			9			4		6
7	6		3	5	2	1		
1	4	5		9				
				2	1			
	7					6		9
	3	7	6				8	
	5	8					4	
			5	4		3	6	

			6		2		1	5
	5		8	4				
	8		1				4	7
	1	6		2			8	
		9				6	2	
		3	4	6	5			
2		7			1			
	9			7	6	2	5	
1								8

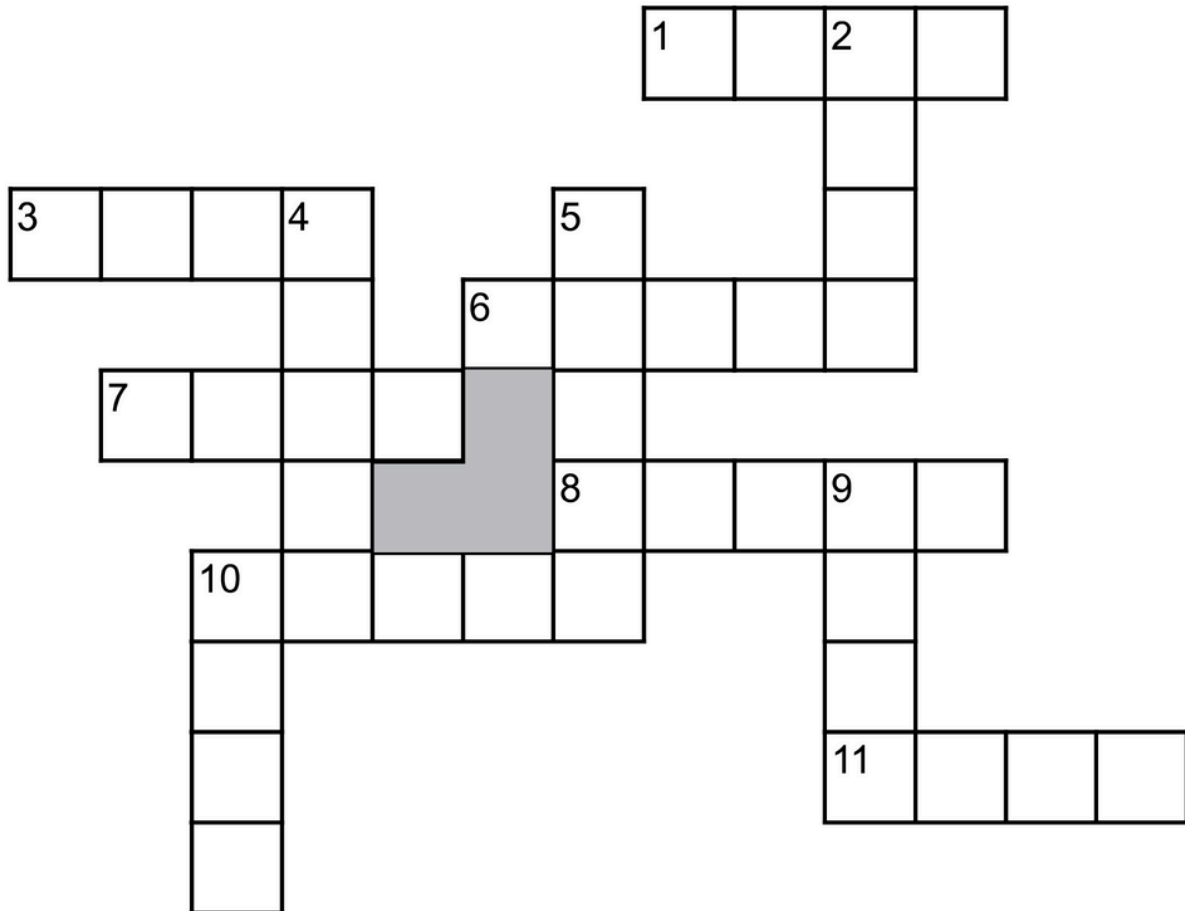
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

MEATLOAF



Down

- 2. Recognition
- 4. Mineral (silver)
- 5. Up in the air
- 9. Nuclear energy
- 10. Inevitability

Across

- 1. Opposite of right
- 3. Group of players
- 6. Blaze/fire
- 7. After deadline
- 8. Incurable
- 10. Hover on the surface
- 11. Thaw out

Conversation Starters

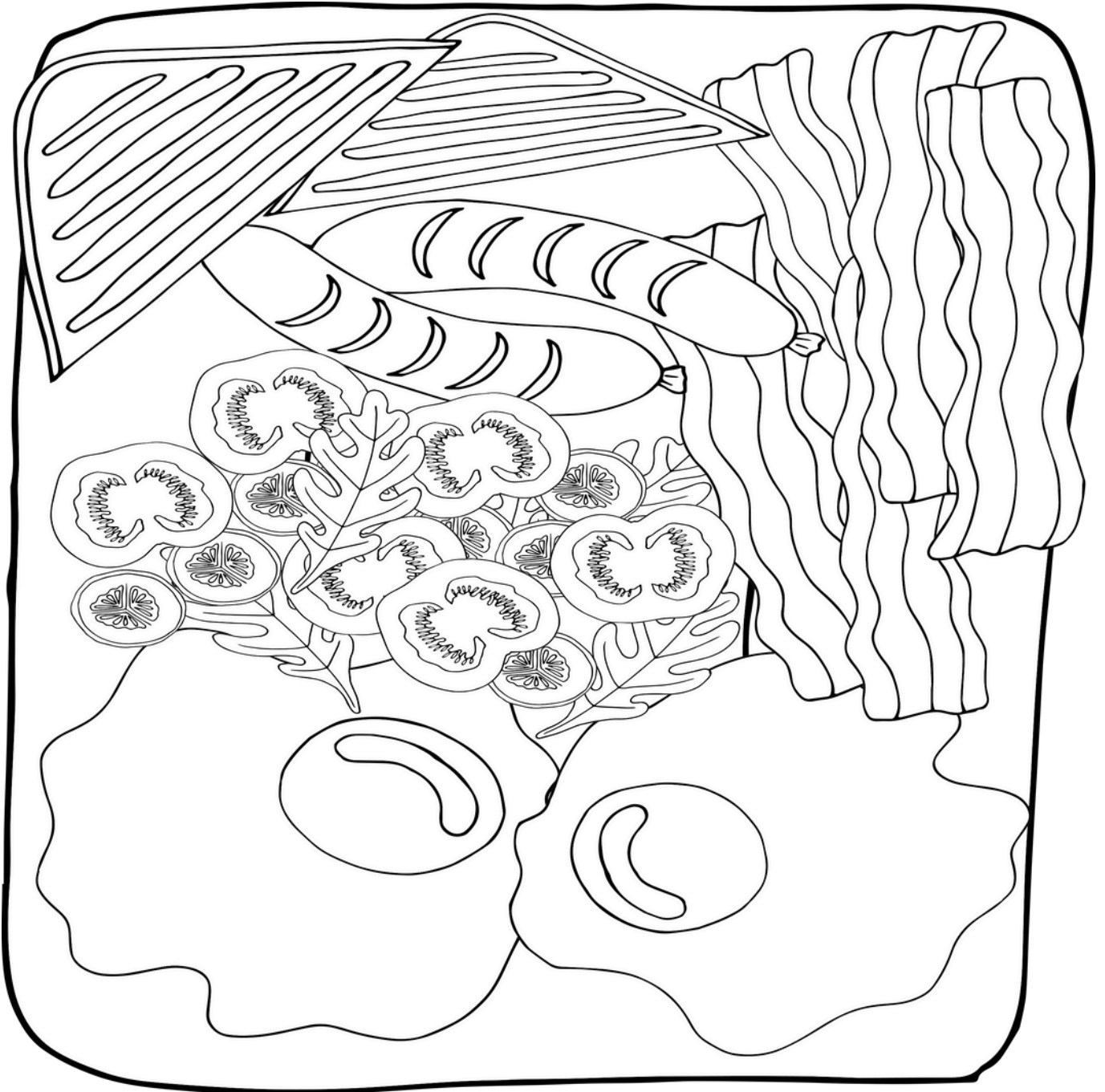
Use the following conversation prompts to start a discussion with friends or family! You may also use the provided lines to answer the questions on your own if you prefer.

Do you enjoy watching the Olympics? Which is your favorite Winter Olympics or Summer Olympics?

What sport is your favorite? What do you think the most unusual sport is in the Olympics?

What country do you think would be a good host for the Olympics?



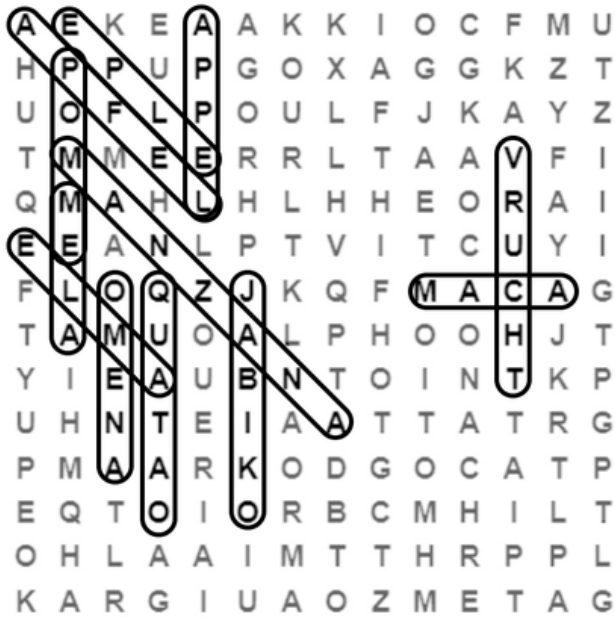


SOLUTIONS

Trivia Answer: A

The decathlon lasts two days, Day 1: 100 metres, long jump, shot put, high jump and 400 metres Day 2: 110 metres hurdles, discus throw, pole vault, javelin throw and 1500 metres

9	8	3	1	6	4	7	5	2
5	2	1	9	8	7	4	3	6
7	6	4	3	5	2	1	9	8
1	4	5	7	9	6	8	2	3
3	9	6	8	2	1	5	7	4
8	7	2	4	3	5	6	1	9
4	3	7	6	1	9	2	8	5
6	5	8	2	7	3	9	4	1
2	1	9	5	4	8	3	6	7



9	7	4	6	3	2	8	1	5
3	5	1	8	4	7	9	6	2
6	8	2	1	5	9	3	4	7
7	1	6	9	2	3	5	8	4
5	4	9	7	1	8	6	2	3
8	2	3	4	6	5	1	7	9
2	3	7	5	8	1	4	9	6
4	9	8	3	7	6	2	5	1
1	6	5	2	9	4	7	3	8

