

Daily Delight

TUESDAY • OCTOBER 1 • 2024

International Day for The Elderly

Designated in 1990 by the United Nations General Assembly, October 1st was declared the International Day for the Elderly. This day was established following the UN World Assembly on Aging and is dedicated to honoring, respecting, and caring for the world's elderly. According to the United Nations, "one of every 10 people is now 60 or older."

The purpose of this day is to raise awareness of the value of senior persons in our society and to show our appreciation for their contributions. As leaders in society, seniors carry a great deal of responsibility. They also pass on knowledge to the new generation and uphold the traditions and culture of society. So show some love to the elderly people in your life.



Today in History



In 1968, "Little Women" by Louisa May Alcott was published in America. The sequels "Little Men" and "Jo's Boys" were based on her life and life of her 3 sisters. Alcott was not only a novelist and a poet, she was also a feminist and an abolitionist. Her views were reflected in her writings.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW? Thousands of Flamingos

Kamfers Dam in Kimberley, South Africa, is home to thousands of lesser flamingos attracted by its abundance of algae. A man-made island built in the dam has helped the flamingos to breed, making it the first time they have bred in South Africa. Unfortunately, the dam is now at risk due to increased untreated sewage water inflow. Efforts are underway to save this unique attraction.

TRIVIA

What was the highest selling album of the 1980s in the US?

- A** Born in the U.S.A. by Bruce Springsteen
- B** Appetite for Destruction by Guns n' Roses
- C** Back in Black by AC/DC
- D** Thriller by Michael Jackson

TODAY'S FUNNY

What kind of bagel can travel?

A "plain" bagel

TODAY'S WISDOM

"To succeed in life, you need three things: a wishbone, a backbone, and a funny bone."

- Reba McEntire

WORD SEARCH

WIZARDS & WITCHES!

H C P O O N I S C U C R D S
G H H K R Q L E P H A G N U
U C V A S I H Z P E U V K P
E H U Y R V H B V X L Z D E
V H P I F M Y G N N D L I R
S I R T C W A N D C R O V N
Q P O W E R S G Y P O H I A
N S X D Q P O T I O N S N T
I V J Z K R E N A C A K A U
L T E X R S A P E F G D T R
C I U D X I R M P N F U I A
G A H D F N Y F N W G Q O L
E N C H A N T R E S S S N P
X I P V P G V H E R X U U Q

CAULDRON
CHARM
CRONE
DIVINATION
ENCHANTRESS

HAG
HEX
MAGIC
POTIONS
POWERS

SPELL
STAFF
SUPERNATURAL
WAND

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	2		8			3	1	6
5	8		4			2		
	1		3	9				8
3		4		5	9			1
8		1						7
9					3	5	6	
1				4			9	2
		6	2		8		4	
	4	5		6				

				9		2		
5			7			6	4	
4	3	6		5				
	2	4	3			7		
			6		7	5		
	5					2	9	6
				1				3
9	1					5		
2		5		4		1		

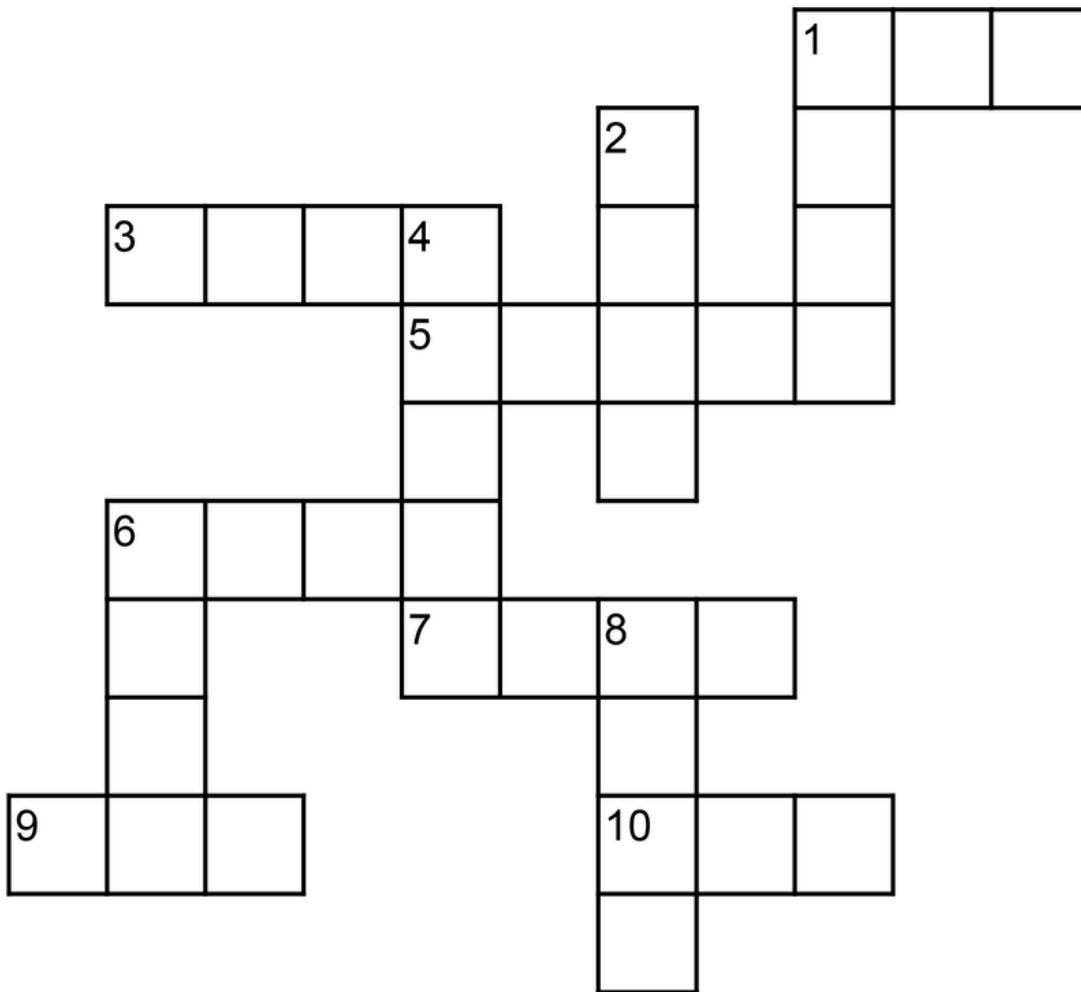
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

FRINGE



Down

1. Cobble together
2. Smirk or smile
4. Sorrow
6. Lay off
8. Widespread or abundant

Across

1. Set up machinery
3. Figure band
5. Rule over
6. High quality
7. Shrubby house plant
9. Bog, swampy area
10. Type of tree

Spotlight Trivia

Famous Scientists

1. In 1242, Roger Bacon discovered that black powder (gunpowder) would explode rather than simply burn if he did what?

- A. heated it slowly
- B. confined it in a small space
- C. placed it in a vacuum
- D. sang "Over the Rainbow"

2. What invention made Alfred Nobel rich?

- A. stainless steel
- B. spam
- C. dry ice
- D. dynamite

3. The 19th century Russian chemist Dmitri Mendeleev arranged cards that described all known chemical elements into what?

- A. acid-base pairs
- B. the Periodic Table of Elements
- C. four quantum states
- D. the words "I hate borscht"

4. In 1775, Benjamin Franklin traveled from England to America on a ship. He measured the temperature of the water with a thermometer at many points during the voyage and thus discovered a region of warm water due to what?

- A. the Gulf Stream
- B. thermal vents
- C. shallow water
- D. sailors throwing food off the bow

5. Galileo's famous experiment at the leaning tower of Pisa demonstrated what about gravity?

- A. acceleration is independent of mass
 - B. gravity is independent of other forces
 - C. velocity is dependent on mass
 - D. what goes up must come down
-

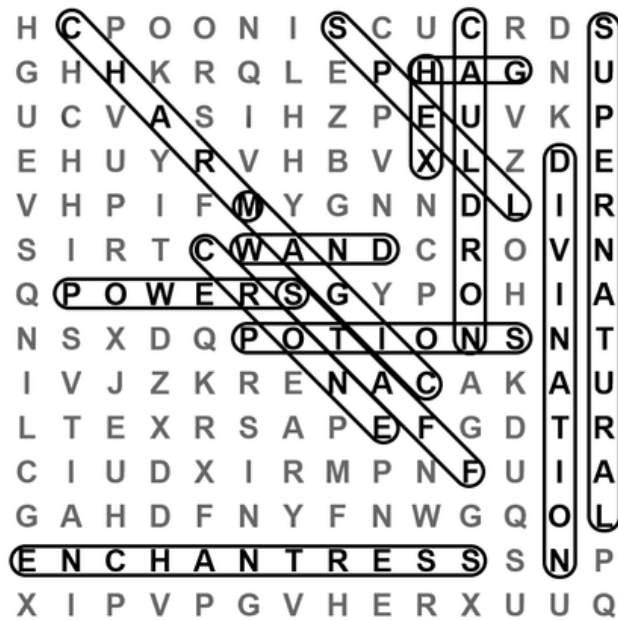


SOLUTIONS

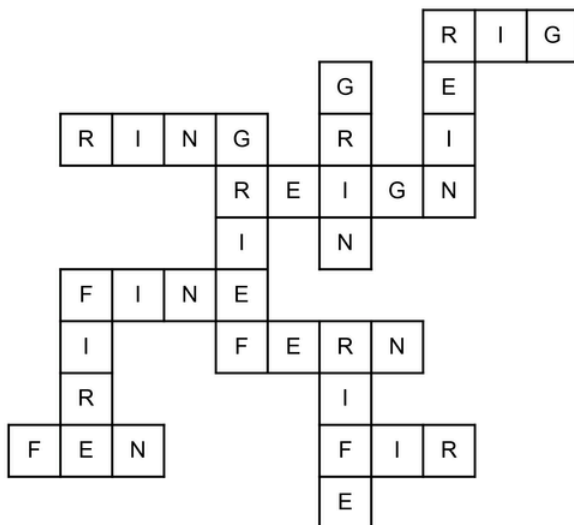
Trivia Answer: D

THRILLER set sales records that will never be broken. Its 37 weeks at no. 1 (nonconsecutive) remains a record as does its 29 million copies sold.

4	2	9	8	7	5	3	1	6
5	8	3	4	1	6	2	7	9
6	1	7	3	9	2	4	5	8
3	6	4	7	5	9	8	2	1
8	5	1	6	2	4	9	3	7
9	7	2	1	8	3	5	6	4
1	3	8	5	4	7	6	9	2
7	9	6	2	3	8	1	4	5
2	4	5	9	6	1	7	8	3



8	7	1	4	6	9	3	2	5
5	9	2	7	3	1	6	4	8
4	3	6	2	5	8	1	7	9
6	2	4	3	9	5	7	8	1
1	8	9	6	2	7	5	3	4
3	5	7	1	8	4	2	9	6
7	4	8	5	1	2	9	6	3
9	1	3	8	7	6	4	5	2
2	6	5	9	4	3	8	1	7



Spotlight Trivia:

1. B
2. D
3. B
4. A
5. A