

Daily Delight

THURSDAY • AUGUST 1 • 2024

International Mahjong Day

Break out the Mahjong game board and tiles. The game of Mahjong originated in Shanghai, China. Mahjong is played by millions. Many people speculate that Confucius created Mahjong thousands of years ago. Over many centuries, Mahjong became popular in many countries in Asia and arrived in America in the early 1920s. It took the country by storm and quickly became the rage. Mahjong is a four-player game of strategy. There is a solitary version as well. While the original version is Chinese, there are other varieties, most notably Japanese and American. The game has 144 beautifully decorated, domino-like tiles made of ivory or bamboo (newer American game pieces are plastic). There are five categories of tiles: simples, winds, dragons, flowers, and seasons. Let the game begin!



Today in History



In 1911, aviator, journalist, and screenwriter Harriet Quimby became the first American woman to get a pilot's license. She wrote about her flying adventures and saw aviation as a sport suitable for women. Quimby was also the first woman to fly across the English Channel.

senior **living**
activity assistant
powered by **spectrio**



DID YOU KNOW?

6 Notes + 6 words = Master Piece

The Hill Sisters wrote the song "Happy Birthday". With only six notes, six words, and four lines — three of them the same — “Happy Birthday” is one of the world's most universal songs. Patty Smith Hill and Mildred J. Hill were pioneers in their fields. Patty advocated for natural kindergarten education, while Mildred focused on Black spirituals in her music studies. Together, they wrote the song "Good Morning to All," which was included in their 1893 songbook, *Song Stories for Kindergarten*.

TRIVIA

What type of wood is known for its resistance to rot?

A Cedar

B Fir

C Elm

D Pine

TODAY'S FUNNY

Which celebrity is always ready for cereal?

Reese Witherspoon

TODAY'S WISDOM

*"Without ice cream, there would be darkness and chaos."
- Don Kardong*

WORD SEARCH

BE KIND

F S H V K G I I O M D O K T
O T H E R S I R S M C P I F
R L H U L C M S A I N E N T
G E C O M P A S S I O N D T
I O Q P U A F R S S I E N R
V A N K R G N U I C S E E O
E D B F L T H K L N O D S O
N I A E L T G T I D G S S L
E E N U R O I P F N S P D O
S N U G G O V C R U D A N L
S M E L E N D I N G L I L N
C O M P A N I O N S H I P R
S A C R I F I C E G D N D C
C O N S I D E R A T I O N P

Humankind

Caring

Companionship

Compassion

Consideration

Forgiveness

Helpful

Kindness

Lending

Loving

Needs

Others

Sacrifice

Thoughtful

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

			5		8	6	2	
8	2	6					1	
9			2			3		
						2		7
2		8		5	3			
3	4		6	9	2			
	6		1		5		8	4
	9	3	4	8			6	
		4		2		5	7	3

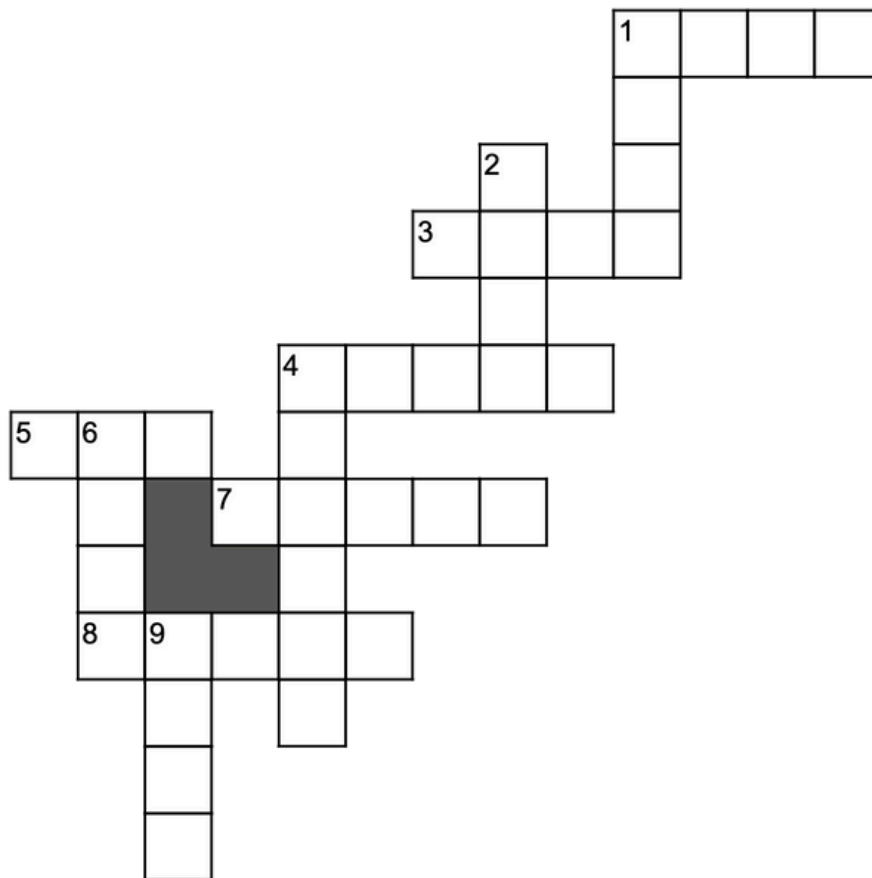
1		8		9				
					5	2		1
		6		7			3	9
	7		6		2			
	1				7			4
				5	4		9	7
9		4					5	
			5			3		
6			3			9	4	

Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:
INTERNATIONAL



Down

1. S&L closer
2. Work to deserve
4. Helicopter POV
6. Mess-free
9. Majorly tick off

Across

1. Folk beliefs
3. Past tense of "to lie"
4. Solo
5. Newhart setting
7. Goes with "trick"
8. Tryout period

CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters has been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A B C D E F G H I J K L M

— — — — 14 — — — — — — — — 23 —

N O P Q R S T U V W X Y Z

— — — — — — — — — — 18 — — — —

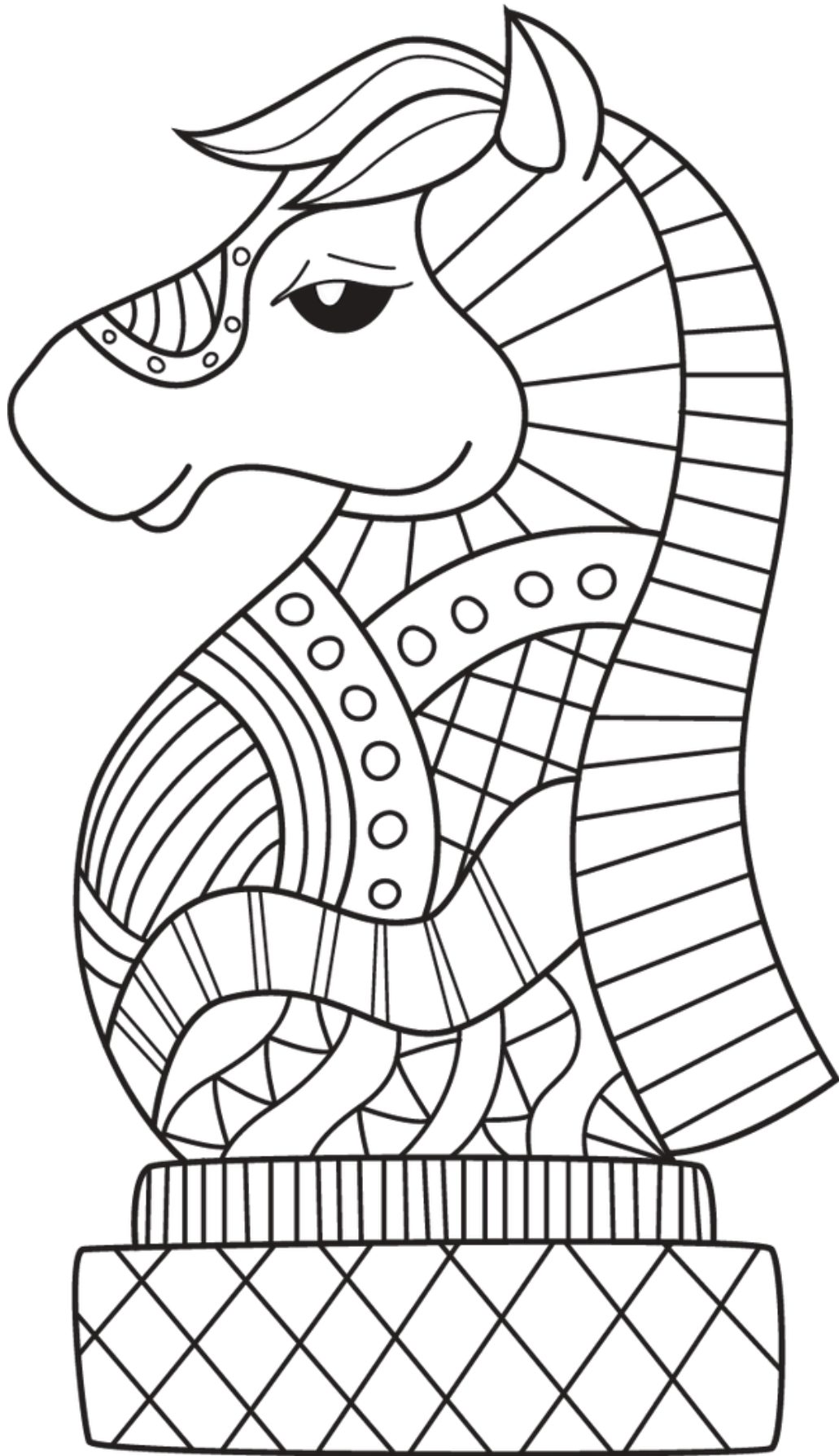
18 21 7 26 19 24 1 24 6

3 7 23 23 17 26 18 21 14 11 7

13 11 24 18 8 7 11 21 7 13 7

26 7 11 26 15 6 8 ? 7

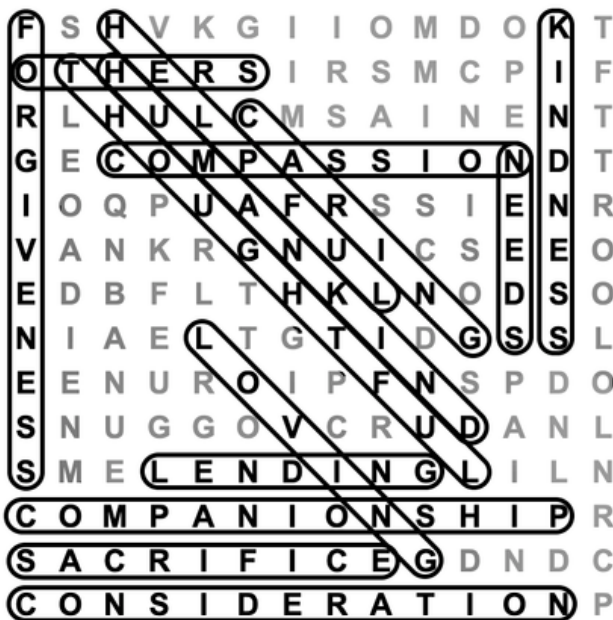
8 14 23 26 19 24 18 11 !



SOLUTIONS

Trivia Answer: A

Cedar is one of the most decay/rot-resistant and insect-tolerant woods available.

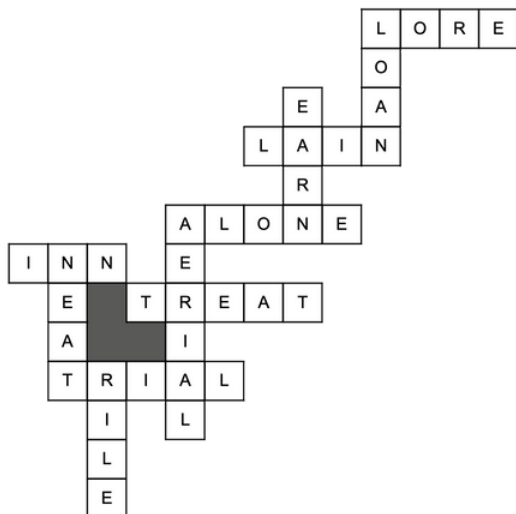


4	3	1	5	7	8	6	2	9
8	2	6	3	4	9	7	1	5
9	7	5	2	6	1	3	4	8
6	5	9	8	1	4	2	3	7
2	1	8	7	5	3	4	9	6
3	4	7	6	9	2	8	5	1
7	6	2	1	3	5	9	8	4
5	9	3	4	8	7	1	6	2
1	8	4	9	2	6	5	7	3

1	4	8	2	9	3	7	6	5
7	9	3	4	6	5	2	8	1
5	2	6	8	7	1	4	3	9
4	7	9	6	8	2	5	1	3
8	1	5	9	3	7	6	2	4
3	6	2	1	5	4	8	9	7
9	3	4	7	2	6	1	5	8
2	8	1	5	4	9	3	7	6
6	5	7	3	1	8	9	4	2

A	B	C	D	E	F	G	H	I	J	K	L	M
7	16	3	19	14	10	5	21	17	12	2	23	8

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
11	24	25	4	15	13	26	6	20	18	9	1	22



W H A T D O Y O U
18 21 7 26 19 24 1 24 6

C A L L I T W H E N A
3 7 23 23 17 26 18 21 14 11 7

S N O W M A N H A S A
13 11 24 18 8 7 11 21 7 13 7

T A N T R U M ? A
26 7 11 26 15 6 8 7

M E L T D O W N !
8 14 23 26 19 24 18 11