

# Daily Delight

THURSDAY • JULY 18 • 2024

## World Listening Day

Take a few moments to listen to the world around you today and note what you hear. Can you hear the sound of the air conditioner? The shuffling of feet? The scratching of a pen on paper? Is someone laughing nearby? Is someone telling a story? World Listening Day celebrates acoustic ecology, the study of the relationship humans have with nature through sound.

Listening with intention is an art that requires undivided attention and needs to be practiced. Aside from simply improving listening skills, effective and active listening also sharpens your awareness of the surrounding area. There is so much to learn from the world around us when you just stop and listen. You might be surprised at some of the things you hear!



## Today in History



In 2008, Billy Joel performed the last of two concerts dubbed “The Last Play at Shea.” The 1964 baseball stadium was scheduled for demolition, and this was the final concert. His featured guests included Roger Daltrey, Tony Bennett, Garth Brooks, and Paul McCartney.

senior **living**  
activity assistant  
powered by **spectrio**



## **DID YOU KNOW? The World's Longest Mountain Chain**

The world's longest mountain range runs 40,389 miles, and 90% of it is covered by ocean water. Called the Mid-Ocean Ridge, this underwater range was formed by magma rising to fill gaps formed as Earth's plates shifted. Its mountains average a depth of 8,200 feet below the water's surface. In comparison, the longest chain of mountains on land is South America's Andes, a paltry 4,350 miles long.

## **TRIVIA**

According to the FDA, Dr. Pepper is what type of soda?

- A** Fruit-flavored soft drink
- B** Root beer
- C** Pepper soda
- D** Cola

## **TODAY'S FUNNY**

What is a skeleton's favorite snack?

*Ribs.*

## **TODAY'S WISDOM**

*"You unlock this door with the key of imagination"  
- Rod Serling*

# WORD SEARCH

## Pandemonium!

P A N D E M O N I U M R X R  
V K W M N M E U G A R R R U  
A M O R F S X V L G I E R M  
D S T U R B U L A N C E X E  
I U N C E R T A I N T Y F R  
S F H K H O R U M P U S C O  
O C S U P U I X F B M X R T  
R C A S E H P C D E U S L M  
D L H E N A N R V D L E D E  
E A H A N H K L O L T L L R  
R M A S O A C S S A A K U B  
C O N F U S I O N M R S S R  
S R C E M C M K F U O D S R  
I C M T X I P K T A E M M D

PANDEMONIUM

BEDLAM

BROUHAHA

CHAOS

CLAMOR

CONFUSION

DISORDER

RUCKUS

RUMPUS

TURBULENCE

UNCERTAINTY

UPROAR

TUMULT

# SUDOKU

## How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

5		4					2	
6		7			1		8	3
			2	6		7		1
			6	9	7	3		
	9	2		3				
	6					5		7
		6	3			2	4	
2		5	4					6
1		3			6		7	8

1	2					8		
	4				8	7		
			4	5	9			
3		5					2	
				7		9	6	
	9			2			5	
		7	5	6				1
4		1						3
	5		1		4	2		6

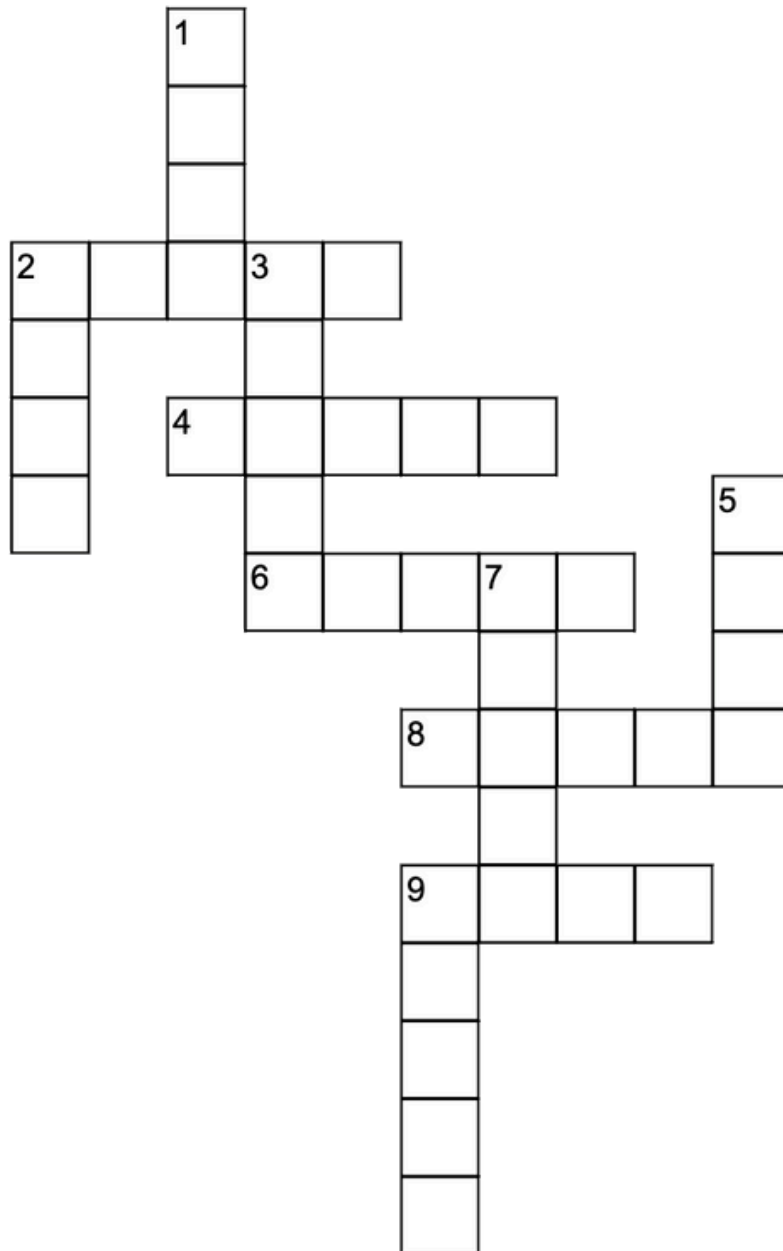
## Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

# WORD JUMBLE

Every answer uses only the letters in the word:

**ENVIRONMENTALIST**



## Down

1. Verbal
2. \_\_\_\_ Jim
3. Stand, formally
5. Passed in class
7. Chime or click
9. Humectant

## Across

2. Of the sun
4. Not a big issue
6. Wedding or Bat Mitzvah
8. Get shampoo out
9. Follows corn or oat

# CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters has been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

A	B	C	D	E	F	G	H	I	J	K	L	M
—	3	—	—	7	—	—	—	—	—	—	5	—

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
—	—	—	—	—	—	—	—	—	—	—	—	—

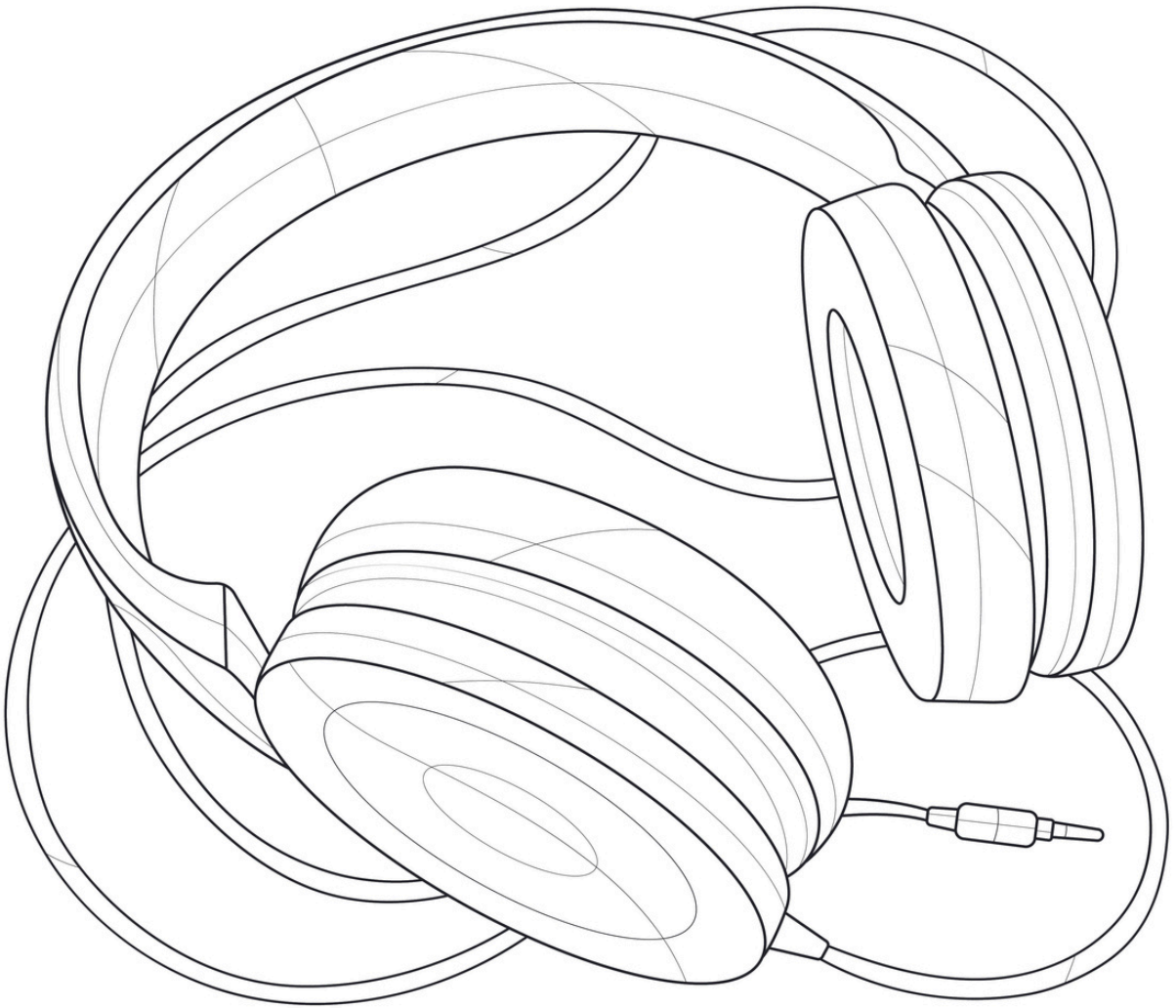
19	12	26	20	1	4	12	10	12	9	20	5	23
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20	22	5	20	24	7	19	12	26	20	1	4
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12	3	25	17	5	20	1	4	12	5	5	7	23
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20	1	22	11	12	5	5	7	16	20	1
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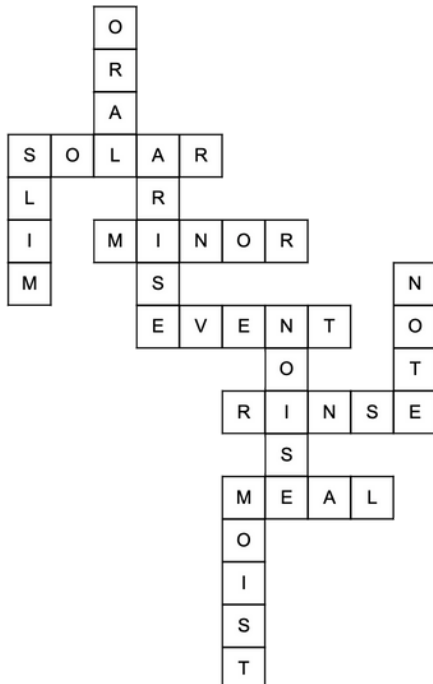
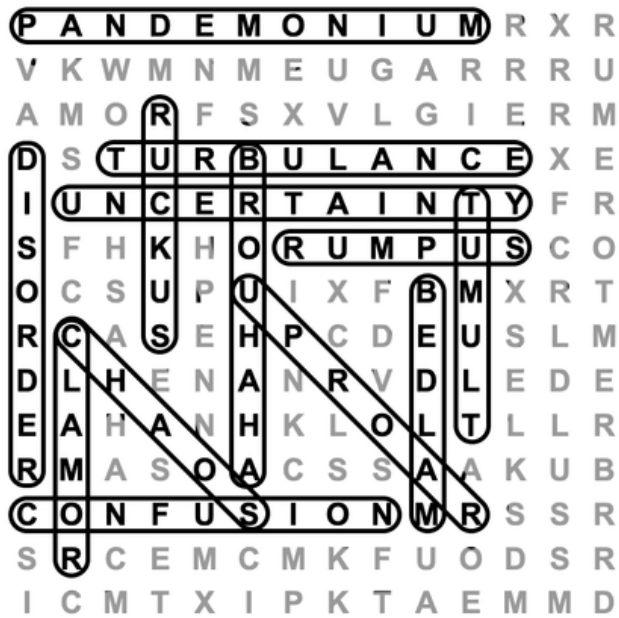
23	25	6	14	3	14	12	20	1
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# SOLUTIONS

## Trivia Answer: C

The FDA has ruled that Dr. Pepper is said to be in a category of its own kind, called "pepper soda," named for the brand.



5	1	4	7	8	3	6	2	9
6	2	7	9	5	1	4	8	3
8	3	9	2	6	4	7	5	1
4	5	8	6	9	7	3	1	2
7	9	2	1	3	5	8	6	4
3	6	1	8	4	2	5	9	7
9	7	6	3	1	8	2	4	5
2	8	5	4	7	9	1	3	6
1	4	3	5	2	6	9	7	8

1	2	9	6	3	7	8	4	5
5	4	6	2	1	8	7	3	9
7	3	8	4	5	9	6	1	2
3	7	5	9	4	6	1	2	8
8	1	2	3	7	5	9	6	4
6	9	4	8	2	1	3	5	7
2	8	7	5	6	3	4	9	1
4	6	1	7	9	2	5	8	3
9	5	3	1	8	4	2	7	6

A	B	C	D	E	F	G	H	I	J	K	L	M
12	3	18	16	7	10	4	19	20	13	24	5	9

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1	25	15	8	14	22	11	6	26	17	2	23	21

H	A	V	I	N	G	A	F	A	M	I	L	Y
19	12	26	20	1	4	12	10	12	9	20	5	23

I	S	L	I	K	E	H	A	V	I	N	G
20	22	5	20	24	7	19	12	26	20	1	4

A	B	O	W	L	I	N	G	A	L	L	E	Y
12	3	25	17	5	20	1	4	12	5	5	7	23

I	N	S	T	A	L	L	E	D	I	N
20	1	22	11	12	5	5	7	16	20	1

Y	O	U	R	B	R	A	I	N
23	25	6	14	3	14	12	20	1