Daily Delight

THURSDAY • JULY 11 • 2024

Cheer Up the Lonely Day

July 11th is a day to spread warmth and kindness as we celebrate Cheer Up the Lonely Day. Whether perpetual or temporary, loneliness is becoming more and more common these days, casting a shadow on even the brightest days. But it doesn't have to be!

On this special day, let's extend a helping hand and brighten someone's world. A simple gesture, like a friendly smile or a thoughtful message, can make a world of difference.

While Cheer Up the Lonely Day is celebrated each year on July 11th, the fact is that friendship and kindness are things worth celebrating every day. Use today as a reminder to spread kindness and cheer all year long!



Today in History



In 1960, author and
Novelist Harper Lee's
novel "To Kill a
Mockingbird" was
published by J.B.
Lippincott & Co. She won
a Pulitzer Prize in 1961.
Lee was awarded the
Presidential Medal of
Freedom for her
contribution to literature,
even though it was her
only published novel.

senior living activity assistant powered by spectrio



DID YOU KNOW? Playgrounds are Good for Seniors!

Senior-citizen playgrounds are becoming popular in Spain and the United States. They offer physical activity and socializing to seniors. Nonprofit KaBOOM! has partnered with Humana to build intergenerational playgrounds in the U.S. so seniors can also enjoy swinging, sliding, and having a good time. These playgrounds are designed for people of all ages to have fun and enjoy themselves.

TRIVIA

Which variety of wine is Argentina famous for making?

- **A** Riesling
- **B** Marsanne
- **c** Malbec
- **D** Merlot

TODAY'S FUNNY

Do you remember the joke I told you about the chiropractor?

It was about a week back!

TODAY'S WISDOM

"Take care of all your memories. For you cannot relive them." -Bob Dylan

WORD SEARCH

LET'S WRITE A LETTER

VNXVELRCEL F D В C F S P Ε Ν Ε R Ε CTYLE Ρ E L М O F LMNOO F Т Н XGA CV М S М Ν F X Q P L $\mathbf{A} \mathbf{X}$ D 0 Ε М Α U F S S Δ OMR Ρ Δ М R ı Α S X Ν Т Т Ρ O D Α S Т 0 P S O Ν ı Α L Α E R K V E М F R D E X G н Ν Ν W R Т E C Δ Т S Т Q OΕ F М Δ Ν X 0 S F М Ν 0 М U CAТ 0 Ν X F LOXRLN F

HANDWRITTEN

LETTER

MAIL

CARDS

COMMUNICATION

INK
LOST ART
NOTES
PENS
POSTAGE

POSTAL QUILL SERVICE STAMPS

SUDOKU

How To Play:

Each 9x9 box is comprised of 9 smaller 3x3 boxes. Each of these smaller boxes must be filled in with numbers from 1-9. Each row and column of the larger 9x9 box should not have any numbers repeated.

	3		5	2	1			
				8		6	1	3
		7		4			5	
3	6		7			4		1
2		5			8	7	9	
3 2 9 6		1		6	2	3		
6	1							
	8		3				7	9
	8		8		5			4

8		9		5		4		
				9	2			
7	5			6		2		
9			8		7	1		
7 9 6 4							8	2
4	8			1			8 5	
						5	1	3
	1	7						9
		4	6					

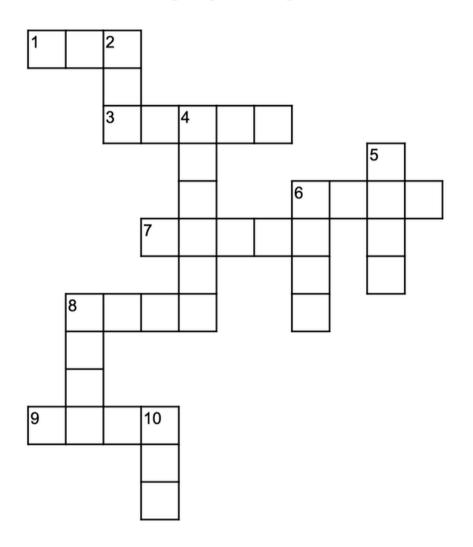
Helpful Tip:

If you get stuck, try asking yourself "Where can I place number X in this row or column?" Scan to see if the number is already in that row, column, or box.

WORD JUMBLE

Every answer uses only the letters in the word:

POPULATION



Down

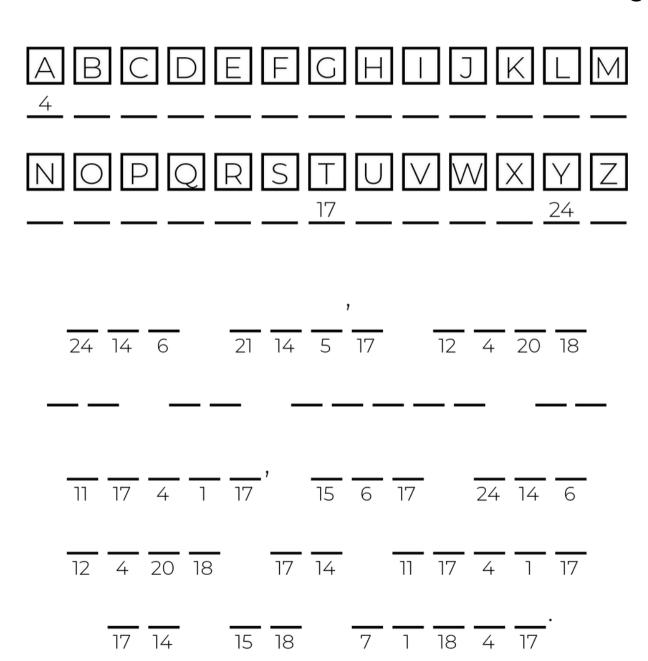
- 2. Before stick or gloss
- 4. Like hand cream
- 5. Tiny or Loony
- 6. Prolonged labor
- 8. Moon, in Italy
- 10. Short sleep

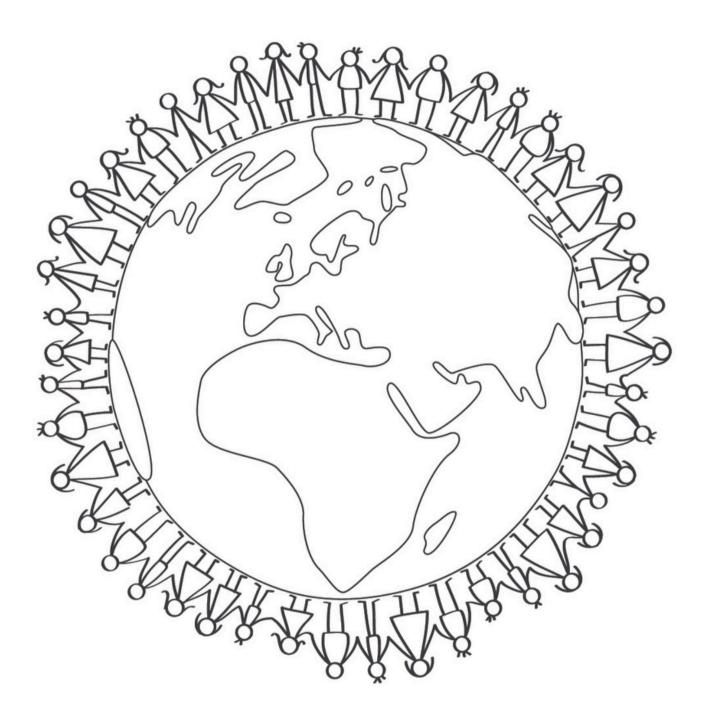
Across

- 1. Olive or canola
- 3. Aviator
- 6. Tim "The ____ Man" Taylor
- 7. Can be baby or grand
- 8. Advance to repay
- 9. "I feel your _____!"

CRYPTOGRAM

Each number stands for a letter. The correlating number for 3 of the letters has been provided as a starting point. Find the numbers in the puzzle and write the assigned letter. Single letters and word length are all hints. Be sure to keep track of what numbers are used for each letter to decode the message!

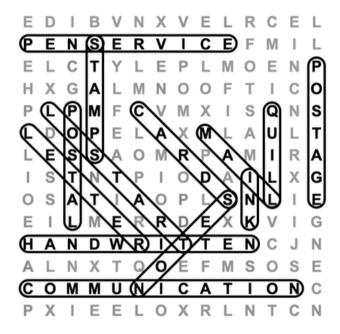


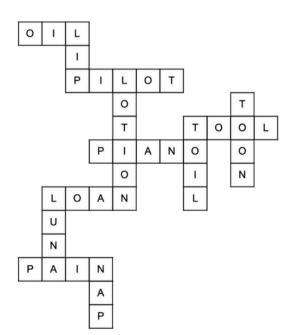


SOLUTIONS

Trivia Answer: C

Argentina's most famous red, fullbodied with smooth tannins and fruit aromas. Malbec has become Argentina's star wine.





8	3	6	5	2	1	9	4	7
4	5	2	9	8	7	6	1	3
1	9	7	6	4	3	8	5	2
3	6	8	7	5	9	4	2	1
2	4	5	1	3	8	7	9	6
9	7	1	4	6	2	3	8	5
6	1	9	2	7	4	5	3	8
5	8	4	3	1	6	2	7	9
7	2	3	8	9	5	1	6	4

8	2	9	1	5	3	4	7	6
1	4	6	7	9	2	8	3	5
7	5	3	4	6	8	2	9	1
9	3	5	8	2	7	1	6	4
6	7	1	5	4	9	3	8	2
4	8	2	3	1	6	9	5	7
2	6	8	9	7	4	5	1	3
3	1	7	2	8	5	6	4	9
5	9	4	6	3	1	7	2	8

A B C D E F G H I J K L M
4 15 10 21 18 26 7 12 23 9 16 2 3

N O P Q R S T U V W X Y Z
5 14 22 19 1 11 17 6 20 8 25 24 13