

RESIDENT DAILY DELIGHT



It's National Garlic Day

Also known as the stinking rose, this fragrant and potent root has been seasoning dishes for thousands of years - and is worth celebrating!

Garlic is a member of the lily family. This family also includes onions, leeks, and shallots. While garlic originated in Asia over 7,000 years ago, it is used in a variety of cuisines.

Garlic is quite versatile, too. It is also used for medicinal purposes. The mighty bulb is considered an herbal remedy for colds and may reduce blood pressure and cholesterol. Modern science has also proven garlic's antibiotic properties.

Myth and superstition reek of garlic. The most familiar one suggests that garlic wards off vampires. This same theory seemed to work on witches, werewolves, demons and other such evils one could come across. Folklore also tells us garlic grew from satan's left footprint when he left the Garden of Eden; Greek midwives kept evils spirits away with it, and courage filled Roman soldiers who consumed the bulb.

Consider our dreams and garlic, too. Our dreams often have meaning. Dreaming of garlic is no different. To dream about garlic in the house suggests good luck and if the dream includes eating garlic (perhaps in a pesto sauce), there might be hidden secrets. Over 300 varieties of garlic grow around the world to dream about as well!

Gilroy, California claims to be the Garlic Capital of the World. Will Rogers was once quoted as saying it is "...the only place in America where you can marinate a steak just by hanging it out on a clothesline."



ON THIS DAY...

April 19, 1932

President Herbert Hoover suggests 5 day work week.

DID YOU KNOW???

Garlic isn't just about the bulb!

When you think of garlic you think of the bulb, but there's more to the plant than that and it's edible. Some varieties produce green shoots called scrapes that are reminiscent of a scallion but with a garlicky flavor.



Today's Trivia

One green herb has been popularly reported to negate "garlic breath", and so you will often find it in recipes that are heavy on the garlic. Examples include garlic bread, Imam Bayildi, and pistou sauce. Which herb is this?

- A. Cloves
- B. Coriander/Cilantro
- C. Basil
- D. Parsley

(answer on page 8)



Today's Wisdom:

You can never have enough garlic. With enough garlic, you can eat the New York Times.

- Morley Safer

Today's Riddle:

Did you hear the one about the dog who ate a bunch of garlic?

(continued on page 8)



DAILY WORD SEARCH

National Garlic Day

A	Y	D	A	A	U	P	U	N	G	E	N	T	P
R	O	A	S	T	E	D	A	L	Z	L	L	E	N
O	X	C	A	L	U	A	P	H	B	A	T	S	M
M	V	C	A	P	C	L	O	V	E	B	E	B	Z
A	E	E	P	T	P	O	W	D	E	R	I	U	M
T	S	P	G	H	L	E	B	P	I	E	B	T	P
I	M	H	X	M	E	L	E	P	H	A	N	T	O
C	B	O	T	A	U	A	M	L	T	T	N	E	I
S	U	P	P	B	T	A	L	A	L	H	A	R	W
D	M	S	L	S	V	T	O	T	S	T	H	E	T
B	R	E	A	D	P	P	K	A	H	C	M	C	H
B	I	P	L	P	P	P	Q	B	V	Y	R	E	Z
H	A	P	W	L	E	H	S	T	S	E	O	O	D
B	G	T	P	E	I	C	V	G	Z	T	B	L	C

Aromatic

Bread

Breath

Bulb

Butter

Clove

Elephant

Healthy

Herb

Pasta

Peel

Powder

Pungent

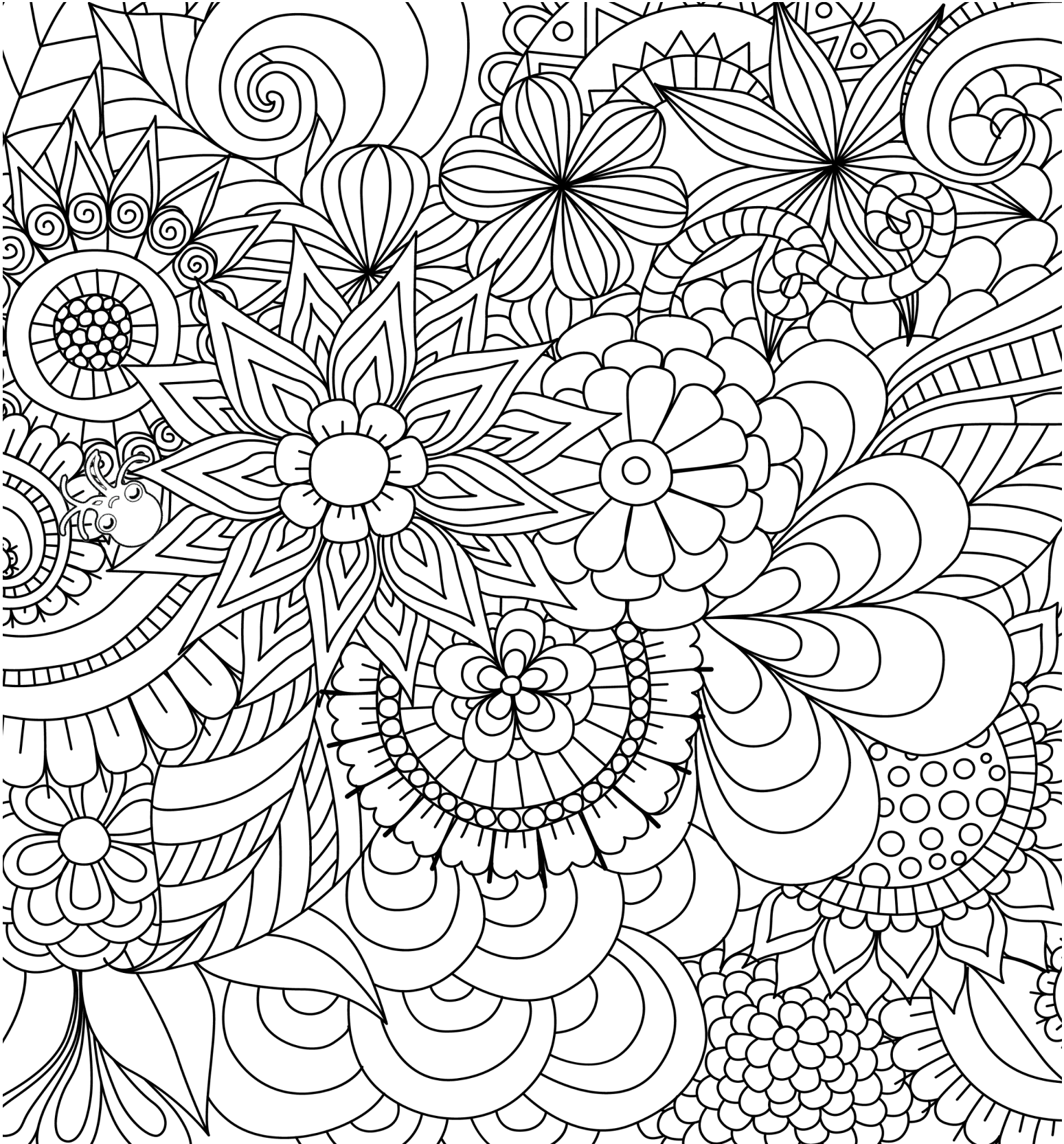
Roasted

Smell

WHERE'S OZZY?

Did you know that octopuses love to hide? They can change color to blend in with their surroundings, and they can fit into all sorts of spots.

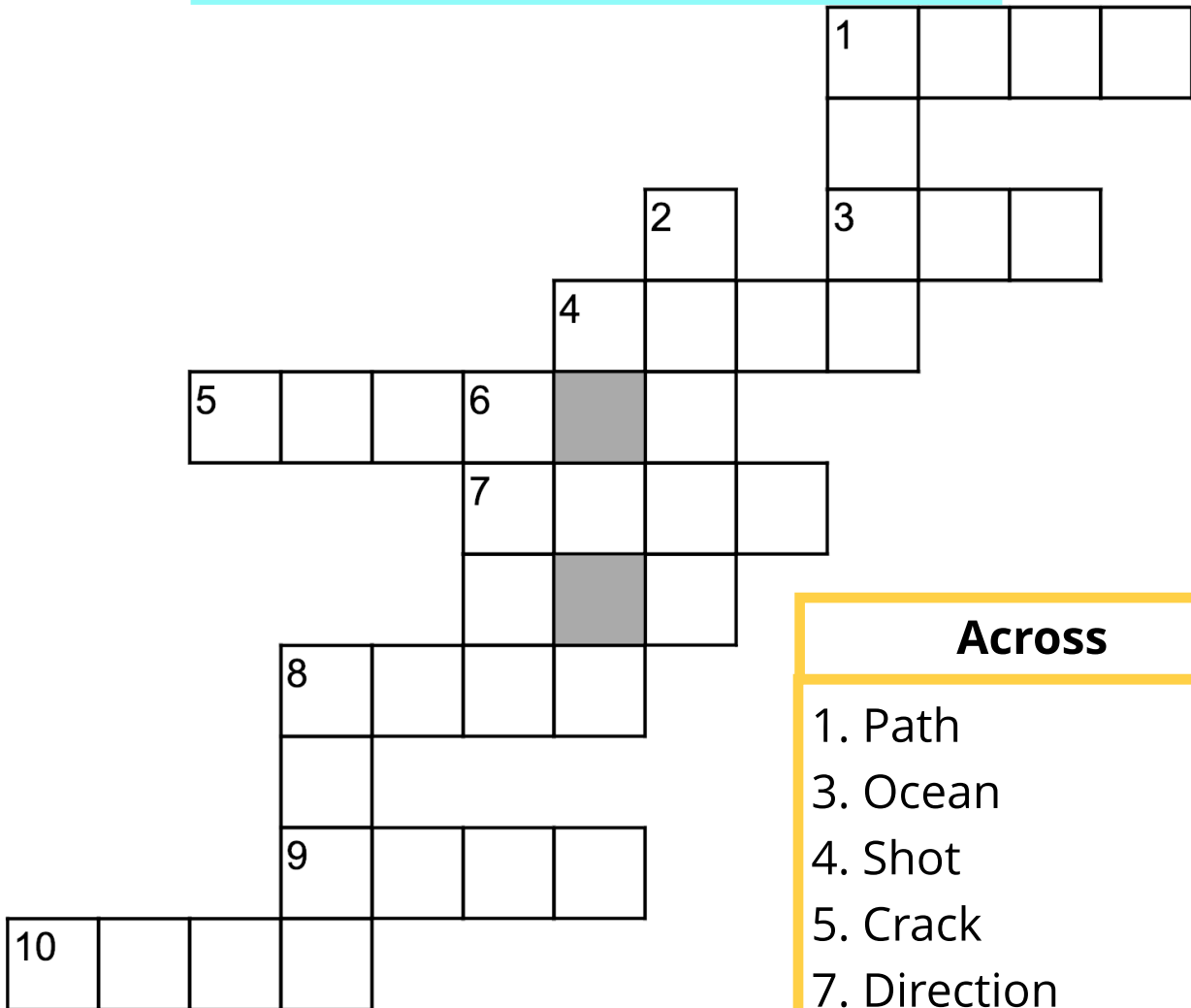
See if you can find Ozzy in this picture!



WORD JUMBLE

Every answer uses only the letters in the word:
How many can YOU make?

Roasted



Down

- 1. Flower
- 2. Cook
- 6. Gather
- 8. Sleep

Across

- 1. Path
- 3. Ocean
- 4. Shot
- 5. Crack
- 7. Direction
- 8. Revise
- 9. Pop
- 10. Arrange

Sudoku

HOW TO PLAY SUDOKU

OBJECTIVE: Fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

A cell is the smallest block in the game. Rows, columns, and regions each consist of 9 cells, and the whole game consists of 81 cells. A region has thicker lines surrounding it.

The most basic strategy to find missing numbers is scanning and it consists of:

1) Crosshatching - Scan rows and columns to eliminate where a specific number can be in a given region.

2) Counting - Simply count all the different numbers in a row, column, and region that connect to one cell. If there is just one number missing, then that's what should be in the cell.

8	2	7						
			2		9	4	6	7
	9		3	1				8
		9		5				
				3		7	5	4
	4				8	6		
1					2		8	
			1		6		7	5
6		5	8				4	1

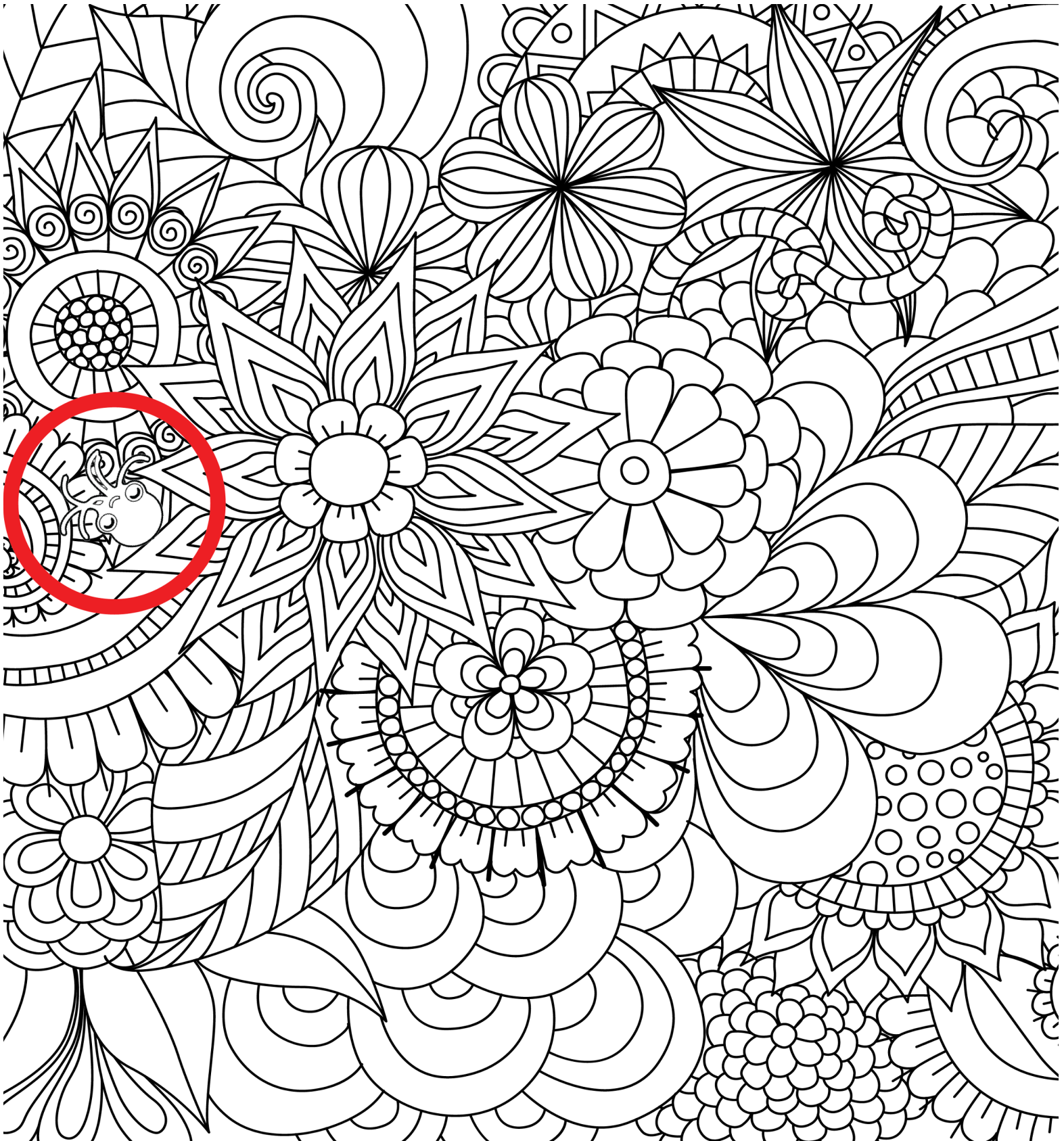
9			6	8				
	5		7				4	8
	4	8	5					9
6				5	1			
2						8	9	
8					6	7		
		2		9			3	
		3					1	5
		9		7	3			

HINTS:

Until you've had lots of practice figuring out puzzles, here are some questions that you can ask as you play to help you to make progress:

- Where could I place the value X in this row/column/box? (Go through the numbers 1 to 9, and scan to see if the number is already in that row / column / box)
- What value could I put in this cell? (If there's just one acceptable – put it in!)
- What row / column / box is nearly full, and can I fill it?

WHERE'S OZZY? SOLUTION



SOLUTIONS

8	2	7	4	6	5	1	9	3
3	5	1	2	8	9	4	6	7
4	9	6	3	1	7	5	2	8
7	1	9	6	5	4	8	3	2
2	6	8	9	3	1	7	5	4
5	4	3	7	2	8	6	1	9
1	3	4	5	7	2	9	8	6
9	8	2	1	4	6	3	7	5
6	7	5	8	9	3	2	4	1

9	2	1	6	8	4	5	7	3
3	5	6	7	1	9	2	4	8
7	4	8	5	3	2	1	6	9
6	9	7	8	5	1	3	2	4
2	1	5	3	4	7	8	9	6
8	3	4	9	2	6	7	5	1
1	8	2	4	9	5	6	3	7
4	7	3	2	6	8	9	1	5
5	6	9	1	7	3	4	8	2

Trivia Answer:

D. Parsley

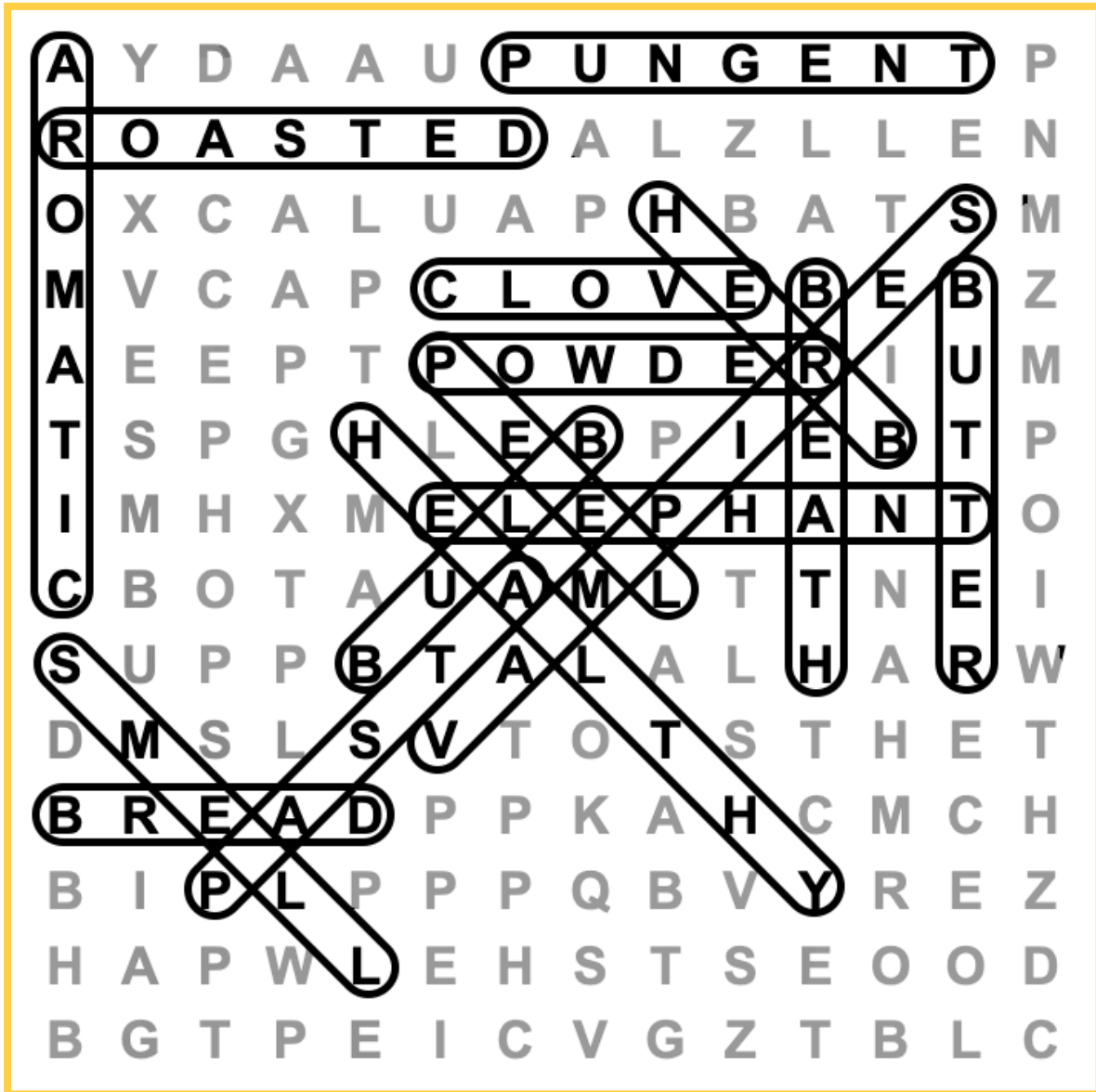
Fresh parsley does mask the smell of garlic on your breath, but only temporarily!

Today's Funny:

His bark was worse than his bite!

WORD SEARCH SOLUTION

National Garlic Day



WORD JUMBLE SOLUTION

Roasted

