

RESIDENT DAILY DELIGHT



National Mature Women's Day

National Mature Women's Day has been celebrated on April 9 since 2021. It's a special holiday for the special older women in our lives —

a day to recognize mature and confident women. Registered by famed makeup artist Laura Geller, it throws the spotlight on women who can be role models and influencers in their own right.

It's also a good time for older women to start learning about self-love and to embrace a positive attitude towards aging. This day is all about reminding women that they are special regardless of their advancing years. We celebrate all mature women today!



ON THIS DAY...

April 9, 1950

Bob Hope's 1st TV appearance.

DID YOU KNOW???

How old?

Mary Wesley said: 'life really starts in your eighth decade'. Wesley published her first novel, *Jumping the Queue*, when she was 71 and went on to write a sequence of bestsellers. She wrote ten bestsellers in the last twenty years of her life. Just because we "mature" doesn't mean we have to stop learning and doing.



Today's Trivia

Which actress listed below is the oldest?

- | | |
|----------------------|-------------------|
| A. Nicole Kidman | B. Cate Blanchett |
| C. Patricia Arquette | D. Viola Davis |

(answer on page 7)

Today's Wisdom:

I realize that I'm a mature woman and one of these days, incredible diet or not, I'll be a little old lady.

- Victoria Moran

Today's Funny

"Crying is for plain women.
Pretty women go shopping."

Blanche on *Golden Girls*

(continued on page 8)



DAILY WORD SEARCH

Mature Women

S	H	V	B	P	M	I	C	J	M	R	N	H	Y
Q	L	M	L	I	D	T	H	H	X	O	P	F	H
E	M	P	O	W	E	R	E	D	T	G	Z	V	Y
L	S	W	C	T	V	S	R	T	V	E	S	R	H
L	D	L	I	D	U	D	N	Y	H	R	Q	Y	E
A	S	C	K	S	M	E	M	C	Q	S	H	D	M
T	G	E	J	C	D	A	U	R	R	V	E	X	A
I	P	S	L	I	L	O	T	B	A	R	P	G	D
F	D	A	F	F	X	O	M	U	P	U	B	W	O
A	W	N	R	O	L	A	P	X	R	H	U	C	N
H	O	G	C	T	D	O	B	E	N	E	R	Y	N
C	H	X	S	N	O	L	V	W	Z	H	N	M	A
T	J	E	O	O	C	N	E	E	N	F	Z	X	W
S	W	F	R	O	L	E	M	O	D	E	L	Z	F

Mature
Confident
Role models
Self-love
Empowered

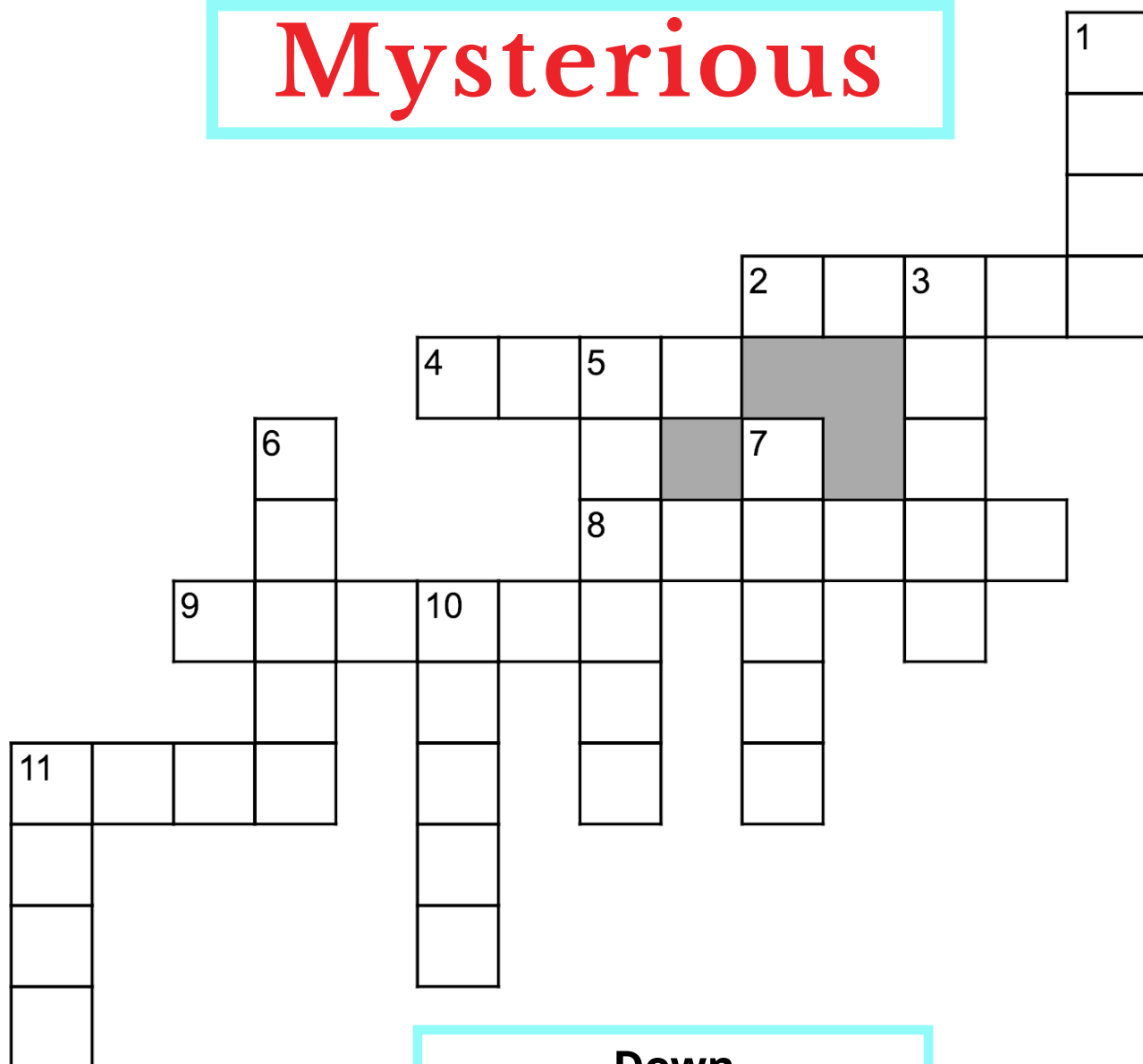
Hepburn
Rogers
Wisdom
Lopez
Cher

Madonna
Fonda
Parton
Latifah

WORD JUMBLE

Every answer uses only the letters in the word:
How many can YOU make?

Mysterious



Across

- 2. Kid's want at bedtime
- 4. A watch tells it
- 8. Girl sibling
- 9. Paper for wrapping
- 11. Take a break

Down

- 1. Of the Burch handbags
- 3. On the exterior
- 5. Agony
- 6. Cakes are better this way
- 7. Concern to bring up
- 10. Tempest
- 11. Surge

Sudoku

HOW TO PLAY SUDOKU

OBJECTIVE: Fill a 9x9 grid so that each column, each row, and each of the nine 3x3 boxes (also called blocks or regions) contains the digits from 1 to 9.

A cell is the smallest block in the game. Rows, columns, and regions each consist of 9 cells, and the whole game consists of 81 cells. A region has thicker lines surrounding it.

The most basic strategy to find missing numbers is scanning and it consists of:

1) Crosshatching - Scan rows and columns to eliminate where a specific number can be in a given region.

2) Counting - Simply count all the different numbers in a row, column, and region that connect to one cell. If there is just one number missing, then that's what should be in the cell.

	9					8	6	1
			7	2				
5	4	3		1			9	
9		5	4		3			2
		8		6		5		4
						9	8	6
4			1		2			8
8	2			3		4		9
1	5				8	7		

	8		2		9			6
2		9				3		8
			3		6		2	
	4			1				
	1			5		4		3
	5	3				8		1
	3		8			2	5	4
		8	6				3	
7		4	5					

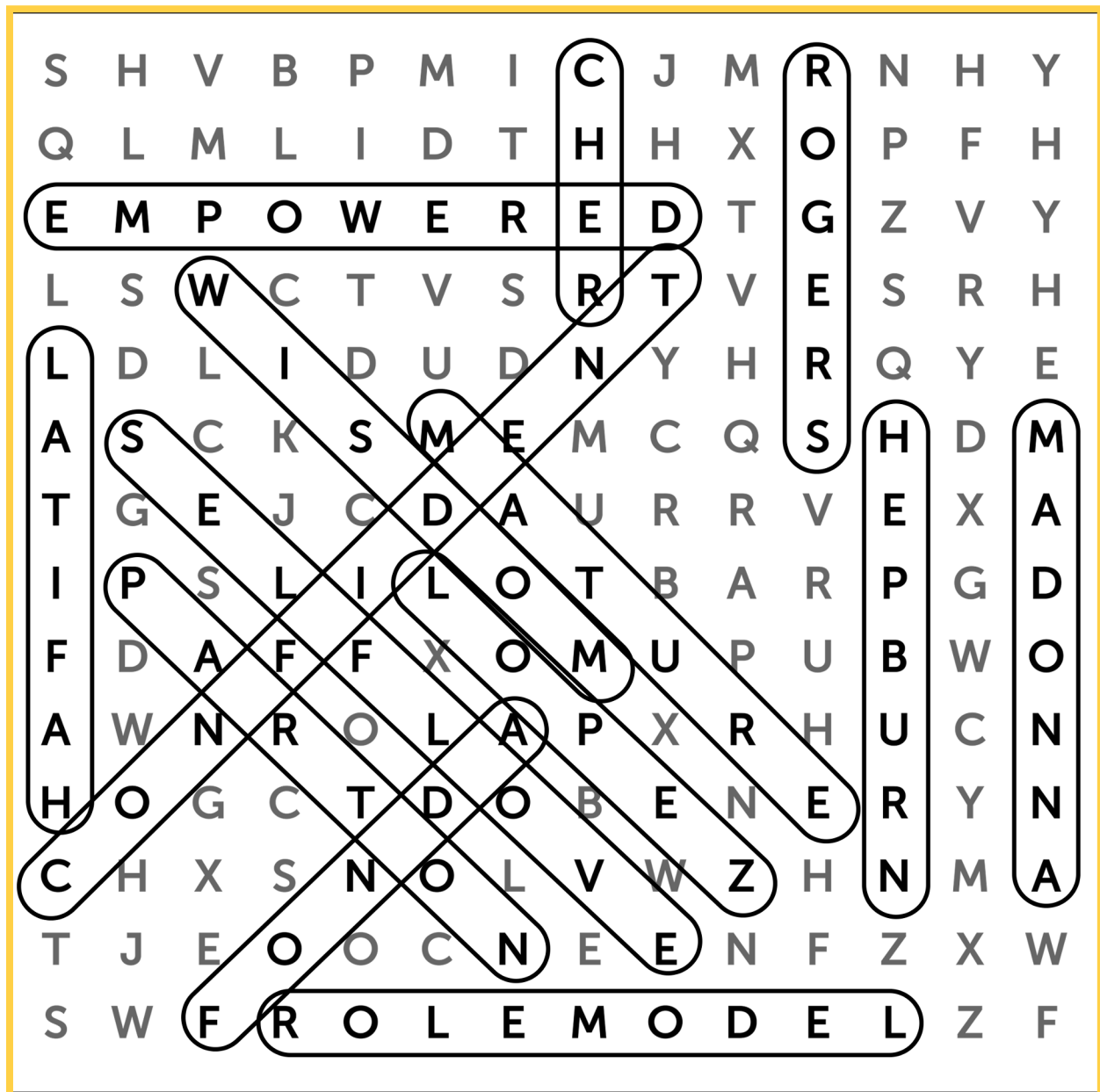
HINTS:

Until you've had lots of practice figuring out puzzles, here are some questions that you can ask as you play to help you to make progress:

- Where could I place the value X in this row/column/box? (Go through the numbers 1 to 9, and scan to see if the number is already in that row / column / box)
- What value could I put in this cell? (If there's just one acceptable – put it in!)
- What row / column / box is nearly full, and can I fill it?

WORD SEARCH SOLUTION

Mature Women



SOLUTIONS

7	9	2	3	5	4	8	6	1
6	8	1	7	2	9	3	4	5
5	4	3	8	1	6	2	9	7
9	6	5	4	8	3	1	7	2
2	7	8	9	6	1	5	3	4
3	1	4	2	7	5	9	8	6
4	3	7	1	9	2	6	5	8
8	2	6	5	3	7	4	1	9
1	5	9	6	4	8	7	2	3

3	8	5	2	4	9	7	1	6
2	6	9	1	7	5	3	4	8
4	7	1	3	8	6	9	2	5
8	4	7	9	1	3	5	6	2
6	1	2	7	5	8	4	9	3
9	5	3	4	6	2	8	7	1
1	3	6	8	9	7	2	5	4
5	9	8	6	2	4	1	3	7
7	2	4	5	3	1	6	8	9

Trivia Answer:

D. Viola Davis

Mysterious



