



HOW MUCH DO YOU KNOW ABOUT WATERMELONS?

- Watermelons are:
A. A fruit B. Neither
C. A vegetable D. Both
- What is the exact percentage of water in a watermelon?
A. 58% B. 92%
C. 80% D. 75%
- Are seedless watermelons genetically engineered to be seedless?
NO YES
- The largest watermelon weighed around how many pounds?
A. 425 B. 275
C. 350 D. 180
- What state is the watermelon the state vegetable?
A. Texas B. Arkansas
C. Missouri D. Oklahoma
- Historians believe watermelon originated from...
A. Malaysia B. India
C. Vietnam D. Africa
- Who is the world's largest producer of watermelon?
A. China B. United States
C. Mexico D. Indonesia
- How did early explorers use watermelons?
A. As bowls
B. As weights to hold down supplies
C. As canteens
D. As emergency water for horses
- In Israel and Egypt, the sweet taste of watermelon is often paired with the salty taste of what?
A. Pistachios B. Feta cheese
C. Chickpeas D. Tahini
- The deep red in watermelon comes from:
A. Lycopene B. Concentrated sugar
C. Vitamin A D. Age or ripeness

WATERMELON TRIVIA ANSWER SHEET

1. Watermelons are:

Both!

2. What is the exact percentage of water in a watermelon?

92%

3. Are seedless watermelons genetically engineered to be seedless?

NO - Contrary to what you might have heard, seedless watermelons are the result of hybridization, a natural phenomenon that farmers can capitalize on. A couple of decades ago, seedless watermelons were hard to find, but today they make up around 85 percent of those sold in the U.S. And those white “seeds” that you still find in your seedless slices? They’re actually empty seed coats and are perfectly safe to eat.

4. The largest watermelon weighed around how many pounds?

350 - The heaviest watermelon to date was grown by *Guinness World Record* holder Chris Kent, of Sevierville, Tennessee, in 2013. A Carolina Cross, it weighed in at 350.5 pounds. That’s the equivalent of an NFL lineman!

5. What state is the watermelon the state vegetable?

Oklahoma

6. Historians believe watermelon originated from...

Africa - Historians believe watermelon originated in the Kalahari Desert in Africa.

7. Who is the world’s largest producer of watermelon?

China - By countries, the main producer is China, meaning 60% of the total production. It is followed by Turkey, Iran, the United States and Egypt.

8. How did early explorers use watermelons?

Early explorers used them as canteens

9. In Israel and Egypt, the sweet taste of watermelon is often paired with the salty taste of what?

Feta cheese - In Israel and Egypt, the sweet taste of watermelon is often paired with the salty, pungent taste of this popular cheese

10. The deep red in watermelon comes from **Lycopene AND Age or ripeness** - Fully ripe, deeply red watermelons are the ones you want. That deep color signifies the most lycopene, an antioxidant and the bright red pigment that gives red fruits and vegetables their rosy color. Seedless watermelons also tend to have more lycopene than the seeded variety, say scientists with the government’s Agricultural Research Service. Research suggests that lycopene may help reduce the risk of cancer and heart disease. A recent Finnish study found that men with the greatest level of lycopene in their blood had a 55 percent lower risk of stroke.