

# Try Your Hand at Some Poetry

Write feelings about yourself, be reflective about things. Poetry can lead you on a journey of discovery about yourself. You don't have to be Shakespeare or Walt Whitman, just be uniquely you.

- Try "I am" or "I Believe" to begin with.
- I believe when the sun comes out.....
- I am hope...

Try completing these prompts and maybe you'll develop your own.

Some other poetry inspirations:

- how to tie your shoes
- Your grandma's kitchen
- What your favorite color would taste like
- Coldwater
- Listen to a song, write about one line of it.
- What if we had weather indoors? (A tornado in the kitchen?)
- What silence sounds like
- Get some inspiration from a clown
- If you could stop time at a certain point in your life.
- What spice (from the kitchen) is your life like
- A science experiment that went wrong
- The letter D: Make a list of 5 words use these items in your poem
- A collection of objects
- Junk mail - what's on sale, a credit card offer
- A recipe: this can be a tangible item or something more abstract like love or happiness.
- What if a plant came to life
- Being a tiny person locked in a jar